AN EPITOMIE OF MOST Experienced, Excellent and Profitable SECRETS appertaining to Physick and Chirurgery, ALPHABETICALLY,

For all those Diseases that are most predominant and dangerous (curable by Art) in the Body of Man, as by the TABLE appears.

Also, *the judgement of* Urines.

For the benefit of such discreet Ladies, Gentlewomen, and others which labour to do good in that Art, Mysterie, and Profession.

By *O.W.* Professour in *Physick* and *Chirurgery*.

The 4th. Edition Corrected and Amended.

London, Printed by *E.C.* for *Michael Spark*, and are to be sold at the *Blue Bible* in *Green Arbour* in the *Old-Bailey*, 1653.

The Epiſtle to the Reader.

DIſcreet Ladies, Gentlewomen, and others; this ſmall Epitomy of *Phyſick* and *Chirurgery*; being moſt uſefull, excellent and neceſſary for all people, as well *Rich* as *Poor*, it being ſuch a *precious Jewell*, and gathered by Doctor *O. W.* and recommended by that worthy and learned Man Doctor *Read*, that writ ſo many things of *Phyſick* and *Chirurgery*, and it having his approbation and judgement likewiſe

wiſe ſince by Doctor *Johnſon*, I could not let it lye in obſcurity; and the rather I put it abroad, becauſe that I have known ſome hundreds of late have found the benefit of it; and by their practiſe of this Epitomy, have with Gods bleſſing, *preſerved* and *recovered* many a *ſick* and *diſeaſed Body*. And as in all civill and well ordered Commonwealths, even where beſt *Schools* of *Learning* and famous *Univerſities* are, you ſhal finde publiſhed not only methodical Diſcourſes concerning the curation of infirmities of the Body of Man; but Treatiſes alſo containing parable

Medi-

Medicaments, which any one who is endued but with a mean judgement, may apply to himſelf, where as neither *Phyſician* nor *Apothecary* can be had, or is near at hand.

Great plenty of ſuch Books are publiſhed in the *Engliſh* tongue; for we delight in utterīng of *Pamphlets*, promiſing the revelation of ſecrets in *Phyſick*, which prove nothing elſe but triviall toyes. Many times we are reaſonably ill ſtored with ſuch ſtuffe of late, which emboldeneth no ſmall number of bold *Knaves* and impudent *Queans* to meddle with the praćtiſe of *Phyſick*, to the utter

ruine of no ſmal number of im-provident perſons, who commit themſelves to the Skil and Cure of ſuch unworthy perſons. That this is a truth, the manifold complaints which come to the *Phyſicians Colledge*, when the *Fellows* ſit, do make good. So that it might ſeem requiſite rather to ſuppreſſe moſt of theſe *Treatiſes*, then to publiſh any more of this kinde. But this *Book* is priviledged to come abroad, if you reſpect the *Method* or *Matter*.

The *Remedies* may eaſily be found out, the Diſeaſes being ſet down in the Table.

The *Remedies* are not to be rejected;

rejected; but, ſeem to have been ſet down by one who was no ſtranger in the practiſe of *Phyſick*.

The *Stationer* is not willing to keep the *Treatiſe* within his private wals, but to preſent them to the publick view and cenſure. He only deſireth that his good intention, and purpoſe to further the publick good, may be taken in good part of thoſe who have not too cenſuring Spirits: and he hath found the favourable acceptance of this *Treatiſe*; therefore he will not ſpare to publiſh Books of the like Subject as they come to his hands, if they ſhall bee

thought worthy. For this is now the fourth Edition, and ſo well liked and accepted of, that three Impreſſions have come to ſale in leſſe then three years.

Approved of by theſe Doctors of Phyſick,

Owen Wood,
Alexander Read,
John Johnſon:

Alſo by a skilfull Gentlewoman,

I. S.

The Contents of this Book.

A.

Of all Aches in generall.
How to cure old Aches.
Aches in Bones or Joynts, the cure.
Aches or Lameneſſe in Members or Joynts.
Aches in any Member.
Another for the ſame.
An Oyl that cureth all aches in Man or Beaſt.
An Unguent for Ache, Bruiſe, or Sprain.
For any Ague faln into the Legs and ſwoln, the cure.
Aſpaſmus or Numneſſe in Joynts or elſe-where, to cure.
Argentum vivum to Mortifie.
Apoplex, to cure.
A Salve for the Apoplex.
Aqua Compoſita, good for Head, Memory, and all Diſeaſes.
Another Aqua Compoſita.
Ague or burning Feaver, to coole or help.

Ague

Ague, a Medicine to binde to the Wriſt, to cure it.
Ague hot, a cooling Julip.
Ague to heal both in old and young proved.
Aromaticum Roſatum, which healeth the weakneſs of the ſtomach, comforteth all parts of the Body, cleanſeth corrupt humors in the Breſt, comforteth the Brain and Heart, and cauſeth good digeſtion.
Ague Tertian, the Cure.
Ague or Feaver hot, a Julip.
Ague Tertian, the Cure.
Ague Tertian, the Cure.
Ache, Grief or Pain, an Unguent, the Cure.
For an Ague, ſore in knee or joynt, for ſwelling or Sciatica.
Ague or Feaver of phlegm, Diary or Quotidian.
Pils of excellent vertue to purge all Flegmatick Feavers or Agues.
The poor man's cure for his Feaver.
Ague or Feaver Quartan of Melancholy.
For the Feaver Quartan.
Ague or Feaver Tertian.
The Cure.
Firſt uſe this Glyſter.
Then a purge if need require.

B.

Feaver which cometh of Bloud, the Cure.
Back weak to comfort.
Back weak to reſtore.
Belly or Sides hardneſſe, an Unguent.
Bloud to ſtanch.
Another excellent one.
Bloud ſpitting to ſtaunch.
Bloud piſſing, to ſtay.
Black and blew in the face by a blow.
Bloud bruiſed to avoid.
Breſt ſwoln, to ripe, break and heal.
Breſt ſore, to break.
Bruiſe to cure and help.
Burning or Scalding, the Cure.
Another for the ſame.
An Injectivement or Lotion.
Bruiſes, a Plaiſter.
Breſts to cleanſe of Phlegm.
Brain and Back to purge.
Brains Nerves, Sinews, and Griefs of the Head, the Cure.
Breath ſtinking, the Cure.
Breath ſtinking, Lozenges to Cure.
Bones broken and ſet, a Plaiſter to eaſe Pain.
Bloud to ſtanch at Noſe, or in a wound.
To ſkale a mortified black Bone.

Bruiſe or Bruiſes to cure.
Bloudy-flux, Scowring or Gonorrhœa.
Burning or Scalding, an approved Medicine.
Back Pains, the Cure.
Broath given in Conſumption or Weakneſſe.
Bruiſe to cure, alſo good for the Stone.

C.

Canker in the Breſt, or Polypus in the Noſe.
Canker, a Plaiſter.
Canker to extirpate and take out.
Canker, a Lotion.
Canker in mans privities, to cure.
Canker in the Body, to cure.
Canker or ſore Eyes.
Conſumption, the cure
Conſumption, a noted cure.
A Dyet drink for the Conſumption.
Cough of the Lungs to cure.
Cough of very hard Phlegm to cure.
Cold hoarceneſſe to cauſe to ſpeak clear preſently.
Cough very cold to cure.
Conſumption, a Medicine.
Colick a preſent Remedy.
Cough and ſtrong Conſumption, a Potion.
Colick and Stone, the cure.
Colick of Winde.

The Contents.

Colick and Stone, the Cure.
Colick the cure.
Cramps, Convulsion, or shrinking Sinews,
Cramp, the cure.
Cods swelling to cure.
Camphire Water to heal.
Cornes in the Toes to cure.
Carbunkles to ripen and break.
Cankers inward or outward to cure.
Cramp in Arme or Leg, the cure.
Canker or Pock in any part of the body, to cure.

D.

Deafnesse to cure.
Another.
Diseases many and generall, an Electuary.
Dropsie, a Purgation for it.
Dropsie, a Medicine.
Dropsie, a Dyet-drink.
Dropsie, or any other Disease, a Treakle to cure.
Dropsie, an excellent Potion.
Deafnesse, a precious Medicine.
A Defensive to stay Impostumes or Inflamations from all green Wounds, apply it both sides the Wound.
A defensive for green Wounds.
Dropsies, Pox, Consumption, or any Disease.
Diascordium, an excellent cordiall to make.

E.

Eyes red and watering, the cure.
Eyes that seem blinde, the cure.
Egiptiacum to make.
Emrods, the cure.
Emrods or any other swelling in the place.
Emrods to cure.
Eyes to preserve by Medicines Locall.
Inner medicine to clear the Eyes.
Eyes that have Pearls, a medicine.
Eyes that have Pearl or Web.
Another.
Another rare secret for the same.
Or thus.
Eyes to clear, an approved distilled water.
To cure all griefs in the Eyes.

F.

Falling-sickness, the cure.
Falling-sickness or Epilepsia, the cure.
Feaver to prevent, or all other diseases by this cooling cordiall.
Flux of blood to stop and cure.
Flux or Womens Menstrous to force or bring.
Bloudy Flux to stay especially of Women.
Flux of Blood, or Gonorrhœa Pils to stay it.
Fistula, the whole cure.
A vulnary Potion for the Fistula.

Fiſtula or Cankers, the Plaiſter to cure.
Fiſtula, a Lotion to waſh, or Serenge that cureth.
Fiſtula in the corner of the Eye, or elſewhere.
Fiſtula or ſore Mouth, a Lotion.
Face heat, the cure.
Face to cleanſe, a water that taketh away all deformity.
Face Moles to take away.
Falling ſickneſſe, the cure.
Face heat by humors flowing.
Face very red pimpled, and Sans phlegm to cure.
Flux to ſtop.
Tents to make for Fiſtula's.
Fleſh to fret or eat away.
For Fractures or Bruiſes, a Searcloth.
A ſtrong Powder for Fiſtula, or old Sores, apply it with Tents or otherwiſe.
Fire-wilde, or St. Antonies fire.
Fiſtula's or foul Ulcers, a Lotion.
For the Fiſtula, a Potion uſed by the Antients.
Falling-ſickneſſe, the cure.
Fiſtula, a Tent.
Fleſh dead, to fret away.
The beſt Potion in the world to cure the Fiſtula.
For a Truſh in a ſucking Childes mouth, or any ſore.
Foul feſtred ſores and cankers.
For fretting ſores a cure.

Fleſh ſuperfluous in Wounds, or proud fleſh.

G.

GOwt, a medicine.
GGowt, a ſpeciall Medicine.
Gonorrhæa, a Pill that cureth.
Gonorrhæa, or Womens Whights.
Gonorrhæa, a Julip to ſtrengthen the back.
Gonorrhæa, Pils to cure it.
Green-ſickneſſe, the cure.
Green-ſickneſſe, or any other grief, an Ale to drink in the Spring.
Gonorrhæa, all Fluxes of Bloud whatſoever, and Womens Whights.
Glyſters to looſe and faſten.
Glyſter for the winde Colick.
Gowt pain to eaſe quickly on warrantize.
A Gargariſme to waſh and cleanſe a ſore mouth.
Another good one.

H.

HEad-ache of Rhewme, the cure.
Head beating or noyſe to purge away by the noſe.
Head-ache, the cure.
Head, a Gargarizme.
Humors from any place being ſetled.
Hair to bring again.

Hair to cause to fall or take away.
For all Diseases in head, as Meagrom, Impostume, Dropsie, Feavers, Headache, & corrupt Stomach.
Hearing lost, to renew again.
Heat in the Body and Liver, a Julip.
Dianthos, which helpeth all feebleness of the Body, the Tissick, the grief of the heart and Liver, after long sickness.
Head Meagrome or Pain, the cure on warrantize
To cure any heat or Feaver, a Julip.
Humors to stay that floweth out, & will not be stayed.
Hearing lost, to renew again.
Heat in the Body and Liver, a Julip.
Dianthos, which helpeth all feebleness of the Body, the Tissick. the grief of the Heart and Liver, after long Sickness.
Head Meagrom or pain, the cure on warrantize
To cure any heat or Feaver, a Julip
Humors to stay that floweth out, and will not be stayed.
Hemrods, a plaister to cure them.
Head pains very old to cure.
Hurts in the skull.
Head Meagrom, pain or winde.

I.

Jaundies yellow, a sure and quick cure.
Joynts nummed, or nummed Palsie.
Joynt-ache, the cure.

A Bath for the grieved Joynts before Dreſſing.
A Potion to drink during the cure.
Joynt-ache, the cure.
Joynt-numneſſe and ache.
Joynt-numneſſe or ache.
Joynt-ache, a Medicine.
For ache or ſwelling in joynt or any other parts.
Joynt ſwoln with winde and water, to draw it out.
Joynt or Gowt to mollifie and eaſe.
A ſpeciall unguent for Aches, Sciatica, or any other paln.
To help any ſhrunk ſinews, or Ache hard in them.
Impoſtume in the head to break, and is good for head-ache and the hearing.
Impoſtume outward to heal in any parts.
Impoſtume to bring to matter or Suppuration.
Impoſtume in the body to deſtroy.
Impoſtume or Attractive to draw it forth.
Joynt-ache, the cure.
An Incarnative to cover a naked bone with fleſh.
Ipocras to make at all times with Wine, Ale or Beer.
Itch to kill.
Inciſion by a bliſter to make.
Iſſues out of the body or members to ſtop.
Impoſtume in the head that runs out at the ears.
Inciſion to make, and take out the coar.
Impoſtumes to ripen and maturate.
Joynt-ache benummed or ſwelling, an approved Bath.
Jaundies black and yellow, the cure.

Kibes.

K.

Kibes, the cure.
Kidnies wasted, the cure.
Kidnies ulcerated, and is approved good; to mollifie and cure them.
Kibes or bloud fals in the Feet, to cure.

L.

Liver-heat, the cure.
Liver distempered, a plaister.
Linseed-oyl to purifie or prepare for medicine.
Lapis infernalis to make incision or Issue, and Corrodates an Impostume.
Legs swoln, the cure.
Livers inflammation a Julip, or a ptisan for it.
Another to cool the inflammation of the Liver.
Liver, all Griefs, the cure.
Liver and Milt oppilation, the cure.
Lethargie or Epilepsie, the cure.
Liver and Milt oppilation, the cure.
Lice and Scabs in childrens heads, the cure.
Leprosie, or Leper, the cure.
A Purgation for the matter digested.
Lethargie the cure, and first the unguent.
A Glyster for the same.
The Oyntment.
Lungs Impostume, the cure.

M.

Mad dogs biting, the cure.
Meagrom in the head, Impoſtume, Feaver and all Head-aches.
Menſtruous to provoke.
Menſtruous, to ſtop the much-flowing.
Morphew to cure.
Morphew, a Lotion.
Mother ſuffocation, the cure.
Mother, the pain in a Womans body.
Maturative to bring an Impoſtume to ſuppuration.
Maturative, another.
Milt oppilation, the cure.
Morphew ſpots, or marks in the skin, to cure preſently.
Mouth ſore, or ſore Gums, and ſo faſten looſe teeth.
Mouth ſore or any other part, a Lotion moſt excellent.
Morphew or ſpots in the skin or in any part.

N.

NErve Oyl to make for all aches and bruiſes.
Noli me tangere, to cure and cool.
Neck botches or other place, the cure.
Neck and Cheeks ſwoln, the cure.
Noſe Ulcers, to cure.

O.

Oyl of Swallowes to make.
Oyl of S. Johns Wort, to make of the beſt.
Another Oyl of S. Johns Wort for aches & bruiſes.
Oyl of Snails for any ache, to make.
Oyntment to expell Winde, pain in the Back, Stone in the Kidnies, Sciatica or any Ache, anoint the place warm, being firſt rubbed with a dry cloth.
Oyl of Eggs to make.
Oyl of Bever-cod, good for pain in Sinews & Joynts, Palſie and ſtifneſſe of the Neck; it allaies the cold of Agues, if you anoint the Back-bone therewith.
Oyl of Cammomile is good to open the Pores and Sweat-vents; it expels Vapours, and is good for pain in Sinewes, Joynts and Guts.
Oyl of Dill aſſwageth all pain, openeth the Pores, conſumes Winde and all hard Swellings, it takes away all ſhaking of Agues, cauſeth ſleep, eaſeth the pain of the Head in hot Agues, if you anoint the Backbone therewith.
Oyl of Lillies healeth all pain of cold in the Breſt, Reins, Bladder, Matrix and Guts, it digeſteth and aſſwageth the Cough, ripens all Impoſtumes, dryeth all foul ſores in the Head, diminiſheth all ſweatings if you mix Saffron therewith.
Oyl of Wax to make.
Opiates to procure ſleep in a melancholy madneſſe.

P.

Palſie the Cure.
Another by Potion.
Palſie, Gowt, Cramp, Convulſion, Sciatica, old aches and contractions.
Plague, an Antidote.
Piles, the cure.
Plague an Antidote.
Plague a Defenſive.
Plague to prevent and cure.
Plague ſore to ripen and bring forth.
Polypus, a grief in the Noſe.
Pox ſmall, the cure.
Pluriſie or Stitch, the cure.
French Pox, the cure.
Pox great, the ſooneſt cure.
His Dyet.
Purgation to prepare.
A Purgation which purgeth all Aqueous Humours.
Pils that purgeth the four Humors.
Plaiſter Baſilicon to draw and heal.
Plaiſter gratia Dei.
Plumbeous plaiſters, or of Lead, to heal and finiſh a Sore.
Plaiſter green to cure green and new wounds.
Plaiſter that cureth all wateriſh and ſtinking Humours.
Black Plaiſter mundifieth all ſores, and taketh away all Pain.

Plaiſter of Tapſus barbatus, that cures all Cankers, Fiſtula's, Plague-ſores, hot Bruiſes, Botches or Fellons.

A Lotion to waſh the grief before you plaiſter it, dreſſe it twice a day, bathe it hot, or ſereuge it before the plaiſter be applyed.

A Potion to drink warm firſt and laſt, during the cure with the Plaiſter and Lotion.

Plaiſter for any Ache, Grief, Sore, Swelling, or Pain.

Plaiſter for old ſores.

Pluriſie, the cure.

Poyſon and Plague to prevent.

A Pill to give ſleep and eaſe in all extream pain.

A Purgation that cleanſeth the head, brain, and all the body of Melancholy.

A Dyet that cures all Pox, Scabs, and Lameneſſe.

Another Dyet for Pox.

A Plaiſter ſanative and defenſive for Pox or old Sores.

A Plaiſter attractive, or drawing to heal ſores or wounds

Some ſlight purgation of Senna.

A good plaiſter to heal and dry a ſore being cleanſed.

A plaiſter of Maſalage which healeth and skinneth much, and is precious and comfortable for Veins and Nerves.

Plaiſter healing called Jacobs plaiſter.

Another of Jacobs plaiſters.

An excellent healing and cooling plaiſter.

A very good plaister called the black plaister.
A plaister cold, called Colemanes plaister.
A good plaister to dissolve and cleanse a sore.
A good Sanative, Incarnative, and Desiccative plaister for Vlcers.
Powder to incarnate and dry up Sores.
Another Powder to encrease Flesh and heal.
A plaister to incarnate and mundifie.
A plaister maturative and ripening.
A plaister or Searcloth for fractures or bruises.
A plaister to heal Sores and Scabs.
A plaister for the Cramp in Arm or Leg.
A good plaister to heal and cleanse old sores.
Another plaister to dissolve and ripen.
A good plaister desiccative and cleansing.
A plaister to skin and heal very fast.
A plaister to heal and dry.
Another of the same nature.
A plaister to asswage heat and inflammation of the Liver.
A powder to correct and abate spungie Flesh, or mortifie it.
A powder to destroy Warts any where.
A powder praised of all Chirurgions, for it scales bones, & stops the watering of Nerves or Sinews.
The powder of Mercury sublimate.
Pox or plague or any thing else to purge out.
A purgation which wrought good effect.
Another gentle purgation that is good against melan-

melancholy, and comforts the ſpirits.
Pain or Puſtuls riſing any where.
A plaiſter of Adders tongue and ſweet Maudline, all green, which cureth green wounds and old ſores.
Pain in the belly or any part to cure.
A pectorall Electuary that comforts Memory, the ſight and all griefs.
Tiſſick or infection of the Lungs.
Plague a defenſive, and cureth the ſick of it.
Purging Lozenges, the Doſe is one or two drams.

R.

REins running, or Gonorrhœa.
Another for the ſame.
Rupture to cure.
Ringworme, Tetter, or creeping ſore, the cure.
For a red gum, or Sans fleam, face old or new.
Rhewm, or Tooth-ache the cure.
To ſtay and dry the Rhewm.
For Rhewm.
Ruptures or Diſlocations.

S.

SOres a drying powder.
Sores fretting or eating.
Sores running, leprous, and skin rugged.
Sores old to dry up, a Lotion.
For the ſame Sore a plaiſter.

Sores, a Corrosive.
Sores great and old, a plaister.
Sores hollow, a Lotion to mundifie.
Sores swelling to asswage.
Sores or Ulcers to mundifie, a water.
Sperigo or Tetter to cure.
Sperigo or Tetter, another sure one.
Sores, Allom water that cureth.
Sores old, and Ulcers, an oyl to heal and dry.
Sores inflamed to cool much and ease the pain.
Stone, an outward application.
Stone, a distilled water for it.
Stone, a powder.
Stone, straight passage of Urine to help.
Shingles, the cure.
Sinews the Veins cut to cure.
Stitch, a present cure.
Sciatica, the cure.
Sweat to procure.
Squinancy or any swelling in the throat.
Scurvy, the cure.
Swelling or inflammation, a Poultis.
Swelling or any ache, an oyntment.
Swoln or Scal bed Legs to heal.
To skin a Sore, or heal a Wound.
Scabs, the cure over all the body.
Scabs, an unguent with the former drink.
Stomach to clense.
Scal'd head, the cure.

Swelling or pain between the skin and the flesh.
Speech lost to cure.
Strangury and stone to cure.
Sores running to dry and heal.
Stitch to cure.
Stone to break.
For all sickneſſe, Feavers, Impoſtumes, or any other diſeaſes in Mans body.
Stitch, a remedy, in the Spleen, or any part of the Body.
A Stone that maketh Water for any ſore to bathe it, or heal any Canker in the face.
Sciatica, an approved Medicine.
To skin a Sore and make it perfectly whole.
Sciatica, Gowt or Ache an excellent oyl to cure it.
To cleanſe and heal a ſore with a fair linnen cloth dry.
A drink for the Stone that cleanſeth the back.
To make Dia centauria which purgeth the Stomach, comforts the Liver, Milt, and cools the body.
Excellent Powders for the ſtone.
Stone, a precious Water to drink, and may be taken with the foreſaid Powder.
A diſtilled water to break the Stone.
Stitching or drawing wide wounds together, without touching fleſh or skin with a needle.
Stinking mouth to cure.
Stinking breath for the Stomach.
Speech uſed in ſleep, to remedy.

The Contents.

To help children to speak quickly.

An excellent cordiall to comfort the stomach, heart, and brain, quickens the memory, and much comforts the spirits.

For foul Scabs.

For the Scabs and Tetters.

For the Sciatica an unguent, probatum.

Tetter, the cure.

Tympany or Dropsie, the cure.

Thorns with splinters, and to draw them out.

Tooth-ache with Rhewm, the Cure.

Tooth-ache, stinking breath, and loose teeth to cure.

Tooth-ache of Rhewm.

Ptysick, or any disease of the Lungs.

Turn sole to make.

For the Tooth-ache, a medicine made by D. Butler of Cambridge.

A Triacle, or rather a pretty Mithridate.

A Stomach-drink that cures many diseases, if it be made and drunk in May, they are safe all the year after.

Thighs-ache, or feet.

Thorns to draw out any where.

For Tetters or any creeping eating sores.

V.

VEin broken, or spetting bloud.

Vein broken.

Ulcers, the cure.

Ulcers old to cicatrize and cleanse.
Vomit easie with intermission.
Vomit to stay.
Unguent mundifying.
Unguentum Neopolitanum, to cure the French Pox.
Unguent to heal a green wound at first dressing.
Unguent for Ladies chop'd, or sore Lips.
Unguent for deep thrusts or Wounds.
Unguent incarnative and healing.
Unguent to heal the Emrods and break them.
Unguentum defensivum & repercussivum.
Unguentum digestive, which brings a Wound to fair matter.
Unguent to mundifie.
Unguent to cleanse and heal.
Unguent to skin any wound.
Unguent to force one to pisse in any sickness.

W.

WOunds and small Cuts.
Wound green, a Balsome to heal quickly.
Wounds green, a Salve to Cure.
Wounds or Sores, a good Lotion.
Wen to cure.
Worms to kill and cure.
Winde Colick to cure.
Winde with pain and swelling in the stomach.
Wilde fire in the flesh to cure.
Water to dry and heal a sore, and to dry a Humour.

Womens milk hard in Breſts to cure.
Warts or Wens to cure.
Water to eject or ſerenge the Secrets of Man or Wo-
man, and good Lotion for old ſores.
Womans Paps ſwoln, or hard to cure.
Firſt medicine temperate, hot in firſt degree.
Medicines hot in the firſt degree.
Medicines hot in the ſecond degree.
Hot in the third degree.
Hot in the fourth degree.
Medicines cold in the firſt degree.
Cold in the ſecond degree.
Cold in the third degree.
Cold in the fourth degree.
Medicines moyſt in the firſt degree.
Moyſt in the ſecond degree.
Moyſt in the third degree.
Moyſt in the fourth degree.
Medicines dry in the firſt degree.
Dry in the ſecond degree.
Dry in the third degree.
Dry in the fourth degree.
To cure a green wound by the Weapon that gave it
without ſight of the party wounded.
The uſe of it.
How the Wound ſhall be uſed in the mean time.
His Diet muſt be temperate.
How to make oyl of Snails.
A brief collection of all Herbs, Plants, Seeds, Spi-
ces,

ces, and Gums, now used in Physick, to purge the Body of Man, omitting all such Hearbs, and Plants as have any great danger to deal withall.

These Hearbs purge Head and Brain.

A brief discourse of the Colours and Judgements of Urines.

Womens Urine, their significations.

A rule to know the danger of falling sick by the Diary judgement of the Moon.

To know the humour that causeth the sickness by the Patients spittle.

A judgement of the state of mans sickness by the Pulse.

That

That every one may know how to compound the Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.

Grain		gr.
Scruple		℈.
Drachme		ʒ.
Ounce		℥.
Pound		lb.
Quart		qr.
A small handfull, or as much as you can take up with three fingers.	hath this mark,	P.
A great handfull		M.
Halfe		di.
Of each		ana.
Receive		℞.

As much as is sufficient q. s.

AN ALPHABETICAL Booke of Physicall Secrets.

An Unguent for Ache, Bruise, or Spraine.

TAke Rue, Vervayne, Dill, selfe-heale Yarrowe, Mugwort, Comfrey, Adders-tongue, red-Sage, red-Fennell, red-Nettles, red-Dock-leaves, Valeryan, and Carduus Benedictus ana M. ij, bruise all these in a Morter, boyle them in lb. i d. of May Butter for a quarter of an houre still stirring it, adde thereto oyle of Exeter, oyle of Dill ana i ℥, let them boyle one walme more, first straine out the hearbs, then boyle the oyles, and anoynt therewith.

Ache in any Member.

BOyle Ox-gall, Aqua-vitæ, of each a like in a Pipkin, scum it, and therewith a noynt the Member grieved with great labour and hardnesse, then cover it warme with a piece of Furre till it be well.

Another for the same.

BOyle fresh Butter not salted in Malmesey, bathe the griefe very hot there with, make it up warme as before.

For any Ague falne into the Legges, and swolne, the Cure.

TAke Plantine, Marigolds, Houndstongue, S. *Johns* Wort, Bettony, red Fennell, Southistle, Dandelion, Smallage and Plumtree-leaves ana M i: shred them with Wheat-meale, then seeth them in hot Cowes milke, to a Plaister so apply it, this will dissolve the humour and digest it, by the serositie of the bloud; approved.

Aspasm

Aſpaſmus or Numneſſe in Joynts or elſe-where, to Cure.

LEt the Patient drink every morning faſting one ℥ of Camphire in a draught of Bettony-water, wherein infuſe ſome Stœchados, this cureth in one moneth with the uſe thereof.

Argentum vivum to Mortifie.

FIrſt beat an Almond in your Morter, then put thereinto ſo much powder of Verdigreaſe as a Beane, then put in your Quickſilver with a ſpoonfull of ſtrong Vinegar, incorporate them all well together, this will Mortifie it well for any uſe. A

Apoplex to Cure.

TAke Melilot, Pennyryall, Wilde-Tyme, Marjorum, Balme, Marjorum gentill ana i M: boyle them in water, and bathe or foment the head therewith warme, ſtampe the hearbs, put to them oyle of Rue, and of Lyllies ana i ℥, apply them warme to the head, if the weather be cold then anoynt the head with warme oyles, as oyle of Dill,

Bever-cod, or Pyretrum, or such like, not onely the head but also the Neck and whole Back.

A Salve for the Apoplex.

TAke Calamus Costus roots ana iiij ℥, Siler, or siler Mountaine, Bazill seed ana ij ℥, melt and boyle all these together on a small fire of Char-coale in white wine vntill the wine be consumed, then mix the oyles with it & anoynt the whole head and the back bone all the length thereof down to the end, if this cure not, then shave all the head, and apply this plaister following spread on a piece of Leather, that all the head may be covered therewith. Take Galbanum, Sagapenum, Opoponax ana i ℥ Aloes succotirn i ℥: Turpentine i ℥, melt them, and mix them together to a plaister.

A

Aqua Composita good for head, Memory, and all Diseases.

TAke the roots of Saxifrage, and the leaves, Parsley, Alexanders, Fennel, Tyme, Hysope, Pennyryall, Rosemary, Lavander, Primroses, Mints, Origan, Sage Calamint

Calamint, Avence, Bettony, Savine, Pennyryall, Lettice, and Violets ana one small handfull, then take Galingale, Pepper of both sorts, small and long, Cloves, Mace, Nutmegs ana ℥ 3, Cynamon, Cubebs, Setwall, Pellitory of Spaine, Lignum Aloes ana ℥ ß dj. stampe small the hearbs, and pound the spices, then infuse them all night in sixe quarts of red Wine, the next day distill them in a Lymbeck, so is it finished.

Another Aqua Composita.

TAke Wormewood ii M. Enula Campane a great root, ii Crops of Horehound, Mints, Parsley, and Centory ana i M. Infuse all these powdred & bruised in three gallons of strong Ale or wine Lees, adde therto of Annis seed and Lycorice ana iij ℥. bruised with some powder of Irros and Calamus Aromat, distill them as before is set downe.

Aches or Lamenesse in Members or Joynts.

TAke oyle of Exeter, Aqua-vitæ, and Oxe-Gall ana part. æquales; Mix them

together in a great bladder shaking them well, anoynt therewith warme twice a day till you are well.

Aches olde, the Cure.

TAke oyle of Turpentine d i ℔, oyle of Bayes iij ℥, Mace, Cloves, Nutmegs, Cinnamon ana i ℥, oyle of Spike i ℥, Juniper berries viij ℥, Castor, Euforbium ana ℈ j, Brocks grease ij ℥, Mummy i ℥ d. digest them for one moneth in horse-dung, then distill them artificially, and anoynt the A griefe therewith.

Ache in Bones or Joynts, the Cure.

TAke black knobs of the Ash tree in the Spring time, grinde them small, and boyle them over a soft fire with fresh Butter in an earthen pot sufficiently, then take them from the fire, let them coole, and keepe them close stopped, then take as many of Broome flowers in May, grinde them as the other, then mixe them all together and boyle them againe with a quarter of a pinte of Malmsey, then keepe it to anoynt the griefe therewith.

For all Aches in generall.

TAke young red Sage, and Rue ana i ℔, young Bay-leaves iij ℥, Wormewood viij ℥, wash them not, shred them small, Sheeps sewet hot out of the Sheepe ij ℔, mixe the sewet and hearbs together, beating them in a Morter by a little at once with the hearbs till it be all greene, and no white seene of the sewet, then mixe all in a Panne with your hand in one pottle of oyle, then cover the Panne close, and set it in some private place for eight dayes, then boyle it simpering, still stirring it with a spatula, when it is halfe boyled, adde therto oyle of Spike iiij ℥; when it is boyled enough drop one drop on a bright Sawcer, it will be very greene, then it is well boyled, then strayne it out very close, rub the small of the back therewith, it helpeth the Stone as much as a Pease, put into the eare with black wooll, cureth all griefes thereof, and all Aches are cured therewith.

A

An Oyle that cureth all Aches in Man, or Beast.

TAke of pure Sope i ℥, Aqua-vitæ ii ℥, liquid Storax i ℥, and boyle the Aqua-vitæ, and boyle the other Simples therein, stirring it with a spoone till it come to a thick Vnguent, anoynt the griefe therewith twice a day rubbing it very well, and cover it warme with Furre or Cotten.

Ague, or burning Feaver, to coole or helpe.

A

MAke a posset of new Milk and Butter-Milk of a pottle, take off the Curd, let the Patient drink so much thereof cold as he can, use it two or three times, it cooleth the body, and taketh away the fit.

Item, after the Posset-Ale is digested, let him to comfort his stomack drink Mace-Ale made with small Ale.

Item, also let him eate either great Peares or Wardens cold being baked; they comfort the stomack, and coole the body.

Ague

Ague, a Medicine to binde to the wriſt, to Cure it.

MAke a plaiſter of Leather fit for the wriſt pricked full of holes, and ſpred it over with Venice Turpentine, then ſtrew it all over with powder of Rue and Frankincenſe ana, mixe as much as will ſtick thereon, lay it to the wriſt a little before the fit commeth, and let it lye untill the fit be gone.

Ague hot, a cooling Iulep.

MVndifie French Barley i M. then boyle it in a gallon of raine-water, put therein Rayſins of the Sunne ſtoned iiij ℥, Damask-Prunes iij ℥, boyle them to the Conſumption of halfe, then ſtraine it hard out and put them to the fire againe, and put therein Succory, Violet-leaves, Sanickle, Spinage, Strawberry-leaves, Borage, Colts-foot, Maydenhaire, Bugloſſe, Liverwort, Sinckfoyle, Endive, Longwort-leaves, & Ribwort ana di. M. cut ſomewhat ſmal, and boyled till halfe be conſumed, then ſtraine it hard, for they commix

there-

therewith syrup of Vinegar, the syrups of Lemmons and Roses ana iij ʒ, drink thereof cold at any time, it both cooleth and comforteth very much.

Ague to heale both in old and young proved.

MAke a quart of posset Ale of Milk and Ale, then take the young tops of Rosemary, Marigolds, Plantine, and young Bay leaves ana ij ʒ, cut them small, and boyle them in the posset Ale, untill all their strength be forth, and drink a great draught thereof warme a little before the fit commeth, and sweat upon it; doe this some iij times, it will cure, being proved on many.

Aromaticum Rosatum which healeth the weaknesse of the stomack, comforteth all parts of the Body, cleanseth corrupt humours in the Breast, comforteth the Braine and Heart, and causeth good digestion.

TAke pure red Roses xv ʒ, Lycorice mundified i ʒ, lignum Aloes, and yellow Sanders ana iij ʒ, Cinamon v ʒ, Mace

Mace & Cloves ij ℥ di. gum Dragant ij ℥ di. Nutmegs, graines of Paradiſe and Galingale i ℥, Spikenard, Amber greeſe and Musk ana di ℥, white Sugar as much as ſufficeth, and diſſolve altogether in ſyrup of Roſes.

Ague Tertian, the Cure.

TAke Burre roots i ℥, three corns of long Pepper, ſtamp the roots and Pepper, boyle them in a pinte of Ale with ij ℥ of Triacle till halfe be waſted, drink it warme and ſweat two houres.

Ague or Fever hot a Iulyp.

TAke Succory, Endive, Violets & Borage ana Mj: Fennell-roots pithed iM, Lycorice mundified i ℥, French Barley ii ℥. boyle them in a gallon of water to a pottle, and drink thereof, it cooleth much.

Ague Tertian, the Cure.

TAke ix young red Sage-leaves, ix ſprigs of Yarrow, three Bay-leaves, three ſprigs of Rue, boyle all theſe in one pinte of poſſet Ale, to the conſumption of a third

third part, then straine it hard, let the Patient drink a good draught thereof very hot before the fit come, and sweat well after it, use this three times.

Ague Tertian, the Cure.

TAke dry Orenge Pills, Nutmeggs, roche Allom ana iiij ℥, ten Cloves all powdered together, give of this pouder to the sick as much as will lye on a shilling, to drink in iij spoonfulls of wine vinegar, two houres before the fit commeth; if you take therewith Bezor iij graines, it is the better, then take nine roots of Maydenweede for a Man, and six for a Woman, put in a little bagge, and hanged nine dayes about the Patients neck, and six dayes about a Womans neck, then burne the bagge and roots, and let the Patient be purged.

Ache, Griefe, or Paine, an Unguent, the Cure.

TAke Cammomint, Mallowes, Sage, Dill, and Marigold-leaves ana i M, stamp them and boyle them in Malmsey and Linseed oyle ana di. pinte, and fresh Butter out of the Churn i ℔, let them be wel boyled, straine them, and anoynt therewith.

For

For any Ague, sore in Knee or Ioynt, for Swelling or Sciatica.

FRy Alehouse with fresh Butter in a frying-pan, till it be soft, and not too moyst, apply it very hot to the griefe or swelling till it be well, renew it every twenty foure houres.

Ague or Feaver of Phlegme, Diary, or Quotidian.

TAke red Roses, Ivory, Buglos flowers, Coriander, Orenge Pills ana iij ʒ, infuse them in Vinegar and white wine ana iij ʒ, of Penides i ℔, of Sugar or honey i ℔ di. Your syrup if the stomack be empty or weake, or the Guts empty, then put in all Wine and no Vinegar: this is an excellent syrup, for either by adding or diminishing Simples here-unto, according to the Infirmities and nature thereof it may serve for any grosse matter in any cold distemper.

Pills of excellent vertue to purge all Phlegmaticke Feavers or Agues.

TAke Agarick, Aloes, Acorus, Turbith, ana i ʒ Esula di. Coloquintida i. graine salt

salt Gem Mastick, Ginger, Wormwood, Lettice, Raysons mundified, Bdellium ana 1ii; 3, let syrupe of Roses be made up with these Pills, the Dosis ij 3 more or lesse, according to the Patients strength, give them after you have used the other syrupe ix dayes to digest it. These be good in any Tertian Ague, if you adde to them this following in any Phlegmatick Fevers or diseases, *viz.*

Item, Rubarbe ij 3, Spiknard dj. 3, Diagridij, Mastick ana i 3, mixe these with the aforesaid, the Dos is di. 3 more or lesse as the strength of the Patient is, and the vehemencie of the Fever.

The poore mans Cure for this Feaver.

FIrst digest the humour with Oxymell Compositum, then purge with the inner Bark of an Elder an Eg-shell full or lesse, according to the Patients strēgth in a draught of Wine, posset Ale, or any thing else warm, when he is purged give him Aurea Alexandria with wine wherein Sage hath beene sodden, give it many times.

Ague or Feaver Quartan of Melancholy.

FIrst digest the matter with Oxymell simplex, or with the decoction of Senna Epithimum, and Harts tongue, after that use some Oxymell Diureticum, then purge with Diasena Diaboraginis sharped with Lapis Lazuli, and sometimes purge with Hieraculy, and thus by little and little proceed: Or take Violet flowers, Borage, Sena, Tyme, the juyce of Fumitory and Lycorice, make your Decoction of Whay, infuse therein some Elder barke, then adde thereto iij sorts of Myrabolanies ana iiij ℥, stirred together on a soft fire, and after the strayning adde to it Lapis Acivenius ix times quenched in the same Decoction, and ℥ thereof made in subtill powder, minister this before day.

For the Feaver Quartan.

THis Feaver is cured by giving every morning j ℥ of Calamint fasting with Triacle dj, Myrrh dj, if need be to comfort the stomack, adde thereto some juyce of Mynts,

Mynts, this given many times together, hath cured many after the body is well purged.

Ague or Feaver Tertian.

THe true Tertian is caused of burnt choler mixed with other humours, which happeneth most to young people in Summer time, else it is no true Tertian though it come of red choler, for choler when it is putrified in the veines, causeth a continuall Feaver, if without the veines it maketh a Tertian, if putrified in two places, it maketh a double Tertian: A Tertian beginneth with rigour, like the pricking of Needles, and endeth with vaporous sweat.

The Cure.

TAke of Endive, Succory both kinds, ana iiij 3, the foure cold seeds ana i 3, flowers of Violets, Borage, and water Lillies ana ij 3, red Roses iiij 3, Sugar i ℔, make your Syrup, and digest it with this, then purge as followeth.

First

First use this Glyster.

℞. Violets, Mercury ana ii M. oyle of Violets ii ℥, boyle and make your Decoction, then straine it: Dissolve therein Cassia Extract, and Tamarinds ana i ℥, oyle of water Lillies ij ℥, make your Glister.

Then a Purge if need require.

℞. Of the digestive syrup aforesaid ii ℥, Rubarb and Agarick ana i ℥ di, the seeds of Endive and Spiknard ana di. Barley water, and Almond Milk ana ij ℥; give this in the morning.

If the Thirst be great in this Feaver, take the foure cold seeds, husk them, boyle them in water with Gum Dragant, stamp them well, and put to them a little vinegar, let the Patient drink thereof in his fit.

Also if you give the Patient the juyce of Plantaine to drink before the fit three severall times, it cureth all Tertians.

Also the seed of Nettles stamped with Salt and Cobwebs bound to the Wrist, cureth all Tertians.

Feaver which commeth of Blood, the Cure.

FIrſt open the Baſilica veine, then the Median on the ſame ſide or Arme, if you let not blood, provoke the Noſe to bleed: Then take Endive, Succory, Mayden-haire, Roſemary, flowers of Politriticum ana iij ʒ, Barley di. ℔. of all the cold ſeeds ana ij ʒ Violets, the flower of Bugloſſe, Borage and Gillyflowers ana iij ʒ, make your Decoction of iij ℔, boyle it till it come to one: B Diſſolve therein Caſſia extract ; ʒ, oyle of water Lillies ii ; ʒ, make your Glyſter: Then make a Ptiſan of Barly vii ; ʒ, Licorice bruiſed ij ʒ, Borage, Bugloſs, and the cold ſeeds, boyle and ſtraine it, and adde ij ʒ of Vinegar, and drink it.

To purge ℞ Barley water di. ℔, diſſolve therein Caſſia Fiſtula, Manna and Tamarinds ana di ʒ, Vinegar ij ʒ, Sugar and Peonedes qſ ſufficit; give this in the morning and keepe a good Dyet.

Back weake to comfort.

TAke Knotgraſſe ſtrings, Strawberry ſtrings, of Cats-taile, Cinquefoyle ſtrings, wilde Tanſey, Shepheards purſe, Comfrey ana, boyle theſe with Knuckles of Veale and marrow of Beefes back, thicken with a little Ryce powdered, and a few Rayſins of the Sun ſtoned, two large Mace blades, eighteene great Cloves, eat it faſting in the morning.

Back weake to reſtore.

TAke the Pith of the water boughes of an Aſh i 3, the ſhells of new laid Eggs powdred i 3, Clary, new Balme, white Mints j M, ſtamp them and ſtrain them, then take yolks of new laid eggs, beat and mixe them with the juyces, and fry it with Butter like a Tanſie, with the powder, eat of this in the morning faſting, and neither eat nor drink one houre after. Or,

℞. Roſes ii j 3, red Sanders ij 3, yellow Sanders i 3 di. fine Bole ij 3, burnt Ivory 3, Camphire i 3, Wax i 3, oyle of Roſe buds i 3, melt the Oyle and Wax toge-

ther with the rest, make a Plaister, lay it to the Back, but for want of this Plaister, take oyle of Roses, oyle of Violets, and water Lillies mixt together, and anoynt the back therewith; it cooleth.

Belly or Sides hardnesse, an Vnguent.

MIxe together Vng. Dialthæa ij ℥, A gryppa, oyle of Camomile ana i ℥ make an Vnguent thereof, you may mix some Aqua-vitæ therewith.

Blood to staunch.

HOld Shepheards-purse in your hand looke on it, or lay it on the wound, if it be a veine that bleedeth, boyle Rue water, stamp it and lay it theron, then lap up in Lambs wooll never washed, or take great Spider, put it in a linnen cloath, prick it with a Pinne, and smell thereto.

Another excellent one.

℞. Sanguis Draconis, Bole Armoniack Vermillion ana part. æqual. compound

them with the white of Egges, beat to the forme of a Plaister; this applied hath stayed the blood of a Womans breast cut off.

Blood spetting to staunch.

DRink as much powder of Mice dung as will lye on a groat, in a little juyce of Plantaine and Sugar, drink it first and last morning and evening till you bee well.

Blood-Pissing to stay.

BOyle Spearemints, Bettony, Rue, Bursa pastoris, and Knot-grasse in Goats milk, or other milk, drink of it three dayes first and last.

Black and blew in the face by a blow.

TAke Paper foure double, wet it well in cold water, and lay it to the Bruise.

Blood bruised to avoid.

BOyle Nep bruised in Wine or Ale, drink it warme nine mornings together, it cureth.

Breast swolne to ripe, breake, and heale.

BOyle Hollyhocks, Mallowes, ana ij M. in water, then straine them thorow a cloath the water out, then scrape red Clay from the Wall six spoonfulls, and ten spoonfulls of wine vinegar with a little Hoggs grease, boyle them with the hearbs all together to a Poultis, apply it very warme, use it till you are well.

Breast sore to breake.

BOyle Fenegreeke seed, and Linseed powdred ana ij ℥, Figgs small-cut, ten house Snayles, Lilly roots bruised ana ij ℥, boyle them all together in strong Ale to a Poultis, lay it on as hot as shee can suffer it; so use it till she be well.

Bruise to cure and helpe.

STamp Solomons seale greene, and apply it to the griefe; Parsley fryed with Butter soft and applyed doth the like. Egrimony stamped small, and rowled up in round balls, then lay it in some place till it be mouldy, then fry it with Hoggs grease or May Butter till it be a greene Salve, so use it on rotten Apples, with a spoonfull of Ryce boyled in Milk to a Poultis, doth the like.

Burning or Scalding, the Cure.

TAke Sallet oyle well beaten in faire water, therewith anoynt the griefe for three dayes, this taketh out the fire. *Item*, then take the inner bark of Elder, Harts-tongue, and House-leeke ana iii℈, Sheepes trickles i M, Sheepe-sewet iiij ℈, boyle them together to a good thickneſſe, and put thereto Wax i ℈, then straine it, and plaister-wise apply it to the griefe till it be whole without scarre.

Item, take the fat of Bacon in slyces, lay it in water two houres, then take it out, and

dry it with a cloath, and with a Needle and a twiſted thred ſtitch it together with a Bay leafe, betweene every ſlice two Bay leaves, roſt it at the fire, turning the thred in your hand, ſet under it a Platter with ſome faire water, therein to receive the dropping, let it not burne in the roſting, annoynt the griefe with the dripping.

Another for the ſame.

TAke oyle of Roſes ij ℥, Creame iij ℥, Honey i ℥ mixed, and make an oyntment, therewith anoynt the griefe.

An Iniectivement or Lotion.

BOyle in white wine Centory, Knotgraſſe, wilde Tanſie, Yarrow ana di. M. honey i ℥, Allom powdred ii ℥, inject this.

Bruiſes, a Plaiſter.

TAke Virgine Wax vij ℥, Galbanum Colat, honey ana iij ℥, Sheeps Tallow vij ℥ ſhred ſmall, and boyled in a little white wine or vinegar, adde thereto Frankincenſe and Maſtick ana iij ℥ in powder, let

let it boyle till all be melted plaister-wise, apply it on the grieved as hot as you can suffer it, till you be well.

Breasts to clense of Phlegme.

TAke white Wine, and water ana one pinte, Wine-vinegar tenne spoonfulls, English honey clarified with whites of Eggs vi ℥, Fennell and Parsley roots, and Lycorice all mundified, and then sliced ana i ℥ Ennla Campana powdred i ℥. Egrimony i ℥ di. Figs cut in pieces twelve, Annis and Cummin-seed, Hysope, Tyme, and Penyryal ana i ℥ di. boyle all these close covered sufficiently, then straine it, drink thereof first, and last till you be well.

Braine and Back to purge.

MAke a Dos of Pills of Buttony powder, and English honey, take two Pils thereof as bigge as a small Nut when you goe to bed, this will manifest it selfe next morning in the Chamber pot.

Braines,

Braines, Nerves, Sinewes, or Griefes of the Head, the Cure.

BOyle in ten pounds of water, the flowers of Stæcados, the seeds of new Piony, and Fennell ana iiij ℥, Tyme, Calamint, Balme, Organie, or wilde Marjorum, Sage, Bettony, and Rosemary flowers ana i ℥ di. let all these boyle to the consumption of halfe, then straine it, and boyle the liquor againe with hony ana i ℔, to the height of a syrup, put thereinto Cynamon, Ginger, Calamus aromaticus bruised ana ij ℥, bound up in a thin linnen cloath, take of this syrup two spoonfulls at once, first and last.

Breath stinking, the Cure.

BOyle in a pottle of white Wine, the tops of Rosemary i M, Anniseed bruised ℈ 3, Wormwood three sprigs, Sassafras, Orenge pills bruised, Cloves and Cynamon bruised ana i ℥, Cummin-seed bruised i ℥ let all these boyle to the consumption of one pinte, drink thereof morning and evening a good draught warme in the morning, colde at night.

In

In day time use to bite of a Nutmeg, and swallow some, also Mastick chewed some time is good.

Breath stinking, Lozenges to cure.

TAke the juyce of Lycorice mundified 1 ℥, boyle it in Hysop water to a good hight, then work it up in your hands with some oyle of Annisseed, and some Gum Arabick, with three graines of Musk incorporate altogether; make Lozenges thereof, dissolve one at once in your mouth.

Bones broken and Set, a Plaister to ease Paine.

TAke the fresh dung of a Sheepe two parts, Barly meale one part, so much of the white of Eggs beaten well, compound a Plaister, put therein a little Bole armoniack, lay it about the bone, remove it not in ten dayes.

Blood to staunch at Nose, or in a wound.

TAke the greatest Toad you can find, and hang it up alive, and so let him hang

all

all Summer, till he be as dry as a Stockfish so keepe him, let the party bleeding smell to him, being wrap'd up in a thinne linnen cloath, it stauncheth the blood.

To skale a mortified black Bone.

TAke honey of Roses, dip Spledgets therein, lay them hot on the bone untill it doth loosen, dresse it every night for three nights, if it then loosen not by the sides in feeling, then apply this Oyntment.

℞ Take pure Hogs grease di. ℔, Argentum Vivum ij ℥ well mortified, and well brayed together, warme the Vnguent in a Sawcer, with a feather anoynt the bone evening and morning, and lay thereon Lint, and rowle it up just, let him keepe his bed, and take no cold, and shortly the Bone will rise, then heale it up as need requireth.

Bruise or Bruises to Cure.

POure out the white of an Egg, then fill the Egg up with Parmacitty, roast it soft, then sup it up, and fast three houres after, use it till you be well.

Bloody-

Bloody-Flux, Scowring, or Gonoria.

TAke the seed of white Poppy, Mallowes, Quinces, and Purslayne all powdred, take also Mirtell, Gum Arabick, Gum Dragant, Pine kernells, Sugar, Lycorice, Penedes, Psiloum mussilage, of Almonds ana iiij ʒ, of fine Bole sanguis Draconis, red Roses, Spodij, Myrrhe ana ij ʒ, mix them with Hydromell, and make it in Trochis; they wil last kept in a box in a warme dry place seaven yeares, the Dosse is i ʒ given in milk.

Burning or Scalding an approved Medicine.

TAke the inner Bark of Elder, the leaves of Alexander, and the leaves of Daysies, boyle them in Hogs grease, then strain them well, and anoynt the Griefe with a feather, and cover it with a red Colwort leafe, and it will be whole on warrantice.

Back Paines, the Cure.

THe Paracelsian Plaister laid thereon warme, cureth.

Broath

Broath given in Consumption or Weakenesse.

TAke China iiij ℥ thinne slyced, Maydenhairs, Parsley, Fennell, Smallage roots ana i ℥, Zarsa parilla iiij ℥, infuse them foure and twenty houres in three quarts of water, then boyle them till one quart be consumed, then put in your Pullet or Chicken being first boyled one walme, and scum it, then let it boyle all to peeces being seasoned with Lettyce, Violets, Succory, Strawberries, and such like, then straine it, and drink of this comfortable Broth at all times when you please.

Bruise to Cure, also good for the Stone.

TAke the eyes of Crabs, powder them, infuse them in Wine vinegar warme, some Parmacitty melt therein, take of this every morning fasting till you be well.

Canker in the Breast, or Polypus in the Nose.

THe water of Buck wheat distilled in Balneo, will stay the eating Canker or Polypus, though held uncureable.

Canker, a Plaister.

MIx the juyce of Selandine with Goats dung powdred, and plaister it on, it killeth the Canker any where.

A plaister made of Pepper, Bay-salt, the kernell of Walnuts beaten together healeth also.

Canker to extirpate and take out.

INcorporate the powder of Realgor with fresh Hogs grease, spread it on leather fit for the Sore, strew thereon all over the flower of Wheat somewhat thick, and upon that honey thick, and lastly over that Womans milk, then lay the plaister on the Sore, and lay on the plaister the bottome of a new baked Loafe of white bread, binde all fast on all night, on the morrow the Canker will

will be dead on the Plaister: Note if it be in the flesh or sinewes, thick water issueth out, if on the bone, thick yellow matter commeth forth.

Canker, a Lotion.

TAke white Wine, di. Pinte English honey ii; ℥, white Copperas in powder i ℥ di. Roche-Allom powdred iii; ʒ, boyle all these till one third part be consumed, then wet double linnen cloathes therein, and lay it on the Sore or Canker. Or take new Tanners Ooze that never Leather came in, Sage, Bay leaves, Violet leaves, and Woodbine blossomes ana i M. boyle all these together, and use it for a Lotion, first straine it.

Canker in Mens Privities, to Cure.

BOyle Roche-Allom i ℥, Verdigreas iiii; ʒ in a pinte of Smiths water till ½ part be consumed, then straine it, and use it for a Lotion.

Canker

Canker to cure.

TAke the oldeſt Oyſter-ſhell you can finde in a dunghill (that ſhine moſt, are beſt) powder them, then ſet three ſpoonfulls of white wine Vinegar over the coales, put therein as much of the Oyſter-ſhell powder as will thicken the Vinegar, adde thereto ſome Allom powder, then binde a linnen cloath about a ſtick and dip therein, rub the Sore therewith till it bleed, doe this three times therewith, it will be well.

Canker in the Body to Cure.

TAke the powder of the roots of Dragons 3, lay it all night in water, on the morrow put out the water, then put thereto a quarter of a pinte of white Wine, boyle it well, let the Patient drink it warme three mornings together, it helpeth.

Canker in the Eyes.

TAke Dovefoot, Archangell, Ivy with the berries, yong Bramble tops, white Roſe leaves, red Sage, Sellandine, and

Woodbine leaves ana i M. cut ſmall, then put thereto powder of Allom i ℥, white wine and clarified honey ana one quart: Aloes, Epatick iiij ℥; diſtill all theſe in a Lymbeck together, the water thereof will kill any Canker, two drops put in the eye with Fennel water, taketh away any Pearle or filthineſſe.

Conſumption, the Cure.

TAke ſixe Cock Sparrowes, and two Wagtailes well dreſſed, Harts-horne and Ivory ana ij ℥, powdred China roote thinne ſlyced iiij ℥ in two quarts of Spring-water, Roſe water one quart, white Wine one quart, Infuſe them in a Pipkin cloſe covered one night in the hot Embers, that the water may keep but warme, then boyle three ſpoonfulls of French Barley in three ſeverall waters, then take Egrimony and Sorrell di. M. Borage, Bugloſſe, di. M. Fennell two roots picked and ſlyced, the bottome of a white Loafe ſteeped in Malmſey all night, three large Mace, Rayſins of the Sunne ſtoned iii ℥, ſix Cloves bruiſed, halfe a Cock, ſixe Knuckles of Veale, red Sanders i ℥, Sage and Roſemary ana i M. ſixe Cap-

dates ſtoned and cut, let all theſe boyle cloſe ſtopped one houre, then put therein ſixe Pearmaine Apples pard and ſlyced, let all theſe boyle till it come to a Maſh, that there remaine but five pintes, then ſtraine it, drink of this warme, firſt and at five of the clock in the afternoone: this will comfort much, if it be too thick liquifie it with wine.

Conſumption a cured Cure.

TAke a quarter of a pound of Iordan Almonds blanched, and beat ſmall, adding thereto in the beating ſome Roſewater, one or two ſpoonfulls, then take the thigh of a roſted Capon, ſlea off the skinne, beat it in a Morter alone, then take fourteene Dates ſtoned, skinned and picked, beat them alone, then put them all in a pinte of Roſewater, boyle them three walmes with ſome Sugar, then take Cinnamon ij 3, Lignum Aloes both powdred i 3, put them in your Decoction, ſtirre them well together, then put it up in ſome Glaſſe, take the quantity of a Wallnut at once in the morning, the firſt three mornings adde to it every time Bezoar two graines.

A Dyet drink for the Consumption.

THe first weeke in May infuse in your usuall drink Succory, Devils-bit, Scabius, Water-Cresses, Lungwort, Polypodie, Coltfoot, Penyryall, and Liverwort ana ij M. bruised, and put in a thin linnen cloath bagge, and so put in your drink when it is new tunned to work therein; drink no other drink for foureteene dayes.

Cough of the Lungs to Cure.

TAke greene Box dried, and powdred fine, take so much at once as will lie on a groat, in a draught of warme white wine first and last till you be well, which will be when you see your selfe voyd blood, then leave your Medicine for you are well. *Probatum est.*

Cough of very hard Phlegme Nature.

BOyle two quarts of Cream, halfe a pint of honey, and di. pinte of Linseed oyle till it come to an oyly substance, dip therein a red thick woollen cloath, wring it hard and lay it on the Region of the Stomack as hot as you can suffer it, then cover it warme with

with another dry woollen cloath all night and morning till you be well.

Cold hoarcenesse to cause to speake cleare presently.

TAke a Porsnet of scalding water, put therein two Handkerchiefes viij times double folded, wring out the water, hold it to thy Nose and Mouth till it be cold, then put that in the hot water, and take out the other, & so one after another till you be wel.

Cough very old to Cure.

TAke *Diatra gaganti frigidum diapendij, suis speciebus* ana i ʒ, the Liver of a Fox powdred i ʒ di. Lycorice and Maydenhaire ij ᵈ. all powdred together, take them mixed in the syrup of Mirtles as an Electuary on the point of a knife as oft as you see cause.

Consumpsion a Medicine.

TAke good Malmsey a pottle, put therein as much crums of Manchet hot out of the Oven as will suck up all the Wine, adde thereto of Cinnamon powdred iii, ʒ, tenne

Cloves bruised, distill this, and put thereto so much Sugar, as fits your Taste with two graines of Musk, the Dosse is three spoonfulls morning and evening first and last.

Chollick a present remedy.

TAke Gum Hederæ, warme it that it may spread on a peece of Scarlet the breadth of a shilling or broader, apply it hot to the Navill; your best Gum is sweet, cleare, and soft.

Cough, and strong Consumption, a Potion.

TAke Malmsey one quart, roots of Mallowes, & Fennel pithed, Lycorice mundified, Anniseed bruised ana ij ℥, Coltsfoot, Longwort, Violet-leaves, Hysop, red Sage, Raysins of the Sunne stoned, Figgs shred, white Sugarcandy ana iiij ℥, boyle all these in a Pipkin close covered to halfe, then straine them out hard, adde thereto white Sugar iiij ℥, of the roots of Ireos, Florentine ii ʒ, let it boyle one walme more, then straine it, and take of this first in the morning, fast two houres after, and last to bed-

ward, if you need to purge, infuse in a draught thereof over night Sena iiij ʒ, strain it, and drink it in the morning.

Chollick and Stone, the Cure.

TAke Parsly-seed, Gromell-seed, long Pepper, Ieat, Amber, Corall, Ginger, Nutmeg, Bay-berries, Enula Campana ana ij ʒ fine powdred, drink of it warme in a morning as much as will lie on six pence in white Wine or Broath, fast two houres after.

Chollick of Winde.

TAke Seahorse Pizell, Hartshorne, and Enula Campana, ana i ʒ fine powdred, take so much of this as will lie on a shilling in Anniseed-water fasting, or as you need.

Chollick and Stone, the Cure.

TAke a pottle of white Wine in a Pipkin, put two faire flint stones in the fire till they be red-hot, quench them one after another twenty times in the Wine, then put

therin Speare-Mints, Polypody of the Oak, Hyſop, Sage, and Roſemary ana i M. boyle them a good while, then ſtrain it, and put it in a Viall cloſe ſtopped: In the morning faſting drink a draught with theſe powders, Parſly, Fennell, and Carroway ſeeds, Philypendula, Saxafrage roots, Grommel, Brome, and Alexander ſeeds; the kernel of Cherry-ſtones dried, the round bones of the Thornback all powdred together ana iij ℥, drink of this powder every morning in your wine one ſpoonfull, faſt two houres after, and faſt at night, take this ſyrup, of Spiknard, of Iuniper berries, of Graſhoppers the head and feet cut off powdred ana ij ℥; compound them together, and drink ij ℥ in a little warme white Wine.

Collick the Cure.

FAt faſting every morning hot Broath made of Alexanders, and drink the compound water of them, & Aqua-vitæ ana ij ℥.

Alſo drink the powder of Iuniper berries in Alexander water and ſtale Ale ana warme is good. Alſo S. Iohns wort ſmall chopped, and put thereto Pidgeons dung, a good quantity of honey, fry them in freſh Butter, and very warm bind it to the navil.

Cramp

Cramps, Convulsion, or shrinking Sinewes.

TAke oyle of Turpentine i ℔, Turpentine di. ℔, oyle of Bayes iiij ℥, oyle of Spick i ℥, Iuniper berries di. ℔. Castor, Euphorbium ana i ℥, Cloves, Mace, Nutmegs, Cinnamon, Frankincense ana i ℥, Mummy i ℥, Brocks grease ij ℥, digest them all for one moneth in horse dung, then distill them according to Art, and therewith anoynt the place grieved; this also healeth old Wounds and greene Sores.

Cramp, the Cure.

TAke Brimstone and Verveyne, binde it to the Pulse, and be ever freed.

Cods swelling to Cure.

TAke Rue, Bay leaves, Purslay, Beane meale, Fengreeke and Linseed ana ij ℥, boyle it in new Cream, with a spoonfull of Hoggs grease to a Poultis, so apply it: Or take Rye Leaven, mingle it with strong Lie and apply it; this helpeth.

Cam-

Camphire Water to heale.

TAke Camphire prepared with the white of an Egg, infuse it in Fumitory water, mix them well together, use it to coole heale, and skin.

Cornes in the Toes to Cure.

TAke Marigold leaves, Hearbgrasse, and the broadest Plantaine ana i M. stamp them in a Morter, then put them in a close stopped Pot, with ten spoonfulls of water, so let it stand twelve dayes till it stink, then straine out the liquor, with it anoynt the Cornes, and wet a double cloath therein, and lay it on them till they be well, so use it.

Carbunckles to ripen and breake.

POwder Bay-salt small, mingle it with the yolk of an Egge, and lay it on the sore, it heales.

Canker

Cankers inward or outward to cure.

ROst Sorrell cleaned of the stalks and strings, take onely the pure leafe in a wet browne paper in the Embers when it is soft, mix therewith halfe so much honey, as much Wheat flower, and as much burnt Allom, compound all these together in a Morter to a plaister, apply it to the Griefe cold, if the Griefe be inward Minister three Pills thereof morning and evening; wash the Sore with a Lotion made of Plantaine water, burnt Allom, and so much calcined Vitriall as will make it blood-red.

Cramp in Arme or Legge, the Cure.

TAke great Onions, roast them, make a Plaister thereof, and lay it warme about the joynt as hot as he can suffer it, dresse it three times, and cured.

Canker or Pock in any part of the Body to Cure.

MIx the fine powder of Mercury with the powder of Bole, mix it so that the colour be very pale, this killeth either of these griefes.

Deafenesse

Deafenesse to Cure.

D TAke oyle of Castor ij ℥, oyle of Rose and oyle of bitter Almonds ana i Aqua-vitæ ij ℥, mix all together, an boyle it till the Aqua-vitæ be consume then every night to Bedwards drop four drops one after another in the Eare, stop with Cotten that smelleth of Musk.

Another.

TAke a spoonefull of the liquor th fries out of a greene Ashen boug burning in the fire, and the oyle of silver Eele ana, of the Gall of a Hare, an black bony ana, one spoonfull of Singreen boyle them all together, and drop a little i your Eare, as need requireth.

Diseases many and generall an Electuary.

TAke red Rose leaves dried, red Coral Guiacum, Acorus, Carroway seed, Ivory Cinamon, Bolearmoniack, Eg-shells all dr ed, Rosemary powdred ana ij ℥, Nutmeg Clove

Cloves and Mace ana i ℥, Sugar powdred ij ℥, Iuyce of Plantaine, Knotgrasse, Shepcards purse, Houseleeke, young Bramble tops, and Sorrell ana i M. or so much of the Iuyces as will make it up an Electuary, take one spoonfull thereof morning and evening warme, If it be for the Gonothœa first fumigate him upon a close stoole with Frankincense, it stayeth bleeding, & is good against the Plague, it is good for old Vlcers, and all Fluxes.

Dropsie, a Purgation for it.

TAke Mechoacan, Sugar, Diagredii, Rubarb, Sena, Spiknard ana ℥ j, Annifeed ij ℥, Cinnamon, Mastick, Ginger ana i ℥, let all these be fine powdred, the Dosse is i ℥ in white wine or Posset Ale three dayes together. Then take Hysop, Violets, Rosemary, Vervine, Bettony, S^t. *Johns* Woort, Mouse-eare, Plantaine, Avence, Sage, Fetherfew ana i M. wash them cleane, then dry them, and bruise them in a Morter, then put it in a new glassed Pipkin, put to it one gallon of white wine, so let it stand all night close stopped, and on the morrow seeth it to one Pottle, then straine it thorow a haire Sive, and put it up close, then drink it first and last

nine

nine dayes together, at night hot, & at mo-
ning cold, halfe a pinte at a time.

Dropsie, a Medicine.

TAke Dragons, Spiknard ana i ℥, Alch-
net di ℥, powder them, drink of th
powder in Ale or Beere, as much as wi
lye on six pence at one time.

Dropsie a Dyet-Drink.

TAke Iuniper thinne shaved, and the be
ries bruised, Ash Bark, Sassafras root
Wallwort roots, Caper roots, Camoc
roots, Marsh Mallow roots ana i M. Pars
roots, Eringo roots, Fennel roots all bruis
ana i ℥, Parsly and Fennell seeds bruised a
i ℥, put all these in a Pipkin close covere
put upon them as much scalding water
will cover them, then put it up, and pas
it close, so let it stand in hot Embers a
not boyle xxiiii houres, then put all the
in a Ferkin of new Ale of seaven gallons, s
let it work together till the Ale be stale
drink no other drink during the cure drin
this at all times.

Drops

Dropsie or any other Disease, a Treakle to cure.

TAke the powders of Rue and Bettony ana ℥ x, Wormewood and Centory ana ℥ 3, Gentian, Myrrhe, Aristolochia rotunda and Ivory ana ℥ i, Pulverize and Cearse all these, mix them with clarified honey to a treakle.

Dropsie, an excellent Potion.

TAke Rue, Sage, Bettony, Polypodii of the Oake, Water-cresses, green Broome, Hyssop, Parsly and Fennell roots pitched, roots of Lovage, of Flower-de-Luce, Gladwine the middle, take of the Elder the small slot burre ana i M. boyle them in Barly water, and white wine ana, mix it with pure honey q. suffic it, let the Patient drink of it fresh and last till he be well.

Deafenesse, a pretious Medicine.

TAke honey, the juyce of Singreene, the water that droppeth from a greene Ashen

Ashen Batt in the fire ana, compound them together, infuse it warme in the deafe eare

A Defensive to stay Impostumes or Inflammations from all greene Wounds, apply it both sides the wound.

TAke the white of two Egs well brayed put thereto Wheat flower, powder of Bole-armoniack, and powder of Sanguis Draconis, mix all these well together, and apply it as before, this stayeth & repercusseth all humors, if any heat happen in the wound then adde thereto Vinegar, Rosewater, and Singreene, or Plantaine juyce, this will dissolve all Inflammations or heat quickly.

A Defensive for greene Wounds.

TAke oyle of Roses, Bole-armoniack ana ij ℥, Terra sigillata, and Vinegar ana i℥ Camphire ij ᵈ. Nightshade, and Singreene ana i M. beat the hearbs, straine the juyces mix all together cold, so apply it, if it be too thinne thicken it with Barly meale.

Dropsie

Dropsies, Pox, Consumption, or any Disease.

TAke a pinte of spirit of wine, infuse therein Zarza perilla thinne sliced, so much as will colour the spirit of wine, yellow as gold, thē dissolve in it Gum of Guaiacum ij ℥, straine it, and adde thereto naturall Balme di. ℥, take hereof one spoonfull in a draught of small Beere or Ale morning and evening till you be well.

Diascordium, an excellent Cordiall to make.

TAke Cinnamon, Lignum Cassiæ ana iij ʒ, Scordid or water Germander j ℥, Dittany or Candy, Tormentill, Bistorta or Snakeweed ana iiij ʒ Galbanum, Arabis, or Candy Mustard-seed j ʒ dj. Gentian iiij ʒ, Bolarmoniack j ℥ dj. Terra Linnen iiij ʒ, Opium j ʒ dj. Storax, Calamint iiij, ʒ dj. Sorrell-seed j ʒ dj. long Pepper, Ginger ana ij ʒ, pure honey ij ℔ dj ℔. Conserve of red Roses j ℔, Aromaticall wine dj ℔, boyle all these two walmes to an Electuary.

D

Eyes red and watering, the Cure.

E SPread the white of a new layd Egge on a red Colewort leafe when you goe to bed, plaiſter the eyes therewith; or the gall of a Partridge, or the gall of a Turtle put into the eyes, helpeth the dimneſſe.

Eyes that ſeeme blinde, the Cure.

TAke Smallage, red Fennell, Rew, Vervine, Egrimony, Bettony, Sage, Sinkfoyle, Pimpernell, Eufrage, Celendine, ana j M. waſh them, & ſtamp thē wel, put them in ſome veſſell; take powder of xv pepper cornes well ſearced, one pint of wine, three ſpoonfulls of boyes urine that is very young, boyle them together till the juyce of the hearbs bee in the wine, then ſtraine it out hard, and put it in a Vyall cloſe ſtopped, and with a feather drop it in the eyes cold for fifteene dayes; during the Cure, drink Beere wherein is infuſed over night (to drink next morning) Tormentill and Penny-graſſe.

Egiptiacum

Egiptiacum to make.

TAke Verdigreaſe iiij ℥, powdred Allom ij ℥, Vinegar vj ℥, Honey j ℔, boyle all theſe till it be red, this cleanſeth and ſiccatriceth old ſores.

Emrods, the Cure.

TAke two Handkerchiefes viij double, put them on a Chafingdiſh of coales in a diſh of white wine, ready to boyle, or ſeething hot, then wring out one of them hard, and lay it on the griefe as hot as hee can ſuffer it, let it ſo lie till it waxeth cold, then put that in the diſh, and ſo doe one after another; for halfe an houre at once, uſe this till it be well, which will be ſome three times; during the Cure ſome drink Milkfoyle in white wine, with the powder of Egſhells whence Chickens were hatched.

Emrods, or any other Swelling in the place.

TAke Scabius and Mulline, ſtamp them with freſh Butter and Hogs greaſe, and

make it yellow with powder of Saffron, lay it to the griefe warme.

Or take the powder of burn'd Anniseeds, Honey, and Saffron, make a plaister thereof, and lay it to the griefe, every dressing wash it with white wine wherein Scabius hath boyled.

Emrods to Cure.

1 TAke the juyce of the root of the great Burre, boyle it, and bathe the Emrods therewith very hot, then presently strew thereon the powder of red Archangell.

E

2 Or take the powders of Lovage and Rew mixed with Honey, make a plaister thereof and use it.

3 Also boyle the leaves of Mercury very tender, apply it thereto as a Poultis very hot, dresse it twice a day and be whole.

4. If they bleed or water much, cast on them the fine powder of Letharge of gold it drieth them.

5 Or stamp unset Leeks small, put thereto honey and flower, lay it on warme.

6 Or stamp in a dish of the best Sope with some garden Snailes without shell

and the powder of ſome Muſcle ſhells mixed and applied thereto twice.

Eyes to preſerve by Medicines Locall.

1 THe ſmell of Marjorum is good to preſerve the ſight, to drinke Eybright in Ale, Beere, or Wine, with the juyce of Fennell, is very good, and nothing better; the powder of Eybright in a reare Egge, or in any thing elſe is alſo good; Good Spectacles much helpeth: Cinnamon, Cloves, Nutmeggs, Mace, and Pepper, are all good. Alſo the water of Eybright, Fennell, Marigold, Perlewort, or any of theſe put into the eyes, cureth. E

2 *Item*, Vervine gathered young in May, put in a Vyall cloſe ſtopped, and ſo let it ſtand till it putrifie, and a juyce ſinking to the bottome of the Glaſſe, wherewith drop it into your eyes, it helpeth all blindneſſe in man or beaſt.

3 *Item*, in Aprill gather the fineſt Fennell, put it into a Glaſſe with a long narrow neck ſome fifteene dayes, then take the

glasse softly for troubling it, powre out the cleerest thereof to another glasse to every dj ℔ thereof, put j ℥ of Lignum Aloes fine powdred, and let it so stand fifteene dayes more, then straine it twice to cleare it out, of this drop a little in your eyes, it much cleareth the sight.

4 *Item*, Lignum Aloes distilled in a Stillatory of Glasse, the water of it put in your eyes, it cleareth the sight miraculously.

5 *Item*, j ℥ of the distilled water of Rosemary flowers, with ij d. of the powder of Salt Gem dissolved therein, and dropped in the eyes, cureth the sight, and drieth all moysture from thence.

6 *Item*, the urine of a Childe, or the Lie made of Ashes of Fennell stalks, either of them dropped in the eyes, mends the sight.

Inner medicine to cleare the Eyes.

1 TAke the powder of Eybright iij ℥ Mace j ℥, mix them together, and take the waight of ij d. thereof in Fennel water in the morning, fasting three houres after.

2 Take the juyces of Fennel Vervin, and Roses ana ij ℥, Eybright, Endive and Celendine

lendine ana d j M: boyle the hearbs in two pints of water till halfe be spent, then with the juyces and the Decoction, boyle it with Sugar to a syrup, take of this syrup ij ℥, in Eybright water ij ℥. If the body be windy; adde to the aforesaid powders Anniseed and Fennell seeds ana j ℥.

Eyes that have Pearles, a medicine.

TAke Dazies and the roots, red Fennell, & Alehoof, stamp them together, take the juyces of them, and drop two or three in the contrary Eare warme, on that side the griefe is not, till the Pearle fall off, use this every day morning and evening.

Eyes that have Pearle or Web.

1 TAke the white of two new layd Egges very hard boyld, the shells and yolk being taken away, put the white in a Morter with j d. of fine powder of Copperas, pound them together, then put to it two small spoonfulls of Rose water, then straine it hard thorow a linen cloath into a Glasse, let it settle with the clearest water thereof, drop it in the eyes with a feather.

2 Or take the white of two egges, very hard sodden, white Sugarcandy j ℥, white Copperas j ℈, both fine powdred, white Rosewater one spoonfull, stamp the egge, Sugarcandy and Copperas together, then put the Rosewater thereto, straine it hard into a Glasse, drop thereof three times a day into your eyes.

Another.

3 TAke all the head of a black Cat burned to Ashes, blow some of that powder with a quill thrice a day into the eye if the paine be great, especially in the night, lay thereon some Oaken leaves doubled together, and wet in Rosewater on the eye, renew them as need requireth, it cureth.

E

Another rare secret for the same.

4 TAke nine Wormes, you shall finde them in old hollow timber with many legs, called Hogs or Swines Lice, if you touch them they will be round, stamp them with the juyce of Celendine or Betonie, then straine them well, let the Patient drink

drink it fasting warme, not eating in two houres after, use this three mornings together, it will cure.

Or this.

TAke the white of an egge, and the juyce of Pelitory of the wall beaten together and scummed, one drop of that liquor in the eye cureth, *Probatum est.*

For the eyes, The vertue of Tormentill.

BOyle the hearb Tormentill and roots in white wine, till the third part be spent, let the blind drink of this Potion nine dayes together, a draught in the morning cold, and at night blood-warm, and within that time (God willing) he will recover: if the eye be hurt, boyle this hearb stamp'd in white wine and a little water, binde or plaister it to the sore eyes. If you infuse a good quantity of this hearb in a small vessell full of wine, and no other drink daily, it will recover sight though long blinde.

Eyes

Eyes to cleare, An approved distilled water.

1 TAke the juyces of Rew, Fennell, Celendine, and Eybright ana ij ʒ, honey ʃj ʒj. Aloes tutiæ, and Sarcocollæ ana iiij ʒ, the Gall of a Capon or a Cock ij ʒ, distill all these in a Limbeck of Glasse, drop this water cold into the sore Eyes once a day three drops together, and use it till hee be well.

2 Or take the waters of Roses, Vervine and Fennell ana iiij ℥, strong white wine iij ℥, Tutia prepared, and Sugarcandy ana ij ʒ, Aloes hepatick ij ʒ, powder fine all the simples that is to be powdred, mix them with the waters and wine, let it so stand covered one whole day, then straine the liquor easily in a faire Glasse, and use to drop three drops at once in the eye.

Eyes to Cure all griefes.

TAke iij ℥ of unslak'd Lyme, infuse it in ʃj. ℔ of raine water in a Glasse vessell three dayes, then stirre and mix them well together, let them settle againe foure and twenty

twenty houres after, powre out the cleare water very cleane, then put thereto a roof Salarmoniack the whitest you can get, very finely powdred, let it therein dissolve by long standing and oft shaking; then let it settle, and powre the clearest water off it, or filter it away by Distillation, drop three drops of this in the Eye at once, and so continue it three times every day, till it be well; this cureth Spot, Pearle, Web, or any thing else in the Eye, be it Canker or Burning.

Falling sickneſſe, the Cure.

MAke two Plaisters as you doe of Mastick, of Sanguis Draconis, spread it with a hot knife, and lay them to the Temple veines.

Falling sickneſſe or Epilepsia the Cure.

FIrst every full and change of the Moone, Purge one day, and Vomit another, then kill a Jay, and dresse him, fill his body full of Cummin and Anniseeds bruised, then put the Jay so dressed in an Oven after bread is drawne, untill hee be so dry that you may

beat

beat his body, sides and bones to powder, then take of this powder j ʒ at a time in Broath, or any other way at pleasure morning and evening till he be well.

Feaver to prevent, or all other diseases by this cooling Cordiall.

TAke Liquorice mundified j ℈, Carroway seed, and Cardimonium ana dj ℈, Hyssop, and Carduus Benedictus ana dj M. of Galingale ij ʒ, bruise your drugs, and binde your hearbs in a bundle, boyle them all in a gallon of water close covered, till one pint bee consumed, then let it so stand till you strain it six houres, then let the Liquorice and Cardimonium remain still in your strained drink; take thereof morning and evening at your pleasure, this worketh mervailously in preserving strength.

Flux of blood to stop and Cure.

TAke the round mossie Bur that groweth on the Briar that is the wilde Rose, dry it, and powder it, drink thereof in red or Claret wine morning and evening first and last.

Flux

Flux or Womans Menstrous to force or bring.

TAke Germander, Mugwort, Pennyryall, Balme, Hyssop, and Mallowes ana j M. Rew, Sage, Wormewood, Soothernwood, and Marjorum ana dj M. Saffron j d. Castor j ℥ thinne sliced, Enula Campaine, and Cinnamon ana j ℥ powdred, boyle all these in a pottle of water to the consumption of a quart, then strain it hard, and put thereto white Wine one pinte, drinke thereof first and last, morning and evening.

Bloudy Flux to stay, especially of Women.

MAke a paire of Beads of the Seahorse-tooth, and weare them on both your wrists, let no young woman weare them but on xxiiij houres, for feare of further danger.

Flux

Flux of Blood, or Gonoria Pills to stay it.

TAke Marmalet of Quinces ij ℥, Corall, Cinnamon, Amber, Shepherds purse, Alchenet, Acatia ana ij ℥ powdred and searsed; mix them together to a Masse for Pills take foure of these Pills morning and evening first and last.

Fistula, the whole Cure.

FIrst, purge the humour offending, then take the Soles of old Shooes dried, burne them in a cleane hearth with Oaken wood to a bright coale, then lay it where it may consume to Ashes alone, then adde to the waight of the ashes, so much greene Copperas fine powdred, as the Ashes of the Sole waigheth, and halfe so much waight of the powder of burned Allom as the Copperas waigheth, and halfe so much of the powder of golden Seacoale as of the burn'd Allom, then grinde all these together on a Painters Stone, or in a Morter to fine subtle powder, so put it close up till you use it either for Fistula or old sore: when you are to

to uſe it, take the Creame of the morning milke of one Cow, ſet it by it ſelfe all night and one day; the next day caſt away the greeniſh water in the bottome of that Creame, then lay a ſpoonfull of the Creame on a Trencher, then mix ſo much of the powders therwith as wil make the Creame black and thick, then make your Tents of one inch long and no longer, if the Fiſtula be never ſo deepe, and role the Tents well in the medicine, and teat the Fiſtula therewith two times a day, & it wil work out in ſmall puſhes, wheales from the bottome, cover the Sore with a red Colewort leafe, when it is well digeſted, heale it up with plaiſters fit for it.

A vulnary Potion for the Fiſtula.

BOyle in a quart of Springwater, Cloves bruiſed, Pimpernell, Egrimony, red Colewort, Valerian, Mouſeare, Dorſoot, and wilde Tanzie ana j M. waſhed and chopped, boyled all in a Pipkin cloſe covered till halfe bee waſted, then put to it two ſpoonfulls of honey, and one quart of white wine, then let it boyle two walmes, and ſtraine it hard forth, keepe it in a cloſe

Vyall,

Vyall, drink of it morning fasting at three in the after-noone, and last to bed; In Summer cold, and Winter hot, untill the Potion commeth out of the Orifice of the Fistula, which must be ever kept open with a Gentian tent.

Fistula or Cankers the Plaister, to Cure.

TAke Letharge of gold j ℔, oyle of Roses ij ℔, white Wine Vinegar, and old Vrine ana dj ℔, boyle it till the Vrine and Vinegar be consumed, adde thereto in the boyling Wax ij ℥, Frankincense j ℥, mix it, and it cureth.

Fistula, a Lotion to wash, or Seringe that cureth.

TAke Bolearmoniack iiij ℥, Camphire j ℥, white Vitriol iiij ℥ all powdred, boyle the Copperas and Camphire in a close stopped Pipkin till they be melted, still stirring them till they grow hard, then powder them and the Bolearmoniack together very fine, then put the powders up in a strong bladder, when you use it, take a pottle

bottle of running water, put it to the fire till it begin to boyle, then take it from the fire, and put therein three ſpoonfulls of the powder, as much as you can heape and preſſe on, put all in a double Vyall, ſhaking it twice every day for fourteene dayes before you uſe it, let it ſtand and ſettle very cleare, and apply it as hot as the Patient can ſuffer it; if it be for a ſore, wet a double cloath foure times double, and apply it, if for a Fiſtula uſe the Seringe, dreſſe it morning and evening till you be well: this cureth old Sores, Fiſtula's, Puſtuls, Cankers, ſcabs in the head or body, greene wounds; if you will have it ſtronger, put unto it burnt Allom j ℥ powdred.

Fiſtula in the corner of the eye, or elſe where.

TAke Hempſeed, Southernwood, Fennell, Parſly, Strawberry leaves and rings, Ribwort, Tanzie, Smallage, Garden madder, red Colewort leaves ana j M. Nutmegs powdred j ℥, boyle all theſe in three pints of water, then ſtraine it, adde thereto

F. honey

honey iiij spoonfulls, therewith bathe the Fistula thrice a day, at every dressing let the Patient drink of this Potion iiij spoonfulls warme; if the Fistula be deepe use a Seringe, and wet a red Coleleafe and lay thereon, you need not tent it; let the Patient sometime with his Potion drinke Triacle diatessaron j ℥, in a morning in his bed very hot, and sweat two houres after it. If humours flow much, purge once in ten dayes, Also keepe the Orifice open with Gentian tents that it close not; Also after that make tents of linnen washed in a Buck and not in Sope, scrape lint of them, for tents wet them in fasting spettle, then let them dry, and dip them in the Creames and powder before set downe.

Fistula or sore mouth, a Lotion.

TAke Guiacum iiij ℥, Plantine, smal Cranes bill, Comfrey, Knotgrasse, Shepheards purse, Woodbine, and Briar leaves ana j M, boyle all these in three pintes of Smiths water till halfe be consumed, strain it in the liquor, and mix it well, keepe it for your use, if you will have it stronger, put thereto as much burn'd Allomas two Nutmegs, use it alwayes warme.

Face heat, the Cure.

1 FIrſt, purge with Pillule aggregative j ℥, then take Camphire j ℈, prepared Cinnamon ij ℥, Brimſtone, Ceruſe, and Maſtick ana ij ℈ all fine powdred, and wrought up with oyle of white Roſes to a Cerote, anoynt your face with a bigge Pill made thereof as bigge as a Cheſnut, ten nights together to bedward, in the morning wipe it hard with a dry linnen cloath, but waſh it not all the ten dayes, then waſh it foure mornings together with juyce of Lemmons and Buttermilk, the Lemmons ſliced therein.

2 Alſo if you quilt bay ſalt fine powdred in a paire of linnen Socks, and weare it under your feet, it helpeth much, Abſtain from ſalt meats, Spices, meat browne roſted or fried, wine, ſtrong drink, Onions, Garlike, or Muſtard, uſe in your Broaths Purſlaine, Sorrell, and Violets, and all other coole herbs.

3 Or take a quart of ſweet Creame, ſmal ferne roots j M. cleanſed and bruiſed very ſmall, boyle them in the Creame till it come to a Salve, anoynt the face.

Face to cleanſe, a water that taketh away all deformity.

TAke Pippins pared and coared, then ſliced, Lemmons thin ſliced, then take pure Manchet, and crum it fine, put it in new milk, with all the other, and j ℥ of Camphire thinne ſhred, then diſtill all theſe in balneo, uſe this water as you need it.

Face Moles to take away.

TAke the meale of Fengreeke, Honey, and Water-creſſes ana ſtampt, and incorporate them together, make a plaiſter thereof, apply it to the Mole.

Falling ſickneſſe, the Cure.

TAke powder of the Miſtletoe of the Oake, ſingle Piony roots, the powder of Mans ſcull dried hard in the fire ana j ℥ Balm ij ℥, Sage flowers, Roſemary flowers Marigold flowers ana ij ℈, flowers of the line tree Lillies of the valley ana iij ℥, powder all theſe, and ſearſe them, take iiij ℥ of this powder in the warme Julip following every morning faſting: Take Cowſlip water diſtilled

distilled j ℔, syrup of Cowslip iiij ℥ mixed together to the likenesse of a Jelly. Also take this syrup a day as occasion serveth, roots of Piony, Mistell of the Oake ana iiij ℥, Cinnamon vj ℥, Marigold flowers, Lilly of the valley, and Lavander flowers ana M. red Rose leaves ij M. all grosse bruised, and put in a vessell with a narrow mouth, put thereto so much Aqua-vitæ as will cover them foure fingers over, then stop it close, and put it in a balneo for foure dayes, till it be red in colour, then straine it thorow an Hipograsse bagge, then put to it Sugarcandy powdred dj. ℔, mix it well together, then put fire to it in the pot as you burne Sack, and so let it burne to a syrup, then put out out the fire, so take it; if he have any griefe in the head, let him weare a Cap as followeth.

Take Marjorum, Bettony, Balme, Rosemary, Stœchados ana dj M. red Rose leaves, the rinde of Citron ana iij ℥, Cloves, Mace, Nutmegs, Cubbes, flowers of line tree ana iij ℥, all grosse powdred, and quilted with Cotton bombasse, covered with Taffaty or Holland, make it in forme of a Cap, and weare it on your head.

Face heat by humors flowing.

TAke Sorrell, Succory, Dandelion, and Sowthiſtle ana j M. the buds of young Hops, Parſly roots ana vj, Fennell roots iij ſliced and pithed, and boyled in three Gallons of Alewort, put Yeſt to it, and drink it at foure dayes old, drink no other drink while it laſteth.

Face very red pimpled, and Sans phlegme to cure.

E

POwder the liver of a Hare being well dried, drink of that powder in your uſuall drink, but better in an Allom Poſſet-Ale, ſo much as will lie on a nine pence firſt and laſt, morning and evening, *probatum eſt* by a Gentlewoman much grieved with this Infirmity, and cured herewith.

Flux to ſtop.

1 MAke an Allom Poſſet, boyled in milk, drink of it firſt and laſt, it cures.

2 Or Make a Cake of Wheat flower, with

with the juyce of Plantine and Comfrey, with a little Alknet, bake it hard, sop it in good red Wine, with powder of Cinnamon, eat the Sops, and drink the Wine; it cureth.

Tents to make for Fistula's.

1 MIx the powder of greene Copperas, and Beane meale ana, confect them together with hard scraped French Sope in a Morter tent therewith, it will bring forth broken bones.

2 Or the powder of Euphorbium and Mastick ana mixed, boyle them in white Sope, when it cooleth make tents thereof, it consumeth all moystures.

Flesh to fret or eat away.

THe powder of Euphorbium will fret away flesh layd thereto.

For Fractures or Bruises, a Searecloath.

TAke Rozine and Wax ana iiij ℥, Perosen ij ℥, oyle iiij ℥, melt them hot togeF 4 ther,

ther, and adde thereto the fine ſearced powder of Cummin, mix them well together, then hot dip your Searcloath.

A ſtrong Powder for Fiſtula or old Sores, apply it with Tents or otherwiſe.

TAke Auripigmentum, Verdigreaſe, gals, Salt Gem, ſalt Armoniack, Harts horne burn'd and powdred, the bones of a Hare burn'd, Mans dung burn'd, Egſhells, Oyſterſhells, Muſcleſhels, all burn'd, Sanguis draconis, Tartar, Letharge of gold, the ſhells of a water Crab burn'd, unſlaked Lyme, Pepper white and black, Ginger, Frankincenſe, Glaſſe, Maſtick, and an old Shooe all burn'd, and fine powdred ana, then adde thereto the powder of burnt Allom, as much as of all the reſt in weight, mix all well together, and apply it as before.

Fire wilde, or St. Anthonies fire.

TAke the Lees of Claret or white wine and the dreggs of Vinegar, the whites and yolks of egges well brayed and mixed togeather, and lay it to the griefe.

Fiſtula

Fistula's or foule Vlcers a Lotion.

BOyle one quart of Spring water, Rosemary, Sage, Dazies, Dovefoote, wilde Tanzie, Egrimony, and Plantine ana j M, bruised Allom as much as a Walnut, white wine Vinegar ten spoonefulls, English honey foure spoonefulls, then straine it hard, and put to the liquor so much powder of burn'd Vitrioll as will colour it like bloud, use this with Seringe or Lotion.

For the Fistula a Potion used by the Ancients.

TAke Barly mundified, and the leaves of Celendine ana j ℥, Centory, Egrimony, and Plantine ana ij ℥, Aristolochia longa iiij ℥, the leaves of Olive, and Dropwort ana ij ℥, cut them all, then pound them, and boyle them in white Wine with Sugar, drinke a draught of this Decoction every morning fasting one houre after.

Falling

Falling-ſickneſſe, the Cure.

TAke the bloud, livers, and hearts o Moales dried and powdred, give j 3 o this powder in Piony water, in the mo ning, faſting two houres after, uſe it ſix mornings.

Fiſtula, a Tent.

MIx the powder of Hermodactills wit French Sope, make a Tent.

Fleſh dead to fret away.

LAy the powder of Hermodactills on th Sore, it will cleanſe it.

The beſt Potion in the world to Cure the Fiſtula.

TAke twelve Cloves bruiſed, Pimpe nell, Egrimony, Valerian, red Colc wort, Mouſeare, wilde Tanzie, Dovefoote Strawberries, Plantine, red Madder, an ſharp Dock ana j M, bruiſe all theſe in ſtone Morter, boyle them in two quarts o

Sprin

Spring water sufficiently, then straine it hard out, put the liquor to the fire againe, adde thereto one quart of white Wine, honey vj ℥, let the Patient drink thereof morning and evening first and last for foureteen dayes; this drink is of an incredible efficacie, for it cleareth all corruption from the Fistula in thirteene dayes, and broken bones. If the Patient vomit up this Potion three dayes together at the first taking hereof, his Cure is to be doubted; if he vomit not, no doubt of his health, in drinking thereof, put Ginger thereto to allay the winde of the hearbs.

For a Trush in a sucking Childs mouth, or any sore.

MAke a hole in the crowne of a new laid egge, & take out all the meat, fill the shell with Honey & burn'd Allom mixed, let it boyle on the fire, still stirring it with a Bodkin, then take it out, and dresse the sore.

Foule festred Sores and Cankers.

TAke Ink, Auripigmentum, quick Brimstone, Salt Gem ana, dissolve them all in

in Vinegar, and put them in an unglaſſed Pipkin, and cloſe it well that the fume goe not forth, and burne it therein till all come to aſhes, then powder it, and waſh the powder in Vinegar, or infuſe it in Vinegar that is warme, and put thereof preſently on the Sore, as ſoone as it is quenched in the Vinegar, then lay this oyntment following thereon, *viz.* red Lead, the fat of a Goat, filings of Copper, mix them, and make an Vnguent thereof.

For fretting Sores, a Cure.

F

TAke oyle of Radiſh roots & Salt, bray them together, and plaiſter them on.

Fleſh ſuperfluous in wounds, or proud fleſh.

LAy on the fleſh the powder of Aſſa fætida, it taketh it away, the aſhes of burnt wooll doth the ſame. Alſo the powder of wilde Calamint or Scordium will conſume the proud fleſh, and kill the wormes.

Gowt, a Medicine.

TAke Mutton ſewet untried iiij ℔, the kidnies j ℔ dj. ℔, greene Bay leaves, Wormewood, and Rew ana j ℔, red Sage, and Mercury ana j M, let the hearbs be all greene gathered in the midſt of May, and beat in a ſtone Morter by little at once as you may well, beat them ſmall like greene-ſawce, then boyle them in a cloſe Pipkin halfe an houre ſoftly, adde thereto Sallet-oyle j quart: let it boyle one walme, when it is neere cold ſtraine it hard, and put it in Gally pots, and with this anoynt the Gowt cold, without heating it, then lay on this Searcloath following, *viz.* Peroſine dj ℔, virgin Wax ij ℥, melt them on the fire in a Pipkin, adde thereto oyle of Roſes, and red Roſe leaves powdred ana ij ℥, boyle them all one walme, make your Searcloath, lay it on the Griefe three dayes, without removing. G

Gowt, Medicine the King uſed.

TAke ſo many Raiſins of the Sunne ſtoned as wil make a plaiſter for the griefe, pound them like morter, then plaiſter

fter there, if the Griefe be extreame, mi
ſome Opium therewith, it will eaſe th
paine.

2. *Item*, anoynt the Griefe with oyle
Wax, it eaſeth much.

3 *Item*, the Gall of an Ox, and Aqua-vit
ana, as much oyle of Exeter as all the oth
mixed together, and anoynt the place there
with warme, and wet a double cloath the
in, and apply it thereto.

Gonorrhæa, a Pill that cureth.

TAke Bolearmoniack, Turpentine waſh
in Plantine-water, Maſtick, Borax, drie
Eggeſhells ana ij 3, Anniſeeds, Drago
bloud, red Corrall ana ij 3 all pulveriſe
and ſcareed, then compound them to a Maſ
for Pills, give thereof morning and evenin
firſt and laſt ij Pills, drink oft red Wine o
Alegant.

Gonorrhæa or womens Whights.

TAke the powders of Sanguis draconi
Corrall, Creſſes ſeeds, Alchenet, Acor
cups, Terra ſigillata, and Venice Turpe
tine all powdred ana iij 3, confect them
with

with Triacle, and Conserve of red Roses to consistence, take thereof first and last, morning and evening one or two drams till you be well.

Gonorrhæa, a Julip to strengthen the back.

TAke Capdates twelve, small Nuts five pints, stamp the kernels by themselves, and the shells by themselves, take Brocklime, Nepe, Clary, Dazies, Dandelion, and Plantine ana j M. the pith of an Ox back, the pizle and stones of a young Ram, slit them, and make them cleane, and boyle them in five quarts of Alegant, to the consumption of halfe, make it fit for your taste with Sugar, straine it, and drink thereof first and last.

Gonorrhæa, Pills to cure it.

TAke Pearle and Comfrey roots dried, and powdred Corral, Amber ana iiij ʒ, Bolearmoniack, bark of Guiacum, Terra sigillata, terra Lemnia ana iij ʒ, make them up to a Masse for Pills with Venice Turpentine washed in Plantine water; take of this

this seaven Pills, as small as Cherry stones first and last, morning and evening, fast three houres after in the morning.

Greene sickneſſe, the Cure.

1 TAke clarified honey one pint, Rewed Sage ana ℥j M, stamp them, and straine out the juyces, mix them with the honey, stirre them all together, then boyle them one walme, put to them a little powder of Pepper, drink every morning hereof one spoonfull ʒj. warme, and fast ij houres after, and last at night the like. In the day eat Raisins of the Sunne, and use some exercise during the Cure, eat twice every day Pottage made of Water-Cresse and Brocklime.

2 Sometime use this Almond milk, take Succory, Egrimony, Cardus, French Wormwood, and yellow Dock roots ana, boyle them in faire water, then blanch bitter Almonds, take their milk and mix all together; this Decoction drunk in the morning fasting cureth.

3 *Item*, six bitter Almonds eaten in a morning for one weeke, and fast one houre after, is good.

Item,

Item, your Ale must be reasonable in the Wort, whereof must be boyled Egrimony, garden Wormwood, Costmary, Succory, and yellow Dock roots.

Greene sickneſſe, or any other griefe, an Ale to drink in the Spring.

TAke Zenne vj ℥, Wormwood & Balme ana ij M, Anniſeed and Fennell ſeed ana iij ℥, the juyce of Scurvygraſſe iij pints, water-Creſſes, and Broke lime ana j pint, let theſe be bruiſed and put in a thinne linnen bagge, with a ſtone to ſink it into foure Gallons of new Ale out of the Tun, ſo let it all work till it be foure dayes old, then drink thereof in the morning faſting dj. pint, if it purge not three or foure Stooles a day, then drink as much at night; uſe it till you bee well. G

Gonorrhœa, all Fluxes of Bloud whatſoever, and Womens Whights.

TAke of the foure cold ſeeds husked, the ſeeds of white Poppy, of Mallowes, Quinces, Purſlayne and Mittles, Pine ker-

nels, Gum Arabick, Gum Dragaant, white Sugarcandy, Liquorice mundified, Penides, French Barly, Psilium, sweet Almonds ana iiij ℥, fine Bole, red Roses, Sanguis Draconis, Spodij, Mirrhe ana j ℥, mix all these being fine searced with so much Hydromill as will make it a Masse for Trochis, make them all of the waight of dj ℥ a peece; when you use any of these, dissolve one of them in sixe spoonefulls of very hot milke, if they grow so hard that they will not dissolve, then grate or beat them in fine powder, and put them in the milk; drink or eat this Dosse first and last, it cures in five or six dayes: often proved, the body being before duly prepared.

G

Glysters to loose and fasten.

BOyle a Sheeps head with the leaves of Hollyhocks, Mallowes, and Mercury ana j M, the seeds of Fennell and Parsly bruised, the roots of both pithed, Linseed, all the seeds powdred, put in some Butter or oyle, then straine out x ℥ thereof, mix therewith Diaphenicon ij ℥, or of Diacotholicon ij ℥ as the disease requireth, minister it no warmer then you may abide the bladder on your cheeke.

Glister

Glyster for the winde Collick.

TAke Malmsey j pint, boyle therein the seeds of Parsly and Fennell bruised ana iij ʒ, mother of Thyme, Penyroyall, let them boyle a good while, then put thereto Ginger, Cummin, and Enula Campaine all bruised ana j ʒ, Sugar, Oyle *quod sufficit* for a Glister.

Gowt paine to ease quickly, on warrantize.

STamp red Archangell in a Morter with Vinegar, and binde it to the place grieved, it will presently ease, if it do not, mix a little Opium therewith, it failes not.

A Gargarizme to wash and cleanse a sore mouth.

TAke Plantin burn'd, Strawberry leaves, and Knotgrasse ana j M. Sorrell, and Sage ana j M. red Rose leaves j M. dj. mix therewith long Pepper, Pellitory of Spaine ana j ʒ ℈ ij, boyle them in a pottle of water to the consumption of halfe, then straine it,

put thereto honey of Roses i ℥ dj. and Oxymell Squilliticum; so it is made.

Another good one.

TAke Hyera picra simplex iiij ℥, Opimell Sillitticum ij ℥, the distilled waters of Hyssope, Bettony, and Organy j ℥ dj. mix them, and make your Gargarizme, minister it warme to draw humors; but when you will stop them, use cold things in your mouth as vinegar or Fountaine water.

H

Head ache of Rhewme, the Cure.

TAke one Nutmeg, Cubebs, Piony seed, Setwell roots, Marjorum, Angelica roots ana ij ℥, dry all these, and powder them fine, and make them up with honey to a Masse for Pills, whereof take every morning five small ones.

Item, fry fresh English Hops in Muscadine, and bind them as a Poultis very warme to the Nape of the Neck, renew it as occasion serveth; this helpeth.

Item, oyle of Cloves to anoynt the temple, is very good.

Item

Item, two plaisters of Flos unguentorum laid to the temples like Mastick plaisters, and on the Nape of the neck, helpeth.

Head beating or noyse, to purge away by the nose.

PVt the juyce of Beets, Bettony, Dazie roots, ground Jvie, or any of them put in a Sawcer, and with a quill snuffed in the Nosthrill, let your mouth be full of warme water, every time you doe it, then drop two drops of oyle of Amber into your eares, be eating some Crust in your mouth when you doe it, it will enter the better.

Head ache, the Cure.

TAke oyle of Roses, & oyle of Camomile ana ij ℥, wax ij ℥, Rose vinegar sixe drops, dissolve them on the fire, when it is cold anoynt the temples therewith.

Item, if the paine bee hot, adde thereto oyle of Violets, white Poppy, unguentum Popilium ana ij ℥, and ij ᵈ. of Camphire mixed.

Head, a Gargarizme.

TAke Bettony j M. Vinegar j pint, a little Cinnamon, as much Stavesacre, both bruised, boyle them together to the consumption of halfe, Gargarize with one spoonfull therof, but if the pain come from the stomack, boyle the afore-said simples in good Gascon wine, and drinke it with Cinnamon.

Or take Frankincense, Pidgeons doung, Wheat flower ana j ℥ ß, temper them with the white of an egge, and binde it to the aking place.

Humors from any place being setled.

TAke Bullocks Lights, and parboyle them, and then very hot, slit them, and lay them to the place grieved, it will draw it away.

Haire to bring againe.

TAke Bulls Tallow, honey, and oyle Tartar ana j ℥, boyle them together, noynt the bald place therewith.

Ha

Haire to cause to fall or take away.

TAke bloud-ſuckers burn'd to aſhes, mix the aſhes with ſtrong Vinegar, waſh any hairy place therewith, it will fall away.

Or the bloud of a Bat ſuffereth no haire to grow.

For all diſeaſes in head, as Megrom, Impoſtume, Dropſie, Feavers, Headache, and corrupt ſtomack.

H

TAke the roots of Pellitory of Spaine, Spiknard ana iiij ʒ powdred, Vinegar, and Muſtard mixed with the powders well together, keepe it in a cloſe Gally pot, hold halfe a ſpoonefull thereof in the mouth a good while, and ſpet from him the rhewme in a Baſon as often as he needeth, or for ſix dayes, then take this powder for foure dayes.

Take Galingale j ʒ, Nutmeg ij ʒ, Cloves and Cinnamon ana ij ʒ, Liquorice iiij ʒ, Sugar ij ʒ all powdred, take thereof firſt and laſt in good liquor, the Doſſe is halfe a ſpoonfull.

Hearing loſt, to renew againe.

TAke the Brine of Beefe, the elder the better, boyle it well, ſcum it cleane often, keepe it in a Glaſſe, take the cleareſt thereof, and wrap it warme to the eare deafe.

Heat in the Body or Liver, a Iulip.

H TAke pure French Barly ij M, boyle in a pottle of water, put therein Raiſins of the Sunne, and Prunes ana j ℥, Fennell and Parſly roots cleanſed and pithed ana j ℥, Endive, Harts tongue, Liverwort, Sowthiſtle crops of Wormwood, Mercury, Mallowes ana iiij ℥, boyle them well together in a cloſe Pipkin, then ſtraine it out hard, put the liquor to the fire againe, and put to it red Saunders powdred j ℥, Sugar to ſweeten it to a Julip what ſufficeth, adde to it Muſke three graines, uſe the drink thereof warme.

Item, if you will have more cooling, adde thereto Violets, Lettice, Sorrell, Borage, and Clivers the like quantity.

Diantho

Dianthos, which helpeth all feebleneſſe of the body, the Tiſſick, the griefe of the heart and liver after long ſickneſſe.

TAke Cloves, Galingale, Ginger, Spick, Nutmegs ana ij ℥ dj. Carraway, Annis, Cardamonium ana ij ℥, Liquorice, red Roſes, Violets, and Roſemary flowers ana iiij ℥, honey cleanſed, and Roſewater ſufficient, let them be all fine ſearced, then mix it with the honey and Roſewater, or ſimpred on the fire to a confection, the Doſſe is inj ℥.

Head Megrome, or paine, the Cure on warrandize.

TAke gray Sope iiij ℥, bray therein the whites of two Egges, and put it in a Box, when you uſe it, ſpread it on a double cloath, and lay it to the forehead even to the eares, dreſſe it twice a day for five dayes together, you ſhall finde eaſe at the firſt two dreſſings.

To cure any heat or Feaver, a Iulip.

TAke Roſewater, or Violet water one pint, Sugar dj. ℔, boyle them together by a ſoft fire, clarifie it with the white of an egge, colour it with red Sanders, ſo ſtraine it and uſe it.

Humors to ſtay that floweth out, and will not be ſtayed.

TAke the waters of Endive, Sorrell, Lettice, and Vinegar, one pint of each, boyle them together by a ſoft fire with ſufficient Sugar, drink thereof often.

Hamrods, a plaiſter to cure them.

TAke Lovage, and Rew powdred ſmall mixed with honey, make a plaiſter and apply it.

Headpaines very old to cure.

TAke Gum Arabick, Myrrhe, Saffron, and Euphorbium ana iij ℥, bray them toge-

ther

ther with the white of an egge well beaten, then applied plaister-wise on the temples and forehead; this presently cures.

Hurts in the Scull.

TAke the juyce of Pimpernell, and wet therein peeces of linnen cloath, and apply it oftentimes thereto, it will heale it quickly.

Head Megrome, paine, or winde.

PVt a lump of the best Mithridate in your mouth, as bigge as a good Hazell-nut, there let it melt without champing, holding your breath as much as you can, as it melts receive it into your stomack; this will ventole at the eares, and presently ease the head.

Jaundies yellow, a sure and quick Cure.

I TAke Plantine water one pint, Ivory powdred ij ℥, Saffron so much as will make it yellow, boyle them all two walms, then straine: drink a pretty draught thereof warme first and last.

I

2 Or take the ashes of a Vine burn'd, lay them thick on a bord foure square, devide them in nine equall parts, by making with a knife three cuts one way, and three cuts another, then with the finger make a deepe print in every one of them, then fill every hole, or print with the Patients owne water, let it so stand nine dayes, adding thereto upon the Vrine in every hole three shives of Saffron undried; if you make nine cakes of the nine heaps with the Patients water, and bake them, and then lay the Saffron as aforesaid on every one of them for nine dayes, it cureth.

3 Or take Sheeps trickles new made, infuse them in a pint of Malmsie twenty foure houres, and one whole Burre root scraped, then straine it, and drink the Wine at three draughts three mornings one after another, keepe a good Diet; in the meane time refraine all Egges, fresh Beefe, Goose, and Fish.

4 Or take Malmsie one pint, Saffron, Honey one spoonefull, Broome flowers, stamp'd ana j M. infuse them in the Malmsie, adde the juyce of Celendine a pretty quantity j M. of great knotted earth-wormes black or yellow striped and washed, boyle all these one walme,

walme, then straine it forth, and drink thereof first and last.

Ioynts nummed, or nummed Palsie.

TAke red Sage and Hyssope ana, put them in two linnen Baggs in strong Ale on a Chafingdish of coales in a pewter dish, let them boyle then very hot, apply the Bags to the griefe one after another for halfe an houre at once, use it every day till the griefe be asswaged, after so dressing with the bags anoynt the griefe with the oyle of earthwormes, oyle of Peter, and oyle of Spike ana, then cover it warme with Furre till next day, so use it.

Ioynt ache, the Cure.

TAke Oxe marrow and Sheeps sewet melted together ana j ℥, Aqua-vitæ fj ℥, oyle of Tiles and sweet Almonds ana j ℥, all mixed together very warme, anoynt the griefe therewith morning and evening till it bee well, after anoynting apply a good Searcloath thereto.

A Bath

A Bath for the grieved joynts before dressing.

TAke the inner bark of a young greene Oake, red Sage, and Balme ana j M boyle them all in strong Ale with j Mo earth-wormes mundified, let them all boyle together two houres, bathe the joynt there-with, warm ever before the other dressing.

A Potion to drink during the Cure.

DRink first and last a good draught o warme Ale, Beere, or Wine boyle with the roots of Cumfrey, Knotgrasse, So lomons seed, Balme and Dazies ana j M once in the weeke in the morning in his be drink a good draught thereof very hot wit j3 of Triacle Diatessaron mixed therewith cover him warme, let him sweat two houres.

Joynt ache, the Cure.

MIngle Oxe dung with Vinega like a Poultis, apply it hot thereto

swages paine and draweth out water.

2 *Item*, oyle of Roses and Aqua-vitæ ana mixed and warme anoynt the griefe therewith, then lay a linnen cloath, wet in vinegar and water ana mixed, and dried on very warme.

Joynt numnesse and ache.

A Linnen cloath wet in Dragon water, and applied very warme first and last helpeth.

Item, drinke sixe spoonefulls of Dragon water with j ℥ of Mithridate three mornings together, and sweat every morning after it two houres; this cureth. I

Joynt numnesse or ache, the Cure.

BOyle in water and vinegar ana, towne Cresses, Bettony, Mallow roots, and white Willow leaves ana j M. till halfe be wasted, bathe the griefe therewith very hot by the fire halfe an houre, then binde the herbs thereto very hot for xxiiij houres, so every xxiiij houres bathe it, and dresse it till be well.

Joynt

Ioynt ache a medicine.

1 BOyle dj. ℔ of Gooſe greaſe in a qua of Malmſey till it be black, and there with anoynt the griefe, if the paine re move, follow it till it be well, then purg the humor offending.

Item, after the anoynting apply the pla ſter of Diaculum ſimplex thereto.

2 Or take dj. ℔ of thinne ſcraped Har horne, boyle it in j ℔ of Linſeed oyle, and pottle of white wine till the ſalve be blac and the wine neere conſumed, then ſtrai it, and anoynt it therewith warme.

3 Or cut Diaculum ſmall, and melt with oyle of Roſes, Mallowes, oyle of Li lies and Camomile, boyle it to a plaiſter, th firſt plaiſter muſt lie on three dayes, the ne two dayes, and the third one day, wipe t plaiſter twice every day, warme it, and l it on.

4 Or take great ground Muſtardſe iij ℥, Wine vinegar one pint, three ſpoon fulls of Aqua-vitæ, boyle them to a plaiſte put in the Aqua-vitæ laſt, let the other be i manner boyled firſt, apply the plaiſter h to the griefe ſome three times, it cureth.

5 Beat a Sheeps head, horns, bones, wo

and all to pieces, boyle it with Mallowes j M. and Balme ij M. in water till the bones all out, bathe the lame member with it often till it be well.

For ache or swelling in joynt or other parts.

STamp the seed of Mustard, Fengreeke, and Linseed ana j ℥, Figs twelve all together to a Pomace, then boyle them in oyle and Aqua-vitæ ana dj. pint to a plaister, use it hot to the griefe some foure times.

Joynt swolne with winde and water, to draw it out.

BOyle in a pint of strong Beere dj. ℔ of strong black Sope, to the thicknesse of plaister, spread it on Leather and apply it, if it be too soft, put to it in the boyling some rozin, stirre them well together.

Joynt or Gowt swolne to mollifie and ease.

BOyle the seeds of Cummin, and Fengreeke ana j ℥, Raisins of the Sun stoned

dj lb all together in fresh Butter from the Churne in May, oyle of Rew, and oyle of Roses ana to a plaister, apply it hot.

Item, Rew, Wormwood, and Roses boyled in white wine with Mutton sewet to a Poultis, and some Beane meale applyed hot, helpeth all swellings, specially in the Cods.

Item, strong Ale and good Sope boyled together to a thick Salve, spread on leather and applied hot, helps all aches. Boyle in Malmsie, and Wine vinegar ana, Deeres and Goats dung ana powdred, to the hight of a plaister, lay it on very hot, renew it every foure and twenty houres, till you be well, which will be some foure times.

Item, May Butter and Wax ana boyled together with a little Aqua-vitæ, dip double cloathes therein, and lay it to the griefe very hot, it drawes out the water and swage the swelling.

A speciall unguent for Aches, Sciatica, or any other paine.

TAke Ox gall, Aqua-vitæ, Oyle, and the fresh young tops of Rosemary, let them simper on the fire, close covered, till

rosemary be very soft, then grinde them all together in a Morter to a salve, anoynt the greife therewith by a good fire very hot, then cover it with the clothes dipd in Butter and Wax aforesaid and lap it up warme in furre or Cotton till the paine be gone.

To helpe any shrunck Sinewes, or Ache hard in them,

MElt together Oyle of Roses, ii ij ℥, Spermaceti j ℥, anoynt the stiffe and lame sinewes therewith warme till it bee well, twice a day, then plaster on the clothes wet in Butter, Wax, and Aqua-vitæ.

Impostume in the head to breake and is good for head-ache and the hearing.

BOyle in a quart of white Wine, Rosemary, with the flowers, Rice, Pennie-royal, Winter-savory, and Camomile-flowers, j M. in a pot close stopped, set a funnill on the top of the pot that all the vapor may goe into the eare, be champing in your mouth a Crust all the while, it will

goe into your head the better, use it foure mornings together, ever new warming, it will be well.

Impostume outward to heale in any part.

TAke Hollyhocke roots cleane wa[sh] boyle it in water, till it be tender, then powre out the water, then take Fengreek and Linseed bruised, boyle them in the same water till they rope like Bird-lime, then stampe the foresaid roots and put it all well together to a plaster, and lay it to very hot, within nine dayes (God willing) he will be well.

Impostume to bring to matter or Suppuration.

TAke the yolks of Egges j℥, white Salt, powdred Hens dung liquid like honey, mix them together, without fire lay the plaster on morning and evening warm it will digest it, draw it forth, breake it and heale it.

Impost

Impostume in the the body to destroy.

WAsh Tansy j M. Maiden-haire, flowers that grows in the wheat jM. bruise them alone, take of either of their juyces j spoonefull, mix them with iij ℥. of Camomile water distilled, drink thereof very early every morning a prety draught warme; this purgeth the disease downward without paine, but in your ordinary broth eat of the powder of Maiden haire thrice every day.

Item. The roots of Scabius dj. ℔. stampd add thereto som powder of Coral mix them well together, and drink thereof a draught in Camomile water, the Impostume will breake and be spet forth.

Impostume an Attractive to draw it forth.

TAke three great Onyons, two Lilly roots, Rye leaves j M. Mallow roots, then boyle all these in running water till they be soft, then straine them from the liquor, and stampe them with Hogs-grease

and black ſope ana. j ℥. fry them togethe
till they be thick with a little wheatflowe
make a Poultis thereof, lay it to the ſor
as hot as you can ſuffer it.

Joynt ache the cure.

MAke a poſſet of Varges, or Vinig
and Milke, bath the joynt very h
therewith, apply the Curd as a Poultis ve
hot all night and after apply therto doub
Clothes wet therein very hot till you
well.

An Incarnative to cover a naked bone with fleſh.

BOyle in Vinigar, Oyle of roſes a
Ireos roots powdred, then ſtraine it
put thereto hony of Roſes, apply it to
greife, it will cover the bone.

Ipocras to make at all times with Wine, Ale, or Beere.

TAke Cinamon vj ℥. Ginger ij ℥. Clov
Nutmegs, ana j℥. Mace, Calamus Ar
matic

naticus ana ij ℥, and slice the Calamus, then put them in a quart of Aqua-vitæ in a glasse of three pints close stopped with Wax xij dayes, shake it every day, so keepe it, when you will use it to make Hipocras, take one pint of what you will, make it sweet with Sugar, then take two or three spoonfulls of your compound liquor to it, and mingle them well together, and drink it.

Itch to kill.

MOrtifie Quicksilver with fasting spettle in a Vyall, mix it with so much Hogs grease as will make it blackish, therewith anoynt the palmes of the hands, and the soles of the feet, till he be well, at night to bedward: in the morning wash it with this water, *viz.* take Endive water and vinegar ana, Roche Allom, powder of Enula Campane, boyle them together, wash the itch or scurfe therewith; this will destroy it, and kill the fluxion of blood.

Incision by a blister to make.

TAke Cantharides, Euphorbium, and black Sope, mix it, and apply it.

Item, Crowfoot bruised doth the like. Also Garlike doth the same.

Item, the inner barke of a Walnut tree doth raise blisters, and being bruised and infused in wine vinegar, it is strong.

Issues out of the body or members to stop.

TAke the waters of Endive, Sorrell and Vinegar ana, boyle them with Sugar to a Julip, and take it.

Impostume in the head that runnes out at the eares.

BOyle oyle Olive on a Chafingdish of coales, put thereto two Cloves of Garlick bruised, boyle it therein, then straine it and drop thereof warm into the eares, and stop them with black wooll.

Incision to make, and take out the Coare.

POwder Rose Alger fine, mixe it with Hogs-grease, and lay it on so broad as you would have the Coare come forth.

Imp

Impostumes to ripen and maturate.

BOyle the roots of Mallowes and Lillies in water tender, stamp them with fresh Hogs grease, and meale of Linseed therewith, and apply it hot.

Joynt ache benummed or swelling an approved Bath.

TAke one gallon of Lie made of wood ashes, boyle therein Sage, Rosemary, Mallowes, Wormewood, Bay leaves, Saint Johns Wort ana j M. Annis and Cummin seeds bruised ana j ℥, Linseed oyle dj. pint, bathe the lame member therewith as hot as you can suffer it, till the Bath wax cold, use it till you be well.

Jaundies black and yellow, the cure.

TAke earth worms, wash them in 4 or 5 waters very clean, strip the every time with your fingers all the earth out, then stamp them very small, put stale Ale unto them, and straine them hard out, and drink it with Saffron, it cureth at thrice taking.

Kibes

Kibes, the Cure.

ROast a Turnip, cut it asunder in the middle, lay the one halfe very hot to the griefe, renew it till it be well.

Item, make Brine of water and salt, bathe the Kibe with the clearest thereof cold.

Item, melt Galbanum, Gum Dragagant and Ox tallow together, and apply it.

Kidnies wasted, the Cure.

TAke and boyle round Plantine well in white wine, then make a Posset with the wine, then take the powder of Elder berries dried in an oven, that they touch not one another; take as much of it as will lie on a groat, and put it in a draught of the cleare warme Posset-Ale, if the Kidnies be wasted, you may know, for the Patient urine will be thick and bloudy, drink hereof first and last, it cures.

K

Kidnies ulcerated and is approved good, to mollifie and cure them.

TAke Hollyhocks, and Mallow roots ana ℥ j M. fresh Eggs i ℥, the Marrow

Ve

Veale bones, Butter and Ducks grease ana iij ℥, oyle of sweet Almonds, and Camomile ana j ℥ dj. Camomile and Balme flowers ana j ℥, Barly and Wheat meale *quod sufficit*, to make a plaister, compound all these together to pap; this you may doe with all Impostumes, apply it to the Kidnies on the back, use it till you be well.

Kibes or Blood-falls in the feet, to cure.

TAke Bay salt and a raw Turnip, ana in water, stamp them together that your Salt bee very small, then make it up in a lump, and lay it on a pewter dish whelming on the one side, put that dish in another dish to receive the liquor that runnes from the Salt and the Turnip, and therewith anoynt the Kibe or Blood-fall till it be well.

Liver heat, the cure.

TAke Liverwort, Mayden-haire, Harts tongue, Scabius, Strawberry leaves ana ij M. Egrimony, and Hop buds ana dj. M boyle all these in a gallon of good Wort to the consumption of one quart, then straine

straine it, and put it to the fire againe with the white of an egge, and one spoonefull of pure honey, let it boyle againe, then with a spoone scum off the white of an egge, and put in it some Sugarcandy, use to drink thereof every morning fasting till you be well.

Liver distempered, a plaister.

TAke oyle of Roses ij ℥, Wax iij ℥, unguentum Populion dj. ℥, melt them together on the fire well mixed, then take it off the fire, put it in a Morter, adde thereto red Sanders steeped in Rosewater j spoonefull, and Camphire prepared j ℥, work all these well together with a pestle till they be well mixed, when it is cold make a plaister thereof, & lay it on the right side against the liver, use it till you be well.

Linseed oyle to purifie or prepare for medicine.

TAke fresh Oyster-shells wip'd cleane, and small powdred, put that powder into the oyle, it will draw out all the filth from the oyle to the bottome, then powre out the cleare oyle from the corruption.

Lapis

Lapis infernalis to make Insition or Issue, and Corrodates an Impostume.

TAke unslak'd Lime, Vine, and Willow ashes, Orgale burn'd, Salt-Peeter, Mercury, Sublimate, Auripigmentum and Copperas ana all fine powdred, then put them into a new red Pipkin, put thereto of the strongest Sope-makers Lie as will cover them, so let it stand covered to infuse for three dayes, then filter it cleare, or draine the lie cleane off, then boyle it in a Pipkin close covered, and powre all the substance on a boord to dry, then frame or cut your stones to the bigneſſe, fit for your purpose, when you would eat a hole with one of them, make a fit hole in the midst of a plaister right against the place you will open, lay your stone in the hole, and clap another plaister upon it to keepe it on, till you have your issue or hole therein.

Legges swolne, the cure.

BOyle the juyce of Walwort, Wax, Vinegar, and Barly meale to a plaister, apply it hot, use it as you see cause.

Livers

Livers inflammation a Julip, or a prisan for it.

TAke three quarts of Spring water, and husked Barly j M. boyle them together a good while, then put therein Violets, Lettice, Harts tongue, Liverwort, Sorrell, and Borage ana j M. Raisins of the Sunne ston'd Prunes ana ij ℥, when they be well, put in some Sanders, straine it and drink it warm. *Item*, the Conserves of Barberries, Cherries, Prunes, or Róses, or any of them are good.

Another to coole the inflammation of the Liver.

TAke syrup of vinegar, simple Endive water, Succory water, mix them together with Sugar, and drink it.

Liver all griefes the cure.

TAke Endive water, Fumitory, and Scabius waters ana j lb, the syrups of Vinegar simple, of Fumitory and Violets ana ij ℥ Succa rosarum, Confectio hamechana j ℥ mix

mix it, and put them in a Vyall, take thereof first and last at once j ʒ or more if need be.

Liver and Milt oppilation, the cure.

BOyle Smallage, and Elder, in Wine, and drink it often, it helpeth.

Item, the Potion taken warme, with a few Radish seeds, causeth vomit also.

Lethargie or Epilepsie, the cure.

MAke an Electuary, two parts of Lign. Aloes, and Cassia lignea, and the third part of Euphorbium, and Cardus confect these with honey, and give the Patient j ʒ at once, in the morning, at two of the clock in the afternoone, and last at night in Balme water.

Liver and Milt oppilation, the cure.

BOyle Jvie and Hipericon in wine, and drink it often, it cureth.

Live

Lice and scabs in childrens heads, the cure.

TAke red Sage, chop it small, and boyle it in fresh Butter, with some Pepper powdred, let it boyle together, then straine it, and anoynt their heads therewith cold.

Leprosie, or Leper, the cure.

TAke Mercury, Sothernwood, Oridon Calimint, Rew ana ℥M. the juyce of Beets iij ℥, Annis, Fenuell, and Cummin seed, and Rew ana j ℥, oyle of Bay ij ℥, make your Decoction, and therein dissolve Hiera picra j ℥, make a Glyster, and minister it, and anoynt the belly with oyle of Rew. Then digest the matter with Oxymel Squilliticum, with the Decoction of Asarabecca and Valerian, putting thereto Diagalanga Diapenth ana iiij ℥, mix them all together.

A Purgation for the matter digested.

TAke Benedicta laxativa, Hiera picra ana ij ℥, Euphorbium, Spicknard, Ma-

stich

stick ana two graines, make it up in Pills, let the Euphorbium bee very groſſe beaten, and tempered a day and night in Vinegar or juyce of Orenges, and oyle of ſweet Almonds.

Lethargie, the cure, and firſt the unguent.

TAke the juyce of Purſlaine, white Vinegar, oyle of Roſes, an Wax *quod ſufficit*, to make an unguent, therewith anoynt the hinder part of the head.

A Glyſter for the ſame.

DIſſolve in your common Decoction for Glyſters Benedicta Laxativa ij 3, and use it as need requires, then rub the extreame parts with ſalt-water and Vinegar, or with ſalt and vinegar ſtrongly, uſe this every day, for three dayes together, after that anoynt the hinder part of the head with this following oyntment.

The Oyntment.

TAke the juyces of Smallage, Rew, and Castor fine powdred ana ij ℥, Wax and Oyle *quod sufficit*, and continually smell to Assa fœtida and Galbanum.

Lastly, use Ruptories which must be laid to the hinder part of the head as followeth.

Take Mustardseed, dry Figs ana j ℥, Cantharides j ℈, incorporate these together with strong vinegar, and apply it.

Lungs Impostume, the cure.

FIrst, let blood on the veine Basilica, of the right arme, the next day open the same veine on the left arme, then use the following.

Take the syrups of Maydenhaire, and Endive ana dj. ℔, of Succory, the four cold seeds ana j ℥, Liquorice & Barly mundified, Raisins stoned ana iiij ℥, honey iiij Sugar j ℔, make your syrup according to Art, anoynt the Patients breast with this unguent, *viz.*

Take Fennell seeds bruised, Linseed bruised, and leaves of March Mallowes, the leaves

leaves of Bearfoot, boyle them well together in water, then ſtamp them, adde thereto in the ſtamping Butter unſalted, and freſh Swines greaſe, make your oyntment, uſe a good diet, with bread and broaths, made with Barly or Oatmeale, and Almond milk, Chicken-broath, wherein the foure colde ſeeds be ſodden.

Mad doggs biting, the cure.

TAke powder of Craſiſh ſhells ℈ 3, drink it in Dragon water with Mithridate ℈, and apply to the ſore the ſame powder mixed with Garlick bruiſed. M

Meagrome in the head Impoſtume, Feaver, and all head aches.

TAke of the roots of Pellitory of Spaine ℈ 3, Spicknard ʒj. beat them together, and boyle them in good Vinegar, then let them coole put thereto honey and Muſtard and a ſawcerfull, mix them well together, let the Patient put halfe a ſpoonefull thereof in his mouth, and hold it there a good while, then ſpet it forth, renew it ſo twelve

times, when you goe to bed drinke a little downe, use this three dayes, and you shall be well.

Menstruous to provoke.

TAke so much of the powder of Aristolochia rotunda, Myrrhe and Savine mixed ana as will lie on a shilling in warm white wine, adde thereto one race of Ginger grated.

Menstruous, to stop the much flowing.

M TAke the shells of a new laid egge, the inner skinne pilled off, boyle it in water one houre, then dry it and beat it to fine powder, drink that powder at twice in red wine warme, at every drinking goe to the newest Moale casting, put away the earth with her foot, and sit downe and make water in the Moale hole, use his till you be well during this cure let her eat Isinglasse.

Morphew to cure.

TAke the juyce of Orpinis mixed with strong vinegar, and many times anoynt the same.

Morphew

Morphew, a Lotion.

TAke one spoonfull of Mustard, Celendine, and wilde Tanzie ana j M, stamp them till they be thick like greene sauce, then powre to them strong wine Vinegar foure spoonfulls, mix them well together, then straine the liquor hard out, and therewith often bathe the griefe till it be well.

Mother suffocation the cure.

TAke the leafe of the great Burre, lay it on the crowne of the head, and lay upon that a hard rosted egge crushed thereon, bind them fast on with warme cloathes, first shave the crowne of the head. M.

Item, take the powders of Harts-horne, Ivory, the haires of a Hares skinne, the clawes of a Sheepe or Goats burn'd to powder, take of these powders in your Broath.

Mother, the paine in a womans body.

TAke Motherwort, Germander, Hyssop, Diptony, Thyme, Violets, and Mari-

golds ana j M, boyle them in ordinary Ale, ſcum it cleane when it is halfe ſodden, put to it dj. pint of Baſtard, and ſtraine it, drink thereof warme morne and evening.

Maturative to bring an Impoſtume to ſuppuration.

TAke the juyce of Smallage, hony, flower of Wheat, and yolks of eggs mixed together, and applied.

Maturative, another.

M

TAke juyces of Dazies, Plantine, and Smallage ana, put thereto honey clarified, ſtirre them on the fire together, and thick it with Wheat meale, when it is almoſt cold put to the yolks of three egges, mix them and lay it on with lint; this is alſo good for womens breaſts ſwolne.

Milt oppilation, the cure.

TAke the juyce of Docks with Storax liquid, and gum Armoniack, and Vinegar infuſe them three dayes, then boyle them and ſtraine them, adde thereto Wax and

Oyle

Oyle, make a plaister thereof, and apply it to the griefe.

Item, boyle the Dock in wine or water, drink it, it will cure.

Morphew spots, or marks in the skin, to cure presently.

TAke the flower of Brimstone j 3, infuse it all night in strong wine vinegar sixe spoonfulls, mix them well together, therewith anoynt the spots, or wet them well, and put linnen cloathes double, and wet therein, and apply them till it be well.

Mouth sore, or sore gums, and to fasten loose teeth.

TAke Rosemary, burn'd Allom ana both powdred, a little white Salt, boyle them in water with English honey, therewith dresse the mouth.

Mouth sore, or any other part, a Lotion most excellent.

TAke Celendine, red Sage, and Honeysuckle leaves, and flower ana three handfulls,

falls, pure English honey one quart, Roche Allom ℔ iiij ℥ small beaten, graines of Paradise j ℥, grosse beaten or bruised, boyle all these in one gallon of Spring water in a close covered P pkin, from a gallon to a pottle, then straine it, and put it up in Vyals, it s good to sunne it sixe dayes, this Lotion cureth any sore being washed therewith.

Morphew or spots in the skinne or in any part.

M

TAke oyle of egges what quantity you please, temper them with a good quantity of Letharge of silver bruised, and anoynt the spots therewith.

Item, the oyles of Juniper and bitter Almonds mixed, and anoynt therewith.

Item, take Hellebore ij ℥, stamp it to pap, and mix therewith as much juyce of Egrimony, and a little Rose water, anoynt therewith the spots.

Item, Camphire powdred with two bitter Almonds, then temper it with Rosewater, anoynt.

Item, in using any of these medicines, eat

more

morne and even syrup of Fumitory, and purge with Confectio hameck.

Item, let his drinke bee morne and even Fumitory and Centory in Claret wine, boyled with a little powder of Jvory.

Nerve oyle to make for all aches and bruises.

TAke Camomile, white Archangell, Plantaine, young Wormewood, Mints, Walnut tree leaves, Sage, Violet leaves, Mallowes, Rew, Chickweed, Brocklime, Water-cresses, Sothernwood, Smallage, and young Bay leaves ana j M. bruise them all in in a Morter, then boyle them in a pint of white wine close covered, till the wine be neere wasted, then adde thereto Hogges grease and Deare sewet ana j ℔, Linseed oyle, and Neats foot oyle ana one pint, Rozin powdred sixe ℥, Galbanum prepared two ℥, boyle all these on a soft fire close covered, till the unguent bee greene, then straine it out, and presently as it is hot, mixe therewith liquid Storax, and oyle of Spicke ana one ℥, mixe it till it bee cold.

Item,

Item, if it be for beasts, leave out the Storax and oyle of Spick, and in their stead put in their waight of Sope, you must make it in the midst of May.

Noli me tangere, to cure and coole.

TAke Stubwort and stamp it, and temper it with honey, make a plaister of it, lay it cold on the sore, within foure plaisters it will mortifie the griefe.

Neck botches or other place, the cure.

TAke Dogs tongue, shred it, and stamp it small, boyle it in Malmsie till it be thick, then mixe therewith the Melilot plaister, and plaister it to the griefe, it will dissolve and heale it without breaking.

Neck and cheekes swolne, the cure.

TAke the fine powder of Cummin seed dj. lb, Figs cut small, boyle them together in white Wine till it be thick, then mix therewith foure spoonfulls of Beane meale, make

make a plaister therof, lay it to the swelling, so continue till it be well.

Nose ulcers to cure.

TAke small Hollyhock, Plantine, and Shepheards purse their juyces ana j ℥, the white of two eggs, Camphire small bruised iiij ℈, prepared tutia, Brome-seede ana j ʒ, burn'd Allom, Corall, Amber ana ij ℈, Starch j ℥ dj. bruise all these together in a Leaden morter some houres together, use this foure times every day till it be well.

Or take the juyces of Hazell leaves j ℥, and Bettony iiij ʒ mixed, and with a quill drawne up into the nose divers times in the day, is likewise good.

Item, let the Patient purge with Pillulæ cochiæ, or Hieræ picræ, or such like.

Oyle of Swallowes to make.

TAke ten young Swallowes, put them quick in a Morter, put to them Lavander Cotton, Spike, Camomile, Knotgrasse, Ribwort, Balme, Valerian, Rosemary tops, Woodbine tops, strings of Vines, French Mallowes, tops of Alehow strings,

ſtrings, of Strawberies, Tutſanie, Plantaine, Walnut leaves, tops of young Bayes, Hyſſop, Violet leaves, and Sage, Romane, Wormewood ana j M. Camomile, and red Roſes ij M. of each, ſtamp all theſe together, put to it one quart of Neats-foot oyle, or May Butter, Cloves fine powdred j ℥, put all theſe in a new red Pipkin cloſe ſtopped, and laid for nine dayes in a Cellar under ground, then boyle them in Balneo ſixe houres, adde thereto Wax dj. ℔, and one pint of Sallet oyle.

Oyle of Saint Johns Wort, to make of the beſt.

TAke j ℔ of the flowers and leaves of St Johns Wort, put them in a broad Vial, with ſo much white wine as will cover the hearbs, ſet them in the Sunne ten dayes, then put thereto Sallet oyle ij ℔, let them ſtand in the Sunne other ten dayes, put thereto of Venice Turpentine iiij ℥, Saffron powdred j ℥, Nutmegs, Cloves, and elect Myrrhe ana iiij ℥, Frankincenſe powdred j ℥, put them in a great bottle cloſe ſtopped, let them boyl in Balneo till no more vapours will aſcend into the head, which wil be ſome 24 houres, then

then take it forth, and straine it while it is hot, put it in a glasse close stopped, so is it made up; this oyle must bee used alwayes warme, tent no wound therewith, but dresse them all with cloathes wet therein, and laid thereon, so it heales best and quicklyest.

Another oyle of Saint Johns Wort for aches and bruises.

TAke Sallet oyle one pint in a Viall, put thereto of Saint Johns Wort flowers beaten ij M. of the leaves of red Rose buds, the white ends cut off, the flowers or tops of Rosemary and Camomile flowers ana j M. set the Viall in the Sunne till the oyle be blood red, put thereto the powder of Alkanet iiij ℥, so it is made.

Oyle of Snayles for any ache to make.

TAke in May black Snayles one pint, put them in a great Ox bladder, with one pint of Aqua-vitæ, and the substance of all the Ox gall let run into the bladder to the rest, oyle of Peeter ij ℥, oyle of Spick ij ℥, tye the bladder fast, and put into another great bladder, and hang it up fast tyed for twenty dayes,

dayes, where no Rats nor Mice may come, then straine it, and keepe it to your use, put with it liquid Storax j ℈, it giveth a good smell, and is also good.

Oyntment to expell winde, paine in the backe, stone in the kidnies, Sciatica, or any ache, anoynt the place warme, being first rubbed with a dry cloath.

TAke an Ox gall, slit in the bottome, let it runne out into a Pipkin, adde thereto Neatsfoot oyle j lb, ground Ivie, Rew, Camomile, and Thyme ana j M, pound them in a Morter together, adde thereto Aquavitæ j ℈, boyle them all at a soft fire three quarters of an houre, stirre it often in the boyling, then straine it, and so is it made.

Oyle of Egges to make.

TAke the yolks of thirty Eggs, sodden very hard, put away the whites, then put the yolks in a Morter, beat them smal, then put them in a broad Pipkin, cover them with a round Trencher, with a hole in the top, and with a rowling pin thorow the

the hole ſtill ſtirring them as they boyle, till they be all turned ſoft, then ſtraine out the yellow yolk.

Oyle of Bever-cod, good for paine in ſinewes and joynts, Palſie and ſtifneſſe of the neck, it allayes the cold of Agues if you anoynt the back-bone therewith.

TAke Bever-cod j ℥, Euphorbium iij ℥, Myrrhe ij ℥, ſtrong white wine viij ℥, Sallet-oyle xij ℥, let them boyle cloſe covered till the wine be cleane ſpent, then ſtraine it, and keepe it to your uſe.

Oyle of Camomile is good to open the pores, and ſweat-vents, it expells vapours, and is good for paine, in ſinewes, joynts, and guts.

TAke ſweet Camomile flowers, as much as you will, put it in a preſerving glaſſe, and cover it with ſweet oyle, then ſtop it, and let it in the Sunne foureteene dayes, afterward boyle it in a Balneo, then ſtraine out the Camomile, and renew the oyle with freſh

fresh flowers so often til it be perfect in smel and colour, then use it as aforesaid.

Oyle of Dill asswageth all pain, opens the pores consumes wind, and all hard swelling, it take away all shaking of Agues, causeth sleepe eases the paine of the head in hot Agues, if you anoynt the back bone therewith.

THis oyle is made of the hearb and flow-ers, as you make oyle of Camomile with old oyle.

Oyle of Lillies healeth all paine of cold in brest reines, bladder, matrix, and guts, it di-gesteth and asswageth the Cough, ripens all Impostumes, drieth all foule sores in the head, diminisheth all sweatings if you mix Saffron therewith.

TAke the white leaves of Lillies, and prepare the oyle as aforesaid.

Oyle of Wax to make.

MElt j lb of Wax small chop'd, mix therewith some ij lb of well burn'd Bricks small powdred, or as much as will serve

serve to work it up like soft paste, then put it all up in an earthen pot, to distill with a glasse lying along according to Art.

Opiats to procure sleepe in a melancholy madnesse.

FIrst, let the Patients hands and feet bee washed with a Decoction of Dill, Camomile, Lettice, Poppy, Mallowes, and Willow leaves, and after anoynt them with oyle of Poppy-seed by expression, or let him smell to this Opiat following.

Take j 3 of Mithridate, five graines of Opium, three of Saffron, with one spoonefull of Malmsie, and two graines of Camphire, put all into a Lemmon Pill emptied of the juyce, and smell thereto often about your houre ordinary to sleepe. If this faile, swallow twenty graines of Mogloffe, or take dj. 3 of Philonium to bed, or some other wholsome Opiat going to bed well corrected.

Palſie, the cure.

℞ TAke Cowſlip flowers, or roots, red Mints Lavander, & Sothernwood ana jM. ſtamp them ſmall, and boyle them in ſtrong Ale one pint, put to it Bay ſalt j ℥ dj. when your liquor is halfe waſted, take out the hearbs and ſtamp them againe, then put thereto as much good Muſtard as halfe your hearbs, thereof make a plaiſter. If the diſeaſe be in the tongue, lay it to the Nape of the Neck. If in the jawes toward the eares or cheeks, if in the hand to the pulſe, and let it lie 12 houres, waſh your hands where Sage hath beene.

Another by Potion.

TAke the diſtilled water of Sage iiij ℥, Bettony water one ſpoonfull, Triacle of Venice, Conſerve of Sage and Bettony ana dj, ℥, Conſerve of Cowſlips dj, and Carduus water iiij ℥, Chymicall oyle of Nutmegs vj drops, powder of Caſtor dj. ℥, and Sugar *quod ſufficit*, take foure ſpoonefulls thereof firſt and laſt, or at any time with the uſe of the foreſaid plaiſter.

Palſie,

Palsie, Gowt, Cramp, Convulsion, Sciatica, old aches and Contractions.

TAke oyle of Turpentine j ℔, Venice Turpentine dj. ℔, oyle of Bayes iiij ℥, oyle of Spick j ℥, Juniper berries dj. ℔, Castor j ℥, Euforbium ij ℈, Cloves, Mace, Nutmegs, and Cinamon ana j ℈, Lavander flowers, Sage, and Lillies of the Valley ana j M. Mastick, Myrrhe, Frankincense ana ij ℈, Brocks grease iij ℥. Mummy j ℥ dj. digest them for one moneth in horse dung, then distill them, and anoynt the griefe therewith. R

Plague, an Antidote.

TAke Setwell roots, Calamus Aromaticus, Bole Armoniack, Tormentill roots ana j ℥, Sanguis Draconis, and terra Sigillata ana ij ℈ fine powdred, mix them all with dj. ℔ of Triacle, so take it.

Piles the cure.

TAke burn'd Muscle-shells fine powdred, mix it with Honey and Saffron, anoynt your Piles therewith.

Item, boyle in fresh Butter Pilwort, Elder leaves or buds till it be a Salve, make it yellow with a little Saffron, anoynt therewith.

Item, take Aniseeds burn'd, and powdred Honey, and Saffron, mix them well together, make a plaister thereof, and apply it, first wash it in white Wine wherein Scabius hath boyled.

Plague, an Antidote.

℞ TAke pure Triacle j lb dj. put it in a Gally pot, put to it Myrrhe, Bay-berries husked, Aristolochia rotunda, Gentian, Ivory, and Hartshorne ana iiij ℥, all fine searced and mixed with long Pepper, Annis, Carroway, and Fennell-seeds ana iiij ℥, stirring them with a Spatula in the pot of Triacle, the Dosse is j ℥ alone, or with a Posset-Ale mixed.

Plague, a Defensive.

TAke Rew, Elder leaves, Sinkfoyle, or Tormentill, red Sage, red Bramble leaves, Sorrell, Marigold leaves, and Angelica ana j Mastamp them all in a Morter, then put

put to them white Wine one quart, Wine vinegar dj. pinte, white Ginger powdred iiij ʒ, let it so stand in a Pot close stopped twenty foure houres, then straine it hard forth; let the elder people take every morning two spoonfulls, fast two houres after, and children one spoonfull, use it nine mornings.

Plague to prevent and cure.

TAke Cinnamon j ʒ, Terra sigillata vj ʒ, Myrrhe iij ʒ, seeds & rinds of Cytrons, roots of Dittany, Burnet, Tormentill, Zeduary, and Corall ana ij ʒ, Vnicorns horne dj. yellow Saunders and red ana j ʒ, white Beane and Marigold flowers ana j ʒ, Scabius Veroniack, Basill seed, bone of a Stags heart, and Saffron ana ij ʒ, Sugar iij ℔, then with the vinegar of Cytrons make an Electuary, the Dosse is every morning j ʒ; this prevents infection, if one bee infected with cold take it in Wine, if with heat in Rosewater and Vinegar, and sweat two houres after.

Plague sore to ripen and bring forth.

TAke a great white Onion pilled and cut in pieces, fresh Butter iij ℥, leave in j ℥, Mallowes, and Scabius ana dj M. if you want the hearbs, take Garlick j ℥, boyle them soft to a Poultis, apply it very warme.

Polypus a griefe in the nose.

TAke the leaves and branches of Buckwheat, distill it in Balneo, the water thereof is perfect good to stay the spreading of the Canker, although thought uncurable, then with the Magistrall oyle heale it up.

Pox small, the cure.

LEt the Patient sweat first, then give him Mithridate iij graines, or as much Saffron, any of these expells them, then when they are come to a scab, and full ripe, that is, when they looke yellow, then take a piece of fat Bacon, roast it, let it drop in faire water; then take the droppings, and wash it againe in three severall waters, and wash it

at

at last once in Rosewater, then with this fat anoynt your face foure times every day, this will defend the face from any deformity.

For want hereof, anoynt the face with oyle of Roses iiij ʒ, and Spermaceti j ʒ mixed.

Pleurisie or Stitch the cure.

MElt Dialthea ij ʒ, mix it with oyle of sweet Almonds iiij ʒ. warme it, and anoynt the griefe, then sprinkle on the place the powder of Cummiu searced iiij ʒ, then warme a Colewort leafe, and anoynt it with fresh Butter, & lay it hot to the place, binde it fast on.

But the surest way is, to let bloud presently, and purge next day.

French Pox, the cure.

MAke a Pill of Sarsa, of Turbith minerall fine powdred, and mixed with Mithridate, let him keepe his Chamber the first six dayes, sweat as he is able, and drink for that six dayes nothing but Posset-Ale.

Pox great, the soonest cure.

TAke Guiacum, from the Turners the thinnest chips j ℥, of the barke of Guiacum iiij ℥, infuse them foure and twenty houres in a Diet pot with pure water eight quarts, the next day boyle it soft simpering to the consumption of three quarts, drinke off this warme morning and evening a good draught, first straine it from the wood, then put the pot with the wood to the fire with eight quarts of water againe to boyle, till two quarts be wasted, then straine it out, let it bee his usuall drink at meales, and all day to drink cold.

Let him every second day drink a great draught of the strongest first, drinke very hot, and sweat two houres after in bed, and dry it with fresh linnen, and change his shirt, use this till all scabs, aches, &c. be gone, for till then he is not sound.

His

His Diet.

EAt of the ſtaleſt white **Bread** or Bisket, and ſome of the bleweſt Raiſins of the Sunne for Breakfaſt and Supper, his Dinner muſt be a neck of Mutton, very dry roaſted, but once baſted, or a Chickin or Rabbet dry roaſted.

Item, before he entreth his Diet, he muſt purge twice, and let blood once, and once a weeke purge during his Diet.

Item, the firſt foureteene dayes let him keepe his Chamber.

Item, let him alwayes purge with ten graines of dulcified Mercury given in a Pill of Mithridate.

Purgations to prepare.

TAke Zenna, Turbith, Diagredij ana iij 3, Epithimum, Galingale, ana j 3 dj. Annis, Cinnamon, Ginger ana j 3, ſalt Gem ſixe graines, all fine ſearced and mixed, the Doſis is j 3 in Dia prunis or Poſſet-Ale.

A Pur.

A Purgation which purgeth all Aqueous humors.

TAke Rewbarb, Turbith Hermodactills, Diagredij, Senna, Agarick, Mechoacan, Sugar ana ij ℥, Cloves, Fennell, Ginger, Annis, Mastick, ana j ℥, Saffron and Cinnamon ana ij ℈, pulverize and searce all these, the Dosse is j ℥ in Succory water or Posset-Ale.

Item, for a Childe of seaven yeares old, or a Woman with childe, between iij moneths and vij, take Mechoacan fine searced, and of this former powder ana j ℈, give it in Sugar-sops within *diu prunis*.

Pills that purgeth the foure humours.

TAke Mirabolaus, and Rewbarb ana iiij ℥, the juyce of Egrimony and Wormewood ana ℥ ij, Hermodactils, Agarick, Coliquintida, Polypody ana j ℥, Diagredij, Turbith, Aloes ana vj ℥, Mastick, red Rose leaves, salt Gem, Epithimum, Annis, and Ginger ana j ℥, mix them and searce them, compound them in a Morter with syrup of Roses to a Mass for Pills, the Dosse is j ℥ in five

five Pills, taken in the pap of a rosted Apple or any syrup.

Plaister Bufilicon to draw and heale.

TAke Wax, Rosin, Cowes tallow, Pitch, Birdlime, elect Myrrhe, Tarre and Olibanum ana ℥j ℈, melt the Rosin, Tallow, Pitch, and Wax, then straine them, powder fine your Olibanum and Myrrhe, then put them in, and last put in the rest, stirre them well till they be cold.

Plaister gratia Dei.

TAke Bettony, Vervine, Pimpernell, Dazies, Plantaine, Centory, Ribwort, and Avens ana j M. heard *gratia Dei* ij M. both crops and roots, wash them cleane, and bruise them small in a Morter, then put them in an earthen Pot, and put to them a pottle of good red Wine or white, cover it, and boyle it from a pottle to a quart being boyled, let it stand twelve houres, then straine it thorow a cloath, then wash the pot again with white Wine, and put in the liquor againe, and boyle it, then take Wax dj. ℔, Rosin

Rosin dj lb, Galbanum j ℥ ß: Mastick j ℥ ß small powdred, let it boyle well, still stirring it a quarter of an houre, then take it from the fire, put thereto Turpentine iiij ℥ ß, stirre it till it be well compounded, then straine it thorow a strong canvasse cloath, the next morning put some womans milke of a man childe to it, melt it on the fire againe ready to boyle, then anoynt your hands with Oyle or Butter, make it up in rowles.

Plumbeous plaister, or of Lead, to heale and finish a sore.

TAke Chalke ij ℥ ß, Hogs-grease ij ℥, Cerusa j ℥ ß, Lapis calaminaris j ℥ ß, then beat and mix the Cerusse and Chalke in a hot brasse Morter with a hot pestle halfe an houre, adding some Hoggs grease thereto in beating them, then make it up in small rowles, when you use it spread it on leather a good thicknesse, let it lie 24 houres unremoved, so use it till you be whole.

Plaister

Plaister greene to cure greene and new wounds.

TAke clarified Sheeps-sewet, the leaves of greene Tobacco, Hounds-tongue, Saint Johns Wort, Valerian, Plantaine, Ribwort, Selfe-heale, and Tutsane leaves ana dj. ℔, Hogs grease dj. ℔, chop the hearbs, then boyle them in the sewet and grease till the greenneſſe be out of the head, then straine it out, and presently mix therewith Venice Turpentine, and Wax ana ij ℥, first melt the Wax, and put it in so hot, mix all well together.

Plaister that cureth all wateriſh stinking humours.

TAke Chalke fine powdred j ℔, Hogs-grease xij ℥, compound them together with your hands till they bee thick like dung, then lay it on the sore dj. inch thick till it be well.

Black

Black plaister mundifieth all sores, and taketh away all paine.

TAke Sallet oyle and white wine vinegar ana ℥ij, white Lead and red Lead ana ij ℥, Wax iij ℥, boyle all together till they be black, then adde thereto Camphire prepared iiij ℥ when it is taken from the fire, and mix it well.

Plaister of Tapsus barbatus, that cures all Cankers, Fistulaes, Plague-sores, bad bruises, botches or fellons.

TAke the juyces of Smallage, Carduus, young Wormwood, Mullin, Walwort, Pimpernell, Dovefoot, Plantain, Egrimony, Mugwort, Sage, Dazies, Nightshade, and Fluellin ana j ℥.

Woodbine iiij M. when they be stamp'd and strained, put to as much Honey in measure as you have in juyces, then boyle them together in a new red Pipkin close covered, let them boyle simpering, still stirring it till it come to the thickness of Honey, then take

take it from the fire, and keepe it in a new earthen pot close covered.

When you make a plaister for any the sores aforesaid, then take of this Honey iiij ℥, Wheat meale ij ℥, boyle all these together to a walme, stir it still for feare of burning, then take it from the fire, put to it presently Venice Turpentine ij ℥. mix it wel with the rest, when it is almost cold powre the white of two Egges well beaten thereto, mix them together till it be cold: now the plaister is called Diasolsuros.

A Lotion to wash the griefe before you plaister it, dresse it twice a day, bathe it hot, or seringe it before the plaister be applyed.

TAke Nightshade, Smallage, Egrimony, Fluelline. Sage, Carduus ana M. Woodbine ij M. Allom iiij ℥, Honey ij ℥, Plaintaine water and white wine ana one pinte, boyle all these hearbs small cut till their substance be forth, with the Honey, Allom, Wine and water, straine it to your use.

A Potion

A Potion to drink warme first and last during the Cure, with the Plaister and Lotion.

TAke Sanicle, Fluellin, Pimpernell, Cransbill, wilde Tansie, Egrimonie, Valerian, and Mouse-eare ana jM. bruise them, then put to it Cloves bruised i ℥ boyle them all in one quart of white Wine, and one pint of water, with three spoonefulls of Honey, then strain it, and mix therewith one pint of Carduus water.

℞ *Plaister for any Ache, Griefe, Sore swelling, or Paine.*

TAke Rosemary, Camomile, Sage, Elder buds, Sothernwood, Lavander, Wormwood, Costmary, red Mint, Rew, Lavander-cotton, Bugloss, and Brocklyme ana ij M. black Snailes one quart, Frankincense iiij ℥, Wax, Rosin ana ij ℥, Hens dung and Cowes dung dj. ℔ of each; Butter out of the Churne unsalted iij ℔, Mace, Cloves, Nutmeggs, and Cinnamon ana iiij ℥ fine powdred, boyle all these together close stopped, straine it, and put it in Gally-pots to your use.

Plaister

Plaister for olasores.

TAke Olibanum, lapis Calaminaris Letharge of Lead, and Bole ana j ℥ powdred and fearced, Wax ij ℥, and oyle of Roses j ℥, boyle them to a plaister.

Pleurisie the Cure.

BOyle Mallow roots iiij ℥ in water till they bee tender, then take them forth, and stamp them with Butter, Honey, and Pidgeons dung ana ij ℥, mix them well, and apply it to the side affected.

Poyson and Plague to prevent.

TAke the leaves of Rew, Figs, Juniper berries ana iiij ʒ, Walnut-kernells ij ℥, mix all these together in Wine-vinegar, infuse it therein all night, next day begin to take thereof ij ʒ every morning.

Item, Bezar, Harts-horne, Ivory, any of these in Dragon-water or with Mithridate doth the like.

A Pill to give sleepe and ease in all extreame paine.

TAke Cinnamon, Cassia lignea, Opium ana ij ʒ, Myrrhe, both the Peppers ana j ʒ, Castor dj ʒ, Saffron j ℈ fine powdred, and made to a Masse for Pills with Honey, the Dosse is two Pills, no bigger then small Tares either.

A Purgation that cleanseth the head, braine, and all the body of melancholy.

TAke Senna vj ʒ, Ginger j ʒ, Bugloss j ʒ, flowers ij ʒ, infuse all in a close stopped Ale bottle of stone, with a pint of Whay, of Goats-milk, let them boyle in Balneo one houre, then let it coole, give it to drink warme in the morning: this preserveth against all passions of the braine, it helps hearing, smelling, and seeing, and strengthens all the body, and unburthens the same of every humour that abounds, as Choler, Phlegme, and Melancholy: this was the practise of *Mathiolus Riolanus*, & *Achiaius*.

A Diet

A Diet that cures all Pox, Scabs, and Lameneſſe.

TAke Zarſa perilla, and Hermodacts ana vj ℥, Calaminaris iiij ℥, Senna iij ℥, Turbith ij ℥, Guiacum viij ℥, bark of Guiacum iij ℥, Bole ij ℥, Liquorice iiij ℥ mundified, French Barly vj ℥, Fennell and Aniſeeds ana iiij ℥; put all theſe in a Diet-pot with foure galions of water, ſtop it cloſe, and infuſe them all night in the hot embers, then boyle it on a ſoft fire foure houres; in the end of the boyling put therein Laudanum Paracelſus purified ij ʒ, Mithridate j ℥, mix them all together, drink thereof often a good draught, eſpecially firſt and laſt: this cureth all aches in the limbs or body, French Pox, or any diſeaſe, ſtrengthens the ſpirits; if you uſe it for the Dropſie, put in good ſtore of Mechoachan; if for Paine in the head, put in Stæcades or Bettony ana iij ℥, when it is ſtrained, put to the ſimples againe, ſo much water againe, boyle it as before for ſmall drink at meales.

Another Diet for Pox.

TAke Sarsa perilla iiij ℥, Guiacum viij ℥, bark of Guiacum iij ℥, bruised not to small stœcados iij ℥, Liquoris mundified, and thin sliced, Anniseed bruised ana ij ℥, infuse all these in a Diet-pot all night close stopped, with nine quarts of water, next day boyle it on a soft fire till a third part bee spent, then straine it, drink a good draught thereof first and last, use your selfe as aforesaid.

A Plaister sanative and defensive, for Pox or old Sores.

P

TAke oyle of Olive one pinte, Virgin-Wax, Olibanum, gum Elemni, Lapis calaminaris, and Rosin ana iiij ʒ fine powdred, dissolve all these on a small fire, then straine them, adde thereto Bole, Terra sigillata, sanguis Draconis, all fine searced ana ij ℥, Venice Turpentine iij ℥, mix all these on the fire againe, still stirring it till it be cold, this is very excellent for all ulcerations.

A Plaister attractive, or drawing, to heale sores or wounds.

TAke Plantaine, Bettony, Dazies, Mouse-eare, Orpius, Mallowes, Ribwort, Ver-

vine

vine, and Sanicle ana ij M. ſtamp them with Sheepes ſewet ſufficient to boyle them, let them ſo boyle covered till the ſewet bee greene, then put therein Roſin ſmall powdred j ℔, Wax ſmall cut dj. ℔, boyle them one walme, then ſtraine it, put it to the fire againe, melt therein ſome oyle of Roſes, Maſtick, and Olibanum ana j ℥, Myrrhe iiij ℥, Aloes, Succotrine vj ℥, then take it off the fire, and put to it Turpentine iiij ℥, mix it and ſtirre it till it be cold.

Some ſlight Purgations of Senna.

P

IN primis, take Senna in your Broathes in ſome quantity, with ſome Ginger, for paines of the head.

Item, ſome iiij ℥ with Ginger and Annis, may bee given to women with childe, and children.

Item, it may bee powdred with Ginger, and mixed with ſyrup of Roſes, Laxative, or Caſſia in a reaſonable Doſſe.

Item, iiij ℥ infuſed all night in ſeething hot poſſet or white wine with Sugar and Ginger, purgeth gently.

A good Plaister to heale, and dry a sore being cleansed.

TAke Hogs-grease viij ℥, oyle of Roses iij ℥, white Lead ij ℥, Olibanum, Mastick, and Rosin ana ij ℥ fine powdred, Camphire j ʒ, mix them altogether, and make a plaister thereof.

A Plaister of Musalage which healeth and skinneth much, and is pretious, and comfortable for veines and Nerves.

P

TAke Letharge of Lead v ℔, of white Lead j ℔, of Woolf oyle one pottle, of Fengreeke viij ℥, powder all these, and searce them; take also Linseed and Mallowes ana iiij ʒ, boyle them in white wine and water very soft and tender, then take them up from the liquor, straine them, then set your oyle and powders on the fire, put in your powders by little and little at once, then stirre them well, put in the Musalages when it is off the fire, and stirre them till they be neere cold, then make it up in rowles.

Plaister

Plaister healing, called Jacobs Plaister.

TAke Lapis Calaminaris, Lapis Sanguinaris, Letharge of gold, Terra sigillata, Ceruse ana j ℥, Bole ij ℥, all fine powdred, and searced, oyle of Linseed dj. pint, Wax v ℥, Rosin iiij ℥, Turpentine j ℥, melt all together, then straine them, mix in your powders before set downe, by little and little, stirre them well together, and make your plaister.

Another of Jacobs Plaister.

TAke Lapis Emery, Adamants Letharge of gold, Ceruse, Letharge of silver, Lapis sanguinaris, Bole, sanguis Draconis, Ox bones burn'd ana ij ℥, Camphire j ℥, Wax j ℔, Sheeps sewet and Turpentine ana dj ℔, oyle of Roses iiij ℥, *fiat emplastrum.*

An excellent healing and cooling Plaister.

TAke Wax and Deares sewet ana iiij ℥, Lapis calaminaris ij ℥, May-Butter ij ℥,

Camphire j ℥, oyle of Roſes viij ℥, mix and melt them together, and make your liquid Plaiſter.

A very good Plaiſter called the black Plaiſter.

TAke red Lead viij ℥, white Lead viij ℥, oyle of Linſeed viij ℥, red Vinegar iiij ℥, ſtirre all together in a panne of a gallon, boyle them on a Charcoale fire till they bee black, try one drop on a bright ſawcer, if it be black and well, powre it out in cold water, wet your hands in oyle, and ſo rowle it up.

A Plaiſter cold, called Colemanes Plaiſter.

TAke oyle Olive one pinte, Wax iiij ℥, Pitch iij ℥, melt them all together, and ſtraine them, then put therein Ceruſe, white Lead, Letharge of gold, Lapis calaminaris ana iiij ℥ all powdred, then put therein the Gums, melt them together, and ſtirre them well, then take them off, and ſtill ſtir them till they bee almoſt cold, then powre it in cold water, and make it up.

A good

A good Plaister to dissolve and cleanse a sore.

TAke Galbanum j ℥, infuse it all night in white Wine, wash the sore therewith, then mix the Galbanum working it in your hands, and so plaister it on.

A good Sanative, Incarnative, and Desicative Plaister for ulcers.

TAke a pinte of oyle Olive, and Wax iiij ℥, in small pieces, boyle them on the fire till the Wax bee melted, then put them in a Bole dish, put therein Lapis Calaminaris powdred, mix and stirre them together with a rowling-pinne till it bee cold, so make it to a plaister.

Powder to Incarnate and dry up sores.

TAke Frankincense, Dragons blood, quick Lime ana, make powder thereof.

Another

Another powder to encrease flesh, and heale.

TAke Dragons blood, Aloes, Olibanum, sarcacolla ana j ʒ, powder it, and apply it.

A Plaister to incarnate, and mundifie.

TAke Rosin, and Wax ana ij ʒ, Turpentine iij ʒ, Frankincense and Mastick ana j ʒ, Saracole, Mummy ana iij ʒ, oyle of Mastick, and Honey, of Roses ana iiij ʒ, Barly meale ij ʒ, mix them on the fire, and make a plaister.

A Plaister maturative and ripening.

TAke the juyce of Smallage, honey, flower of wheat, and the yolks of egges, mix them and make your plaister.

A Plaister or Searcloath for fractures or bruises.

TAke Rosin and Wax ana viij ʒ, black Pitch iiij ʒ, Perosine ij ʒ, oyle Olive viij ʒ, melt

them, and put thereto Cummin seed fine powdred and searced ij ℥, mix &c.

A Plaister to heale Sores and Scabs.

TAke the juyces of Celendine, Fumitory, Scabius, and red Docks ana iiij ℥. Letharge and Ceruse ana iiij ℥ fine powdred, mix them with Vinegar and Hogs-grease ana, set them on the fire, and in boyling mix your powders by little and little at once stirring them, and so use it.

A Plaister for the Cramp in arme or legge.

TAke great Onions, roast them tender, make a plaister, and apply it where the paine is very hot, and in thrice dressing it will be well.

A good Plaister to heale and cleanse old sores.

TAke Rosin xij ℥, Perosine iiij ℥, Wax viij ℥, Galbanum j ℥, Mastick, sang. Drac. ana iiij ℥, Frankincense j ℥, all powdred small, honey, and Boares-grease ana iiij ℥, Verdigrease i ℥, melt them, stirre them, and put it up to use.

Another

Another Plaister to dissolve and ripen.

TAke Mallow roots, Lillies, Henbane, and Smallage, seeth them tender, stamp them, and boyle them with May Butter, and oyle of Linseed ana, in boyling put some Honey therein, stir them wel together, then thicken it with the powders of Linseed and Fengreeke, when you heat it, put Milk and May Butter thereto, *quod sufficit.*

A good Plaister deficative and clensing, lately used.

P

TAke Rosin, Wax, Hogs-grease ana ij ℥, honey clarified i ℥ dj. put not in your honey till the Rosin and Wax be melted, then stirre them well, and in stirring put in the powder of white Copperas, what you think fit for the Cure.

A Plaister to skinne and heale very fast.

TAke oyle of Linseed viij ℥, new Wax iiij ℥, melt them at a soft fire, stirre them, then

then put thereto Lapis calaminaris j ℥ fine powdred, still stirre it, in the cooling put in one spoonfull of white wine vinegar, so make it, let it be well mixed.

A Plaister to heale and dry.

TAke oyle Olive and new Wax, melt them, put in fine powder of Calaminarum, make it red with the powder of red Lead, if the sore be cleane, dresse it but once in three dayes.

Another of the same nature.

TAke Lapis Calaminaris, grinde it fine on a Painters stone, put thereto fresh Butter, and Oyle of Linseed, a little Bole and Ceruse, grinde them on the stone.

A Plaister to asswage heat and inflammation of the liver.

TAke Barly meale mixed with the juyces of Sengreene, and Orpius, and Vinegar, mix them with Populion and the cold white oyntment, make a plaister, and lay it to your right side.

A Powder

A powder to correct and abate spungie flesh, or mortifie it.

TAke fine Allom, Verdigrease ana ij ℈, Bole iiij ℈, all fine powdred and searced, mix them, and use it.

A Powder to destroy Warts any where.

TAke Savine dried and powdred, if it be not strong enough, mix powder of Mercury sublimat, which will destroy Itch, Canker, Pox, or Cornes.

Item, burn'd Allom, or burn'd Copperas, or the greene powder of Hollyworth, &c.

A Powder praised of all Chirurgeons, for it scales bones, and stops the watring of Nerves or sinewes.

TAke burn'd Copperas j ℈, Auri Pigmentum fine Combust j ℈, Verdigrease fine searced j ℈, burn'd Allom fine powdred and searced iij ℈, mix them together, it is excellent in operation.

The

The Powder of Mercury sublimat.

TAke Mercury powder sublimat, put to it Bole, so that in the mixing the powder may be but pale, a little reddish; this kills all Pox, Cankers, old sores, &c.

Pox, or Plague, or any thing else, to purge out.

TAke the waters of Scabius, and Fumitory ana first and last, with Triacle, Diatessaron, and Sugar *quod sufficit.*

A Purgation which wrought good effect.

TAke one pinte of white Wine, boyle therein Borage flowers, Violet flowers, Succory, and red Roses ana dj. M, boyle them close covered, till halfe the Wine bee wasted, then straine it, and put to it Allo-siccotrine fine powdred iiij ℥, Anniseed powdred ij ℈. take of this vj spoonefulls at once, it purgeth well with Sugar.

Another

Another gentle Purgation that is good against melancholy, and comforts the spirits.

TAke the juyces of old Pippins and Bo rage ana, as much as wil make a draugh heat it seething hot, then infuse therein a night Senna iiij ʒ, Manna, and syrup of Ro ses ana j ʒ, Anniseed bruised iiij ʒ, next mo ning straine it, and drink it warme.

Paine or Pustulls rising any where.

TAke White Wine, the Whay of Butter milk ana dj. pint, Damask Rose leave dried, and Beane flowers or blosomes M boyle them close covered a little while, the take it from the fire, and presently mix dj pint of oyle of Tartar made of white wine so let it stand close covered till it be neer cold, then straine it, and foment the plac very hot with double cloathes a quarter o an houre, this hath cured and eased many.

A Pla-

A Plaister of Adders tongue and sweet Maudlin, all greene, which cureth greene wounds and old sores.

TAke Linseed oyle j pint, Adders tongue, and sweet Maudlin both greene, in May and June ana iij M, strip forth their stalks, and bruise them, then boyle them in the oyle, adde thereto white wine, *viz.* let them all boyle till the hearbs bee very soft, then straine them out, and put the liquor to the fire againe, adde thereto Rosin and Wax small broken viij ℥, boyle them till all bee melted, still stirring it, then take it off presently, mix therewith Venice Turpentine vj ℥, liquid Storax j ℥, so it is made.

Paine in the belly, or any part to cure.

BOyle in a quart of Posset Ale Maydenhaire j M, Annisseed and Liquorice mundified and bruised ana iiij ℥, Ivorie shavings one spoonfull, boyle them well, straine it, and drink it warme.

A Pectorall Electuary that comforts memory, the sight, and all griefes.

TAke red Sage, Carduus Benedictus, and Rosemary dried and powdred ana j ℥, Lavander, Penyryall, Balme, Marjorum, Stoecados, Sothernwood, and Thyme ana iiij ℥, all dried, powdred and searced, Ginger and Liquorice mundified, Cloves, Cinnamon, Mace, Annis, Caroway, Fennell, Coriander seed, Cardimonium, Cubebs, Calamus Aromaticus, Ireos, Florentine, Galingale, Myrrh, lignum Aloes, long Pepper, Zedoria ana iiij ℥ all powdred, shake and stir all these powders in a quart of spring water, wherein hath been boyled dj. ℔ of Raisins of the Sunne stoned and strained forth, then put in iij ℔ of English honey, put it to fire againe, let them boyle a quarter of an houre, still stirring it with a spatula, then take it againe from fire, and put in the fourth part of a pinte of Rosewater, and Nutmegs viij powdred, when it is cold put it in close pots, the Dosse is j ℥ at once alone, or better with Balme water, or drink a little Balme water with Sugar.

Also

Also boyle with the former simples mirabolans embellick, and Bellerick stoned, powdred, and searced ana ij ℥, mirabolans Kebule, and Inde stoned, powdred, and searced ana j ℥ altogether.

Tissick, or infection of the Lungs.

BOyle the leaves and seeds of March-Mallowes, in Milk or Wine, let the sick drink thereof.

Plague a defensive, and cureth the sick of it.

BOyle in three pints of Malmsie, Sage, and Rew ij M. till it be well boyled, then straine it, put to the liquor againe, boyle it two walmes with Nutmeg, Ginger, and long Pepper all mixed together j ℥, then take it from fire, and presently mix to it Mithridate j ℥, Triacle ij ℥, Aqua vitæ iiij ℥, mix them together while it is cold, then put it up in a Vyall close stopped; take halfe a spoonfull every second morning for a Defensive, but if infected, one spoonefull first and last, and sweat three houres.

Purging Lozenges, the Dosse is one or two drams.

TAke Senna iiij ʒ, Ginger and Liquorice ana ij ʒ, Turbith and Ruberb ana j ʒ, Diagredij ij ʒ, Hermodactills iij ʒ, Fragrariæ folium j ʒ, Mace dj. ʒ, white Sugar j ℔ powdred and searced, Rosewater viij ʒ, compound them, and so make them.

Reines running, or Gonorrhæa.

TAke Bole, terra sigillata, sanguis Drac. ana j ʒ, conserve of red Roses iij ʒ, make it to a Masse for Pills, the Dosse is the quantity of a Nutmegge morning and evening.

Another for the same.

FIrst purge well with new drawne Cassia j ʒ in a draught of white wine.

℞ Pearle, Corall, Cresses seed and Madder ana iiij ʒ, Cumfry roots dried and powdred, Venice Turpentine dried and powdred, Acorne cups powdred ana iiij ʒ, make all these with Venice Turpentine to a Masse,

Masse, the Dosse is vij Pills, as bigge as Pease, take it first and last.

Rupture to cure.

TAke the white of an egge beaten like cyle, colour it red with Alkaner, anoynt the back or place where the griefe is by a hot fire, keepe it warme with a Lambs skin, or take Dove-foote or Cranes bill powdred, give halfe a spoonefull thereof in Claret wine or red warme for one and twenty dayes together morning and evening, fasting two houres after; if it be for old people, adde to it nine Snailes shells powdred and dried, during the cure weare a Trusse, stir it not much, and abstaine from windy meats; or take Polypody of the old Horne beame tree, stamp the roots thereof with the white of an egge, and binde it against the place burst, renewing it every foure and twenty houres for ten or twelve dayes, all that time drink nought but small Beere or Ale, and infuse Cumtry roots and Solomons seale bruised.

Ringworme, Tetter, or creeping sore, the cure.

TAke of the rustiest yellow fat Bacon, cut it thin, fry the grease out of it, then powre it cleane forth from the salt, make cleane the Pan, and put in the cleare grease againe, fry therein * Cup-Mosse, till it be dry like coales, then straine out the cleare grease, and mix it with dj, so much Tarre: make an unguent of it, and anoynt the griefe every day, or red Dock roots unwashed and thin sliced, steeped all night in strong Vinegar, and with a clowt bathe it often.

A plant.

For a Red gum, or Sanssleame face old or new.

TAke the juyces of Sorell, Smallage, and Plantaine ana, honey alike dj. the white of an egge, adde so much Wheat flowre as will compound them to a Salve, mixed all rawe together, and cold without fire, and so apply it, it will cleanse, abate the paine, and heale.

Or Pine-nut kernels, bray them in water (make a Salve of it) let it stand till a fat swim thereon, and with the fat anoynt the griefe.

Rhewm

Rhewme, or Tooth-ache, the cure.

TAke Gum Armo. and Mastick ana j ℥ dj, boyle them in Aqua-vitæ iiij ℥, Wine Vinegar j ℥, till the third part bee wasted, then straine it, adde thereto honey iiij ℥, Saffron viij grains powdred, incorporate them together, and with a clowt on the top of a stick, apply it to the griefe.

Or Staves acre, Pepper, Bay salt, and Pellitory ana, all pulverized together, sowe them in a linnen cloath as bigge as a Nut, steepe it in wine vinegar one quarter of an houre, then put one of them in your mouth, champ it, and turne it from one side to another, spet out the rhewme as it comes.

Or stamp some greene Rew with some Bay salt, apply it to the gums grieved in a linnen cloath, it takes away the paine.

To stay and dry the Rhewme.

TAke a piece of white bread, dry, and hard, then soake it in Malmsie or Muscadine, then strew on it Sugar powdred, Wormwood and Mints powdred, then dry it, and eat it.

For Rhewme.

TAke Mustard seed boyled in Vinegar, hold it warme in your mouth where the paine is spilt.

Ruptures or Dislocations.

BOyle Rocket roots in water very tender, then bray them, and plaister them to the griefe, it cures.

Sores a drying powder.

TAke Frankincense, Vernish, Fengreek, Alloesiccatrine, the powder of burned bones ana ij ℥, strew it thick on the sore.

Sores fretting or eating.

TAke the herbe Female Fluellyn, bruise it and apply it to the sore, and drinke the juyce of it in wine and water.

Sores

Sores running, leprous, and skin rugged.

TAke two parts of ſope, a third part of auri pigmentum fine powdred and mixed, anoynt the griefe.

Sores old to dry up, a Lotion.

TAke ſo much dulcified Mercury as will make xij ſpoonfuls of Plantain water as white as milke, dip a feather in it, and dreſſe the ſore; it cures.

For the ſame Sore a Plaiſter.

TAke white Lead ij ℥, Camphire diſſolved in the white of an egge j ℥ Olibanum and Maſtick fine powdred, ana ij ℥, incorporate all theſe in a morter with a peſtle with oyle of white Roſe, and Virgins waxe thin ſcraped to the ſtifneſſe of a plaiſter. lay it to the ſore after the water hath dryed it.

Sore,

Sore, a Corrasive.

TAke green Copperas, small powdred and burn'd in a Crusible on a great fire for xij houres, till it be as red as bloud, grinde it fine on a Painters stone, lay this powder on the sore thin, dresse it every xxiiij houres till the dead flesh be clean out.

Sores great and old, a playster.

TAke Oyle of Roses j ℔. di. ℔. Oyle of Myrtle, ointment, Populeon ana 4 ℥, Hens grease, ij ℥, Oxe-tallow j ℔. di. ℔. Hogs grease vij ℥, Letharge of Gold and Silver, ana iij ℥, di. ℥, white lead and red lead, ana iiij ℥, Wax vj ℥, boyle them altogether sufficiently, then take it from fire, and mix to it Turpentine.

Sores hollow, a Lotion to mundifie.

TAke barbours lie j ℔. hony of Roses iiij ℥ Sarcacole iij ℥, Smallage leaves & Horehound ana di. M. boyle them, strain them, & use it.

Sores

Sores swelling to asswage.

BOyle in vinegar and verjuce sweet butter, dip double linnen clothes in it, use it hot.

Sores, or ulcers to mundifie, a water.

TAke Egrimony, Saint *Johns* wort, Centory, Worm-wood, Scabius, Crassula major and Cumfry roots, ana j. M. stampe all these together, and boyle them in j gallon of water, and j pottle of white wine with di. ℔, Sugar, till the liquor be half wasted, then straine it and keep it to your use, seringe this water as hot into your sores as may be: if you would have it more cleansing, adde thereto Melrosarum; if of greater cleansing and cooling, adde thereto Plantain or Night-shade water wherein is boyled a little Allom, this water cleanseth from the deep parts of corrupt and filthy ulcers and humours makes other Medicines work the better.

Her-

Serpigo, or Tetter to cure.

TAke sallet Oile ij ℥, Camphire iiij ℈, flowre of Brimstone, and Sugar ana j ℥, grinde all togethter in a stone morter, and put it in a glasse, in the day time anoint the griefe, as often as you will with oile, wherin the golden Sea-coal powdred is boyled, but at night with the former oyle.

Serpigo, or Tetter: another sure one.

TAke the rustiest Bacon you can get, only the fat thereof, fry it in a frying pan till you have all the fat forth, then powre it cleere out, and wipe the pan clean, put in the liquor againe, and fry therin j M. of Feltory, *alias* Cup-mosse, cleane picked and cleansed, fry it in the liquor till it be hard and blacke, then straine it into some vessell, and put to it ij spoonfuls of tarre, and of liquid Storax iiij ℈, stirre them well together till it be cold, anoint the griefe therewith, and lay a linnen cloth dip'd therein on the sore.

Sores,

Sores, Allom water that cureth.

TAke j pint of unslaked lime, put it in a pipkin, put thereto of the newest Tanners ooze that never had leather in it very warm, then scum it over clean, let it settle till the water be cleere, and therewith wash the sore with wet clothes, foure double, and lay them on.

Sores old and Vlcers, an oile to heale and dry.

TAke oile or gumme of Guiacum ij ʒ, incorporate it in oile of Roses ij ℥, Cerusse & letharge of Tinne, Alloes caetrine & Turpentine, ana ij ʒ, mix all these together in a morter of lead, then with lint lay it on the sore, this will dry and draw together the lips of sores.

Sores inflamed to coole much, and ease the pain.

TAke oile of Roses and Violets, unguentum rosarum, ana ij ℥, juyce of Plantain and Housleeke, ana j ℥, Letharge of Gold and Silver ana ʒ Tutia, ij ʒ, Cam-

Camphire j 3, all mixed together and well ground on a ſtone.

Stone, an outward application.

TAke the crums of ſtale Rie bread, boyle it in a pipkin with ſo much verjuyce of Crabs, as will boyle it to a thicke poultis, ſpread it on a cloth, and apply it on the griefe as hot as you can ſuffer it, if the paine remove, follow it with your medicine, renew it hot till you be well.

Stone, a diſtilled water for it.

TAke Epithimum, Aſparagus, Rape, Saxafrage, Parſley, Sea-thiſtle, Carret, Penill-roots, Maiden-haire, Gromill, Parſnips, Pellitory of the wall, ana j M. beat your herbs and ſlice your roots, then beate cherry ſtones in a morter j M. infuſe them all in three quarts of red Cowes milk a whole night, then diſtill it, drinke with white wine five ſpoonfuls of this at one time iiij mornings together.

Stone

Stone, a powder.

TAke Engliſh Licorice mundified and bruiſed ij ℥, Parſnip-roots, Carrots, March Mallows clenſed and bruiſed, ana j ℥, put them in a pot, poure thereon hot ſeething water one quart, let it ſtand cloſe ſtopped till it be cold, then ſtrain out a good draught, put into it a ſoft roſted apple, make it thicke as Lambs wooll, drinke thereof a good draught firſt and laſt morning and evening, it forceth urine, and opens the uriters.

Stone, ſtraight paſſage of urine to helpe.

TAke Saxafrage, Aſhenkeys, Broomſeeds, Holly-berries, Parſly-ſeed, Hawes, Bramble-berries, Alexander-ſeed, dry them and powder them, ana j ℥, the ſtones of a Boare j ℥, take of this powder j ℥ in a draught of warm white wine, uſe it at need.

Shin-

Shingles, the cure.

TAke the juyce of Rue, Oile of Roſes and Vinegar mixed, with ſo much Ceruſe to an unguent, therewith anoint the griefe.

Or the juyce of Night-ſhade, with oile of Roſes, Cruſe, letharge of gold, as before, or Cats bloud, anoint it therewith.

Sinews and veines cut to cure.

TAke the great red wormes knit together, lay then to the griefe; or Magiſtrall oile with Wine and Olibanum, doth the like.

Stitch, a preſent cure.

SWallow ſo much of the powder of Roſin as will lye on a xij pence in a draught of Sack or Beere, or the powder of a Boares tuske, as much as will lie on iiij d. in warme white wine, doth it, or take Camomill & Dazies with the flowres, ana j M. Cominſeed bruiſed j ſpoonfull, boyle all theſe either in Malmſy or Sack, thicken it with leaven bread to a Poultis, lay it very hot to the griefe.

Sciatica,

Sciatica, the cure.

MAke a playster with Caranna or Taccha, Mahacca with oile of Roses, lay it on hot, let it lie ij or iij dayes, then take it off, wipe it and apply it again warme.

Sweat to procure.

DRinke a draught of Sack-posset very hot, with iiij Bay-berries husked and powdered therein, cover him warme, and wipe off the sweat.

Squinancie, or any swelling in the throat.

TAke Camomill flowers, red Rose leaves, Rosemary tops ana j M. and xij Cloves, fill two linnen bags therewith, heat them betwixt two platters on a chafing dish and coales, with a pint of white wine, apply them to the grieſe, hard wrung out one after another as hot as he can suffer it, as one cooleth, put on another hot, so continue it for one half houre at every dressing with warm white wine wherein is boyled Honey, red Rose-leaves, and Rosemary tops ana.

Scurvy, the cure.

TAke Scurvy grasse, Devils Bitt, Watercresses and Brock-lime ana j M. Wormwood, di. M. stamp and strain them with a quart of white Wine, alayed with a pinte of water, boyle them all together vj walms, adde therto in boyling white Ginger powdred ij ℥, Enula Camp. j ℥, a little Saffron powdred, drinke thereof first and last, let him infuse Saxafrage in his drinke at meals, but let him first purge with this following.

℞ Take Senna Alexandrine, iiij ℥, Epithimum ij ℥, Raisins of the Sun stoned, j ℥, Fenell seed, Annis and Ginger, ana di. ℥, infuse them all night in very warme Whay, in the morning wring it out hard, and give it the patient.

Swelling, or Inflammation a Pultis.

TAke Mallowes, Camomill, and Violet leaves, ana j M. boyle them in fresh Hogs grease till they be tender, then lay on the herbs hot for a Pultis, if you adde the crums of Rye-bread, it will cleanse any corrupt Ulcer.

Swelling,

Swelling, or any ache an ointment.

TAke the marrow of an Oxe and new liquid Hens dung, ana di. ℔. boyle them together, adde thereto powder of Alkanet, strain it out hard, and fricate the grief warm by a fire with a cloth, then anoint it.

Swolne, or scabbed legs to heale.

TAke red dock rootes and Plantain ana, boyle them till they be tender, then bruise them till they be small, boyle them again in Sheeps suet, and apply it as a Pultis.

To skin a Sore or heale a wound.

TAke oyle of red Roses, infuse therein a little Gum-dragant, and a little powder of Alkanet, let it stand till the Gumme be like a gelly, then strain it and anoint therewith.

Scabs, the cure over all the body.

TAke Devils Bitt, Scurvy-grasse, Water-cresses, Brooklime, and Fumitory, ana ℔ M. Rosemary tops, di. M. bruise them and infuse them in clarified Whay, drinke no other drink for vj dayes.

Scabs, an unguent with the former drinke.

TAke the juice of Scabius j ℥, Enula cam. powdred j ℥, oyle of red Roses j ℥, boyle them in ij ℥ of Vinegar til it be thick, anoint.

Smack to cleanse.

TAke Centaury, Scabius, Devils Bitt and Agrimony, ana di. M. sprigs of Rosemary tops foure, or one race of Ginger grated, three large Mace, boyle them all in a quart of claret Wine sweetned with Honey, drinke thereof first and last till you be well.

Scal'd

Scal'd head the cure.

MIx with Hogs greaſe the juyce of Alexander, and a little Auri pigmentum fine powdred, to make it looke yellowiſh, melt it & put in the powder while it is on the fire, make an oyntment therewith, and anoint the griefe.

Or take Soute, Oyle-Olive, a little Wine Vinegar, Feltery, Graſſe, boyle them together till the Feltery be hard and like a coal, then ſtrain it and put thereto one ſpoonfull of Tarre, ſtirre it till it be almoſt cold.

Or take of the worſt Salt-peter i lb. the juyce of Celendine, fry them together till it become black, ſtrain it and anoint.

Swelling or pain between the skin and the fleſh.

TAke the dung of a Deere, Goate, or Sheepe fine powdred, boyle it in Malmſy and Wine Vinegar, ana, adde thereto ſome powder of Cominſeed, boyle them to the thickneſſe of a playſter, apply it hot, and dreſſe it every xxiiij houres.

Speech loſt to cure.

TAke the juice of Sage and Primroſe, boyle it in white Wine, and Gargarize the mouth therewith.

Strangury and Stone to cure.

TAke j quart of white wine, infuſe therein all night the roots of Parſnips and Carrets thinne ſliced, ana j ℥, the next day ſtrain the wine out, and infuſe therein the powder of a Hares haire, the powder of a Filberts ſhell, Licorice cleanſed and powdred, ana j ſpoonfull, Cinnamon, Nutmegs, white Ginger, Ivy-berries, Parſly ſeed, Caroway, Coriander and Fennill, all fine powdred halfe a ſpoonfull Sugarcandy powdred ij ℥, ſhake all theſe together in the pot with wine, ſo let it ſtand, drinke a good draught of it firſt and laſt, faſt two houres after in morning.

Sores

Sores running to dry and heale.

TAke the Mosse that growes on the black thorn, powder it fine, the bark of Guiacum powred, powder of old rotten oaken post, powder of the burnt bones of the jawes of a Pig, the powder of calcined Vitriall, and burn'd Allom ana j 3, compounded with Honey to a playster.

Stitch to cure.

APply to the place grieved crummes of Ry-bread wet with verjuice, as a Pultis very hot, if the paine run on follow it with the hot Pultis till it be gone.

Stone to breake.

TAke the shell or thinne rindes of Acorns, the hips of the Briar, red Holly-berries and Nutmegs, ana all dryed and powdred, drink hereof first and last in warme white wine, di. spoonfull at once for six dayes or more; it helps.

For all Sickneſſe, Fevers, Impoſtumes, or any other diſeaſe in Mans body.

TAke Hyſop, Betony, Roſemary, Violets, Vervine, Saint *Johns* Wort, Avence, Mouſe-eare, Plantain, Feverfew, ana j M. clean waſhed and ſtamped in a morter, then put them in a new earthen pot with one gallon of white wine, ſo let it ſtand cloſe covered to infuſe all night, in the morning boyle it cloſe covered to the conſumption of halfe, then ſtraine it through a haire Sive into a double Viall, then give the ſicke to drinke thereof evening hot, and morning cold, a great draught every time, this powder following to be drunk therwith.

Take Gallingale and Nutmegs ana iiij ℥, Ginger j ℥, Cloves, Cinnamon, Spikenard, Enula Campain, ana ij ℥, Licorice vj ℥, Sugar foure ℥, all fine powdred and ſcarced, then mixe one ſpoonfull of this powder in one pinte of the liquor afore-ſaid, ſo morning and evening drinke a great draught as is ſet downe, Take firſt the ſimple liquor vj days and vj nights, and then other foure dayes and nights, take it with the powder, this will cure you if ever you be cured.

Stich,

Stitch, a remedy, in the Spleene, or any part of the body.

CVt a a thin Turffe, having ſome ſhort graſſe thereon, broyle it on a Gridiron, ſtill baſting it with vinegar, put it in a double cloath, and apply it very hot.

Or the leaves of the ſmootheſt Holly dried and powdred fine, drink thereof ſo much as will lye on a ſixpence in any warme drink.

A Stone that maketh water for any ſore to bathe it, or heale any Canker in the face.

TAke Allom and white Copperas ana ℥j, fine powdred, then put them in an earthen diſh, make the powder hollow, or a hole in the midſt of it, powre on a little white wine to moiſten the powders, ſo let them boyle till they be almoſt dry, then put to it white and red Lead powdred ana ij ℥, ſtirre and mix them wel together till they be dry, then make the hearth very cleane where the fire was, lay the diſh and powders with the bottomes upward thereon, then cover the diſh with hot embers, ſo let it lie till the

powders

powders dry, and the dish be cold, then take out the stone made of the powders, and put iiij ℥ thereof into a pint of Plantaine water, or white wine and water, and bathe the sore therewith warme, and lay lint wet therein all day, and all night lay a plaister made with some of this stone powdred, mixt with Honey and Camphire, but first bathe it with the water, so use it till you be well.

Sciatica, an approved medicine.

TAke Malmsie, and Neats-foot oyle ana dj. pint, the youngest tops of Rosemary, the young tops of Bay leaves and Lavander, Spick, ana dj. handfull, all cut small, boyled till the hearbs be tender, then stamped very small, mixed with ten spoonefulls of Aquavitæ, then mix it to a Salve and anoynt therewith.

To skin a sore, and make it perfectly whole.

TAke Lapis Calaminaris powdred and searced, mix therewith fresh Butter out of the Churne, and Linseed oyle ana, a little Bole and Ceruse fine powdred, mixt altogether, and apply it.

Sciatica,

Sciatica, Gowt, or Ache, an excellent oyle to cure it.

TAke Sallet oyle one pottle, put it in a broad gallon glasse, infuse therein Rosemary flowers bruised j ℔, let them so stand in the Sunne close covered till Midsommer, then take red Rose buds j ℔, take out the whites, Dill dj ℔, S^t. *Johns* Wort j ℔ dj ℔, Vervin dj. ℔, bruise all these hearbs, then put them into the glasse of oyle, stop it close againe, and sunne it for ten dayes more, then after a shower of raine, gather earth-worms one quart, cleanse them in white wine, and wipe them hard in a course cloath of linnen, then take those Wormes, and Lavander, Spick dj. ℔, and ten yong Swallowes out of the nest, beat them so small, till you can discerne neither bones, nor feathers, nor guts, then put them also into the glasse of oyle, and stirre them well, and so let it stand one night or two, powre out all this egredients into a Pipkin covered, adde thereto one pint of Malmsie, and dj. pinte of Aqua-vitæ, let it simper softly till the Wine and Aqua-vitæ be wasted, then straine it hard, and put it in a double Vyall close stopped,

boyle

boyle it in Balneo with ſome powdred Cloves, and Maſtick powdred ana ij 3 for halfe an houre ſoftly, then ſunne it againe ten dayes, then put it up, let it be ten weeks old before you uſe.

To cleanſe and heale a ſore with a faire linnen cloath dry.

TAke Plantaine water, put thereto Mercury fine powdred, ſtir them well together, and ſo let them ſtand infuſed all night, then poure the cleare water frō the powder, then wet a cleane linnen cloath therein, take it out, hang it over the pot with Mercury to draine therein, ſo let it hang till it be dry, let it come neere no Sunne, but let it dry in the ſhadow, then cut it fit for the ſore, apply it thereto till it be whole, renew it as you doe other plaiſters.

A drink for the Stone that cleanſeth the back.

GIve him to drink Benedicta laxative in a draught of warme white Wine, then cover him warme in his bed, let him ſweat well two houres, this is excellent to cleanſe the reines.

To

To make Diacentauria, which purgeth the stomack, comforts the liver, Milt, and cooles the body.

TAke the powders of Centaury & Cumin ana j ℥, Fennell, Parsly, and Hyssop, Mint seed all powdred ana iiij ℥, boyle all these in white wine till the wine be wasted, then bray all in a Morter, and compound it all in a panne with clarified honey, being cleansed with the white of an egge, let the honey bee three parts, and the seeds two parts by waight, then boyle them one or two walmes, till it wax somewhat thick, still stirring it, then stirre and mix therewith the powder of Annise seed, Cinnamon, Galingale, and Liquorice mundified ana j ℥, let them be well Mixed, eat thereof at any time.

Excellent powders for the Stone.

TAke Smallage seeds, Parsly, Lovage, Saxafrage, roots of Philapendula, Cherristones, Gromill, and Broome seeds, Ashenkeyes ana j ℥, powder them fine, take of this one spoonfull at once in any thing, fast three houres after.

Stone,

Stone, a pretious water to drink, and may be taken with the foreſaid powder.

TAke ſtrong Ale ſixe dayes old three gallons, Liquorice and Annis bruiſed ana iij ℥, Birch leaves burn'd, Pellitory, Water-Creſſes, Saxafrage, Gromill, Philapendula, Alexander, Parſly ſeed, greene Pennyryall, red bramble leaves ana j M, Hawberries dj. pinte, diſtill all theſe in a Limbeck, and keepe the water, which drink alone, or with the other powder.

A diſtilled Water to breake the Stone.

TAke wild Mirtle like Butchers broome, Aſparagus or Sparage, Eringus, Rapes, Parſly, Mayden-haire, Gromill, wilde Carrots, Endive, Fennell roots ana, cut or brayed groſly, infuſe them in Wine on a ſoft fire, this breakes the ſtone, and cauſeth urine.

Stitching

Stitching and drawing wide wounds together, without touching fleſh or skin with a Needle.

TAke Maſtick, Dragons blood ana ij ℥, Frankincenſe j ℥, Millduſt, and Beane meale ana j ℥ dj. ℥, powder theſe fine, and temper it with the whites of egges beaten in a diſh, and ſome Roſewater unto a thin Plaiſter, then ſpread it on two narrow ſtrong linnen cloathes, full as long as the wound, lay on each ſide of the wound one of them, neere the lips of the wound, let them there lie till they be full dry, then they will ſtick faſt to the fleſh, then with a needle and thread draw them together as neere as you pleaſe without any touch or hurt to the wound, which much eaſeth the Patient.

Stinking mouth to cure.

TAke browne Nuts, boyle them in wine Vinegar, waſh the mouth and gums therewith, and after rub them with dry Mints: this cureth.

Or eat Roſemary faſting.

Stinking

Stinking breath for the stomack.

TAke Cumin fine powdred, boyle it in white Wine, from a pottle to a quart, drink of it first and last hot, it cures in fifteene dayes, *probatum*: drink a pint every day.

Or the roots of Speare-mints boyled in honey, drunk to bedward, or mixt with the former medicine.

Or Mountaine Thyme, or wilde Thyme that growes on Molehills, wash it, stamp it small, adde thereto Cumin powdred dj. ℥, Pepper dj ℥ powdred, boyle all together in a pottle of white Wine to a quart, use to drink this alwaies after meat, at afternoone once, and last at night hot as you can abide; this likewise cureth in fifteene dayes.

Or sometimes dip a Lawrell leafe in Mustard, and hold it under the tongue, it furthers the cure.

Speech used in sleepe to remedy.

TAke the juyce of Sothernwood mixed with white wine or vinegar, and give it him to drink when hee goes to bed, this helps to sleepe quietly.

Or

Or take crops of Rew and Vervine ana, stamp them with vinegar, straine them, and drink it last to bedward ten dayes together, it cureth.

To help Children to speake quickly.

RVb the tongue with salt Gem and Honey mixed together, it wil profit much.

An excellent Cordiall to comfort the stomack, heart, and braine, quickens memory, and much comforts the spirits.

§

TAke Calamus Aromaticus, Galingale, Cubes, Spicknard, Cardimonium, graines of Paradise, Myrrhe, Cloves, Ginger, Mace, Nutmegs, Cinnamon, Corrander, Fennell, and Annisseeds ij ℥ of each, Liquorice mundified, Conserve of red Roses, syrup of Violets, Rosemary dried, and red Sage dried ana iij ℥, Rosewater, Borage water, Balme water ana j ℥, or for want of the waters, the hearbs dried and powdred ana j ℥, Honey clarified with the white of an egge j lb, pulverize and searce all those simples that are to be powdred then in a broad gally pot mix all these simples, honey and waters

 together,

together to a Conserve, let the Patient take the quantity of two Hazell nuts, in the morning fasting, two houres after, and last to, bed-ward so much as a Hazell nut.

For foule Scabs.

TAke Scammony and vinegar. and apply it, it helps and drieth mervailously.

For Scabs and Tetters.

TAke the juyce of Lymes, old Oyle, of Nuts and Tarre ana, let them boyle together, then straine them, and mix therewith the fine powder of chimney soot, make an oyntment thereof.

Or the juyce of the Dock mixt well, doth the same.

For the Sciatica an unguent, probatum.

BOyle a pint of old Malmsie, with dj. ℔ of Butter out of the Churne unsalted, let them boyle till it come to a Salve, therewith anoynt the griefe warme, use this for any other paine.

Tetter,

Tetter, the cure.

TAke red Rose leaves, Sage, Camomile, and Rosemary ana j M. Pomgranat Pils, and Allom ana iiij ℥, boyle all these in two quarts of white wine, to the consumption of a third part, bathe the sore therewith, and apply on it a plaister of Diapalmæ.

Or black Sope, Ginger, and Pepper, make an unguent of it, and use it, it cures.

Tympanie or Dropsie, the cure.

TAke five pints of Rhenniſh or white wine, and three porrengers full of the ashes of burn'd Broome, Cinnamon iij ℥, infuse them all night together, next morning runne it thorow a jelly bagge so often till it be cleare, adde thereto so much Sugar as will fit your taste, bottle it up close, let it stand one day, then drink it first and last, and one houre before meales, and after walke till you bee warme, at each time take a good draught cold, eate neither Milke, Broath, nor spoone meat, salt meats, nor

fried, drink but little at meales, no wine at all, except the stomack be weake.

Thornes with splinters, and to draw them out.

TAke a peece of a Fox tongue, steeped all night in vinegar, bind it fast on for forty houres without removing, it will draw it out.

Or take Ryce meale, Hazell nuts, black Sope, Tarre, Goose dung, and Hens dung, mix them, and boyle them in milk to a poultis, plaister it fast on.

Or stamp the roots of a Reed, and lay it to the griefe.

Or stamp Bettony, and use it.

Or take Egrimony, the grease of a Hare and Rye meale mixt, and apply it.

Or take honey, the gall of a beast, and chalk, and use it.

Tooth-ache with rhewme, the cure

BVrne Ashen-keyes to ashes, and put them in a fine linnen cloath, bound hard together, then dip it in wine vinegar, and lay

lay it in the hole behind the eare, this raiseth a blister, and easeth.

Or take Ginger and Liquorice mundified and Powdred ana iiij ℥, salt Peeter j ℥ fine powdred and mixed, then with a quill blow it up in the contrary nostrill where the paine is; this works hard, but helps.

Tooth-ache, stinking breath, and loose teeth to cure.

DIp a linnen cloath in vinegar of Squils, rub your teeth and gums therewith.

Tooth-ache of rheume.

TAke English honey, melt it in a dish, then shred off the inner bark of a white Bullas tree, Pepper, and white Ginger, as much as will make two little Pills, so bigge as a black Cherry, wrap each of them in a thin linnen cloath, dip them in a dish of hot honey, hold them in your mouth one after another, when one cooleth taketh another, doe this till the paine be gone.

Ptysick. or any disease of the lungs.

TAke the roots of Parsly, Fennell, and Succory ana j M pithed, the fresh tops of Rosemary and Bettony ana j M, Anniseed bruised, Liquorice mundified and thin sliced ana j ℥ dj. ℥, Enula Campaine roots powdred iiij ʒ, Raisins of the Sunne stoned iiij ℥, English Saffron ℈ j, boyle all these in three quarts of running water one houre, then straine out the liquor, and put it to fire T againe, with three spoonefulls of honey, when it boyles scum it, let it coole, and bottle it up for your use, drink morning and evening eight spoonefulls thereof warme, sometimes tost a Figge, and eat it dipt in the powder of Bettony.

Of this make a syrup, which eat a spoonfull often in the day and night.

Turne sole to make.

DIp linnen cloathes in Allom water, let them dry againe, then take Elder berries, and Black-berries, wring their juyces out, then dip the Allom cloathes therein, let

let them soke well, and keepe them when it is well dried in.

For the Tooth-ache, a medicine made by Doctor Butler of Cambridge.

TAke the rind of Caper roots, of the black berry bramble, the flowers of Pomgranates called Balaustia ana ij ℥, Pellitory of Spain, white Henbane seed, the rind of Mandrake and Roche Allom ana ij ℥ dj. ℈, Spurge of the garden j M, boyle all these together in very hard white wine, this is rough in taste, therewith gargarize and wash the mouth often.

A Triacle, or rather a pretty Mithridate.

TAke Gentian, Aristolochia rotunda, Bay berries husked elect, Myrrhe and Ivory ana j ℥, Ginger, Cinnamon, red Roses, Opium, Spicknard Castor Opoponax, Frankincense, Fennell seeds, Parsly, Caroway, Wormewood, Calamus aromaticus, Enula Campaine, Scordium, or water Germander, ana ij ℥, Storax, Hartswort, Sothernwood, Turpentine wash'd in Rose water

ana vj ℥, powder all that are to bee powdred, and searce them fine, incorporate them with honey clarified *quod sufficit*: this is excellent for any strong disease, or other, it expells poyson from the heart of any kinde; it expells winde and venemous vapours, it breakes the Stone, it giveth quiet rest and sleepe, it takes away all pain, it causeth urine, and cures all inward griefes and sickneſſe, the Doſſe is j ℥ at a time.

A stomack drink that cures many diseases, if it be made and drunk in May, they are safe all the yeare after.

TAke Scabius, Mugwort, Smallage, Divels bit, ground Ivy, Wormewood, Fumitory, Fetherfew, Spicknell ana ij M. boyle them long in Whay made in May, when they be well boyled, in the laſt walm put in it the whites of ſix egges, ſome honey clarified, a little Saffron, the powder of twelve Cloves, then ſtraine it, and drink of it firſt and laſt.

Thight,

Thighes ache, or feet.

TAke the roots of Walwort, scrape the inmost rinde, stampe the middest, and temper with Boares grease and plaster it on.

Thornes to draw out any where.

STampe j M. of Dazie roots tempered with yolkes of egges and wheat flowre, and make a playster thereof, and apply it, dresse it twice a day.

For Tetters or any creeping eating Sores.

TAke honey clarified, mix therewith of Daffadill and the roots thereof, anoint the griefe, or take white Sope j ℥ Orpment ij ℥, make an unguent therewith, but first wash the place with warme water before you anoint it.

Or mix the powder of Salt Armoniack, with Sope anoint and be whole, *probatum.*

Veine

Vein broken or spitting bloud.

TAke Mouse-dung powdred as much as will lie on a groat, put it in a little draught of the juice of Plantaine warme, with a little Sugar, drinke thereof first and last till it be well.

Vein broken.

TAke Wormwood, Hemlock, Housleeke, ana di. M. Hony, & Oyle of Roses ana j ℥, Bole, and sanguis Draconis ana ij ℥, beate them together, and playster it to the griefe.

Vlcers, the cure.

TAke Roch Allom, powder it and calcine it till the pot be red hot, and the Allom pure white, then adde thereto Wine Vinegar so much as will cover it, then vapour away the Vinegar till the Allom be blacke, then calcine it againe till it be as white as Snow; then mixe it with Honey of Roses, make a playster thereof, and apply it.

Vlcers

Vlcers old to Siccatrize and cleanse.

STrew thin over the Vlcer calcined vitriall, then lay on a playster of flos unguentorum.

Vomit easie with intermission.

TAke the syrrop of Mints and Violets, ana foure ℥, boyle them to the thicknesse of Honey, then draw away the fire, then mixe them with the seeds of Pompions, Raddish and Nettles dryed and powdred, and Rose water ana foure ℥, the roots of Asarabacca, dryed in the shadow, pure chalke powdred, Cinnamon and Fennilseed, all powdred, ana j ℥, confect them all together into an Electuary, the Dose is iij ℥, either in Barley-Water, Whay, or Milk, or honied water.

Vomit to stay.

TAke Mints, Shepherds Purse, Plantaine, Knot-grasse and Cumfry, ana j M. small chopped, boyle them in a quart of red or claret Wine, drinke of this Wine, and plaster

ſter the hearbs to the ſtomack in a double cloth.

Unguent mundifying.

TAke Roſin viij ℥ , Colophony foure ℥, Wax j ℔. Oyle one ℔, Opoponax j ℥, di. ℥, Verdigreaſe j ℥, melt the Wax and Roſin together, then ſtrew on the Gummes being diſſolved in Vinegar, then boyle it a little on a ſoft fire, take it off, and ſtirre in your Verdigreaſe laſt in fine powder by little and little, ſo playſter it.

Unguentum Neopolitanum, to cure the French Pox.

TAke Oyle of Spick, Oyle of Tartar, Oyle of Bay, Peterolium, and Swines greaſe, ana j ℥, Frankincenſe, 4 ℥, Euforbiũ j ℥, di. ℥, ung. dialtheæ, and Agrippa, ana j ℥ Quick-ſilver mortified with faſting ſpittle, iij ℥, mixe them well and compound an Oyntment thereof, anoint therewith but hands and armes to the elbowes, legs and feet to the knees.

Un-

Unguent to heale a green wound at first dressing.

TAke Aloes, Siccatrine fine powdred, the powder of Perosine ana, Mix and grinde them with the white of an Egge, lay it on with a Spledget of Lint.

Unguent for Ladies chop'd, or sore Lips.

TAke Butter out of the Churne, melt it with so much Waxe, Rose-water, and fine scraped Sugar, compound them together to an Oyntment, and anoint therewith upon the hands.

Unguent for deep thrusts or Wounds.

TAke Hogs grease di. lb. the juyce of Plantain, Wormwood, Marigold and Dazies, put to your grease so much Sallet Oyle as grease, melt and mixe them well together on the fire, put therein so much fine searced powder of Alkanet as covers the unguent red, this cureth without Tent, and keepe it open.

Un-

Vnguent Incarnative and healing.

TAke Englisſh Honey and Turpentine, melt them on the fire, and ſcumme them with a feather, then take it from the fire, and ſtirre it, and put to it the juyces of Daſies and Plantain ana, the yolkes of three eggs, ſtirre them well and mixe them to an Unguent.

Vnguent to heale the Hemrods, and breake them.

TAke the fineſt Sope, bray therewith Garden Snails without ſhels, and the fine ſearced powder of burnt Muſcle-ſhels, all mixed and brayed together, anoint therewith, and in three dreſſings be whole, and then lay on a deſiccative powder.

Vnguentum defenſivum & repercuſſivum.

TAke Oyle of Roſes foure ℥, Bole two ℥, Terra ſigillata one ℥, Vinegar one ℥, Camphire di. ʒ, Night-ſhade, and Sengreen, ana ℈ M. pound, the herbs, and ſtrain the juyces out, mix altogether cold, *fiat unguentum.*

Vn-

Vnguentum digestive, which brings a wound to faire matter.

TAke Honey and fresh Butter ana, incorporate them well together, with the flowre of Fengreeke, Linseed, and Wheat, melt them and mixe them on the fire together, make it so.

Vnguent to mundifie.

TAke Rosin, Wax, and Pitch ana iii ℥, Deeres Suet j ℥, melt them together on a soft fire, strain them purely without pressing, then set it on the fire, and put there to Verdigrease, vj ℥. Allom fine powdred, iiij ℥, mix them well with vj. great spoonfuls of Sallet Oyle, and so it is done.

Vnguent to cleanse and heale.

TAke white Copperas fine powdred foure ℥, Allom fine powdred, and Verdigrease ana iij ℥, Honey fine powdred, and Butter ana ij ℥, Oyle of Roses ij ℥, boyle all together to a liquid unguent, then mix thereto Turpentine ij ℥, lay it on with Spledgets.

Vn-

Vnguent to skin any wound.

TAke Lapis Calaminaris powdred and searced j ℥, fresh Butter, Oyle of Linseed ana ij ℥, Bole and Ceruse ana iij ℥, powdred and searced, mix them all in a morter to an unguent, anoint therewith and lay Spledgets wet therein on it.

Vnguent to force one to pisse in any sickneſſe.

INfuſe and mix ten drops of Oyle of Iuniper in ij ℥ of Parſley water, drinke it faſting bloud-warm, uſe it till you be well, which will be at one or two takings.

Wounds and ſmall Cuts.

TAke powder of Storax, mixe it with Oyle of Hypericon and Alkanet, it cures quickly.

Wounds

Wounds green, a Balsome to heale quickly.

TAke the oldest white Wine j pinte, Oyle three pintes, Hypericon, Clownes All heale, and red Rose buds, ana j M. fresh and small shread, earthen wormes clensed di. lb. boyle all these in the Oyle and Wine, til the Oyle and Wine be consumed; then strain it hard forth, and put it to fire againe, digest therein liquid Storax j ℥, and Venice Turpentine j lb. Wax cut in pieces ij ℥, mixe them well together when it is cold, put it in Vialls, and Sun it ten dayes, this is a good tenting Salve.

Wounds green, a Salve to cure.

TAke the Oyle of Linseed pinte one, infuse therein Adders tongue and sweet Mandlin small chop'd or cut all night, so much as the Oyle will cover, the next day boyle it close covered, till the herbs have lost their colour, then straine it, put the Oyle to fire againe, put thereto Wax and Rosin, cut in small pieces ana ij ℥ till it be well melted, then mixe and stirre therein Venice Turpentine

tine ij ℥ being well mixed, take it from fire put it up to your use.

Wounds or Sores, a good Lotion.

TAke white Wine one pinte, infuse therein so much calcined Vitriall as will make it bloud red, then put thereto the powder of calcined Allom, so much as a Walnut.

Wenne to cure.

RUb the Wen on a dead body, a man on a woman, and a woman the contrary, prick the Wen with a Needle in the dead body to be buried with him.

Wormes to kill and cure.

TAke Cockle, and with the flowre thereof make a playster, temper it with the juyce of Wormwood, lay it the Navell. Or take the powders of Betony, Savine, Wormwood, and Century, ana mixed, eat a little thereof in broaths, or drinke it in drinke.

Winde

Winde Collick to cure.

TAke the powder of Setwell Roots, and put it in white Wine, it is very good.

Winde with pain and swelling in the Stomack.

TAke Avenice, Licorice & Annis, cleansed and bruised, Gallingale and Hyssop, with the powder of Mace, and a little Gentian, boyle all these in white Wine, the Dose is in discretion, straine it and drinke it warme.

Or oyle of Roses, Waxi powders of Mastick and Mace melted together, and apply it in a playster to the Stomack.

Wilde fire in the flesh to cure.

TAke the dregs or lees of red or Claret Wine, or White, and the dregs of Vinegar, the whites and yolks of Eggs, bray all these together and apply it.

Water to dry and heale a Sore, and to dry a humour.

TAke white Copperas calcined and powdred fine, seeth it in faire running water, then let it stand and settle, take none but the cleerest thereof, or strain it purely, and so use it.

Womans milke hard in Brests to cure.

TAke Mints, Walwort and Vervine ana, Hogsgrease, stamp them together, and as a Poultis apply it.

Warts or Wens to cure.

TAke j ℔. of the first tap of Sopemakers Lye, put it in a pot and mixe therewith so much quick Lyme as will make it thick. then put it in a bag, hang it up with a Bason under it, and let the water drayn into the Bason, then put a drop of that water on the top of the Wart or Wen, and let it dry in three or foure times till it look white, then it will go away.

Wa-

Water to eject or seringe the Secrets of Man or Woman, and a good lotion for old Sores.

TAke water and white Wine ana *j* quart, Woodbine leaves and flowres, ana ij M. Sage, Rosemary and Water-cresses small chopt and well boyled together, halfe an houre close covered, then put therein Allom iiij 3 powdred, and Honey two small spoonfuls, then boyle them three walmes, strain it and keep it to use.

Womans Paps swolne, or hard to cure.

TAke the juyce of Hearb Benet, bathe the hard Brest therewith, and wet a double cloth therein and lay it thereon, bathe it and wet the cloth again, so use it till you be well.

The Temperature, Nature and qualities of Plants and Herbs for Physick.

First Medicines temperate, hot in first Degree.

BEans, Water-lillies, Barley, Knowholm, Maydenhaire, Hogsgrease, sweet Oyle, Milke, Wax, White of Lead, Letharge of White Lead, Venice haire, or Walterne, Tutty, or Licorice, Gourds, Citron, or, Orange.

Medicines hot in the first Degree.

Round Aristolochia, Hollihocks, sweet Almonds, Chestnuts, Figs, Wormwood, Smallage, and Egrimony, Bugloss, Borage, Mercury, Devils Bitt, Hartstongue, Walworte, Aloes, Wheat, Fenegreeke, Linseed, Hony Butter, Sugar, Whay, Melilots, new Wine, Gronsell, Elder-tree, Mushrome, or Agarick.

Me-

Medicines hot in the second Degree.

Guiacum, Cyprus, Calamus Aromat. Piony, Nutmegs, bitter Almonds, Enula, Campain, Comfrey, Branckerurſine, Sainckle, Lyons tooth, wilde Rocket, Bennet, Lavender, Cardamonium, Horehound, Garden Mints, Stone, Parſly, Scabius, Fenill, Frankincenſe, Myrrhe, Maſticke, Saracole, Bryony, Madder, Fumitory, Clary, Broome, Hops, Hyſſop, Balme.

Hot in the third Degree.

Gentian, Ariſtolochia longa, Polipodium, Pellitory of Spain, Horſ-radiſh, Dogſtones, Galingale, Gladon, Ginger, Ireos, Watercrofoot, Mugwort, Chervill, Cyprus, Selendine, Origany, Sage, Raperoot, French Diptany, Annis, Opoponax, Roſemary, Hyſſop, Galbanum, Juniper, Coliquintida, Coſtmary, Saint Johns Wort, Privet, Rue, Savine.

Hot in the fourth Degree.

Garlick, Onions, Tinthimale, Muſtardſeed, Euforbium, Pepper, Petrolium, Pelitory of Spain, Anacardus, Savory.

Medi-

Medicines cold in the first Degree.

Chesnuts, Mallows, Pomegranats, Barbaries, Knotgrasse, Lillies, Arach, Barley, Pears, Apples, Violets, Roses, Quinces, Cytrons.

Cold in the second Degree.

Peach, Orange, Gourd, Cucumbers, Primrose, sowre Pomegranats, Lungwort, Fleawort, Blossomes of Pomegranats, Acacia, Plantain, Endive, the yellow Flowre-Deluce.

Cold in the third Degree.

Tassell, Housleek, Sorrell, Wilde Endive, Tormentill, Purslain, the lesser Housleek, Night-shade, Strawberries, Raspis, Camphire.

Cold in the fourth Degree.

Poppy, Opium, Hemlock, Henbane, Mandrake.

Medicines moyst in the first Degree.

Enula Campain, Mallowes, Bugloss, Borage, Butter, Spurge, Almonds, Lindseed, Violets, Tarre.

Moyst in the second Degree.

Lillies, Lintels of the Fens, Flowre-Deluce, Lettice, wilde Bore-brech, Cucumber,

ber, Pursly, Primrose, white Mustard seed, Dates, Fleawort, Ammoniacum, Arache, Lingwort, Eringus roots, Gourds.

Moist in the third degree.

Satyrion, wilde Endive, Strawberries, Gourds, Colewort.

Moist in the fourth degree.

Quicksilver.

Medicines dry in the first degree.

Fennell, Hollyhocks, Divels bit, Elder, Pomgranats, Barly, Walwort, Chesnuts, Fengreeke, Camomile, Mellilote, Saffron, Frankincense, Sarcacole, Beanes, Fumitory, Tormentill, Sorrell.

Dry in the second degree.

Aristolochia, Guiacum, Cyprus, Calamus aromaticus, Cinnamon, Dill, Sothernwood, Camphire, Opium, Centaury the lesser, Horehound, Sanicle, Lyons tooth, Hyssop, Broom, Parsly, Scabius, Pimpernell, Cardimonium, bitter Almonds, Millet, the Indian Nut, Nutmegs, Myrrhe, Verjuyce, Honey, Anniseed, Cyprus, Juniper tree, Endive, Fennell, Lavander, Hops, Gariofolia, Balme, Mints, Figs, Pomgranats, Mastick.

Dry in the third degree.

Lavander, Hogs bread, Gladen, Rape root, Pellitory of Spaine, Gentian, Galingale, Dragons,

gons, Wormewood, Mugwort, Crowfoot, Bettony, Celendine, Hemlock, Hellebore, great Celendine, Privet, Towne Creſſes, Anniſeed, Origan, Cinkfoyle, Roſemary, Sauine, Cockell, Tutſan, Garlick, Cumin, Sanguis Draconis, Galls, Sothernwood, St. *Johns* Wort, Pennyryall, Rew, Sorrell, Tormentill, Arabeck, Chalk, Vinegar, Aloes, Millet.

Dry in the fourth degree.

Pepper, Spurge, Anacardus Savory, Oyle, ſtone Parſly, Muſtard, Euphorbium, Garlick, tame Creſſes.

To cure a greene wound by the weapon, that gaue it without ſight of the party wounded.

TAke of the Moſſe growing upon a Scull iij ℈, of Ceres ij ℈, May Butter clarified two quarts, Deere ſewet j ℈, Bees Wax ij ℈, Camphire dj. ℈, boyle all theſe in the Butter, till it come to a pint, then take Venice Turpantine j ℈, and boyle it a walme with the reſt being a pint, ſtirre it till it be cold, put thereinto oyle of Snayles ij ℈, while it is luke-warme, beat them all together with your hand, till it be made into a Balſome.

The

The use of it.

TEmper the Balsome upon the palme of your hand, and therewith anoynt the Weapon that gave the wound, so farre as it was in the wound, then take a fine linnen cloath and binde up the weapon, so farre as it is anoynted, tie it very hard, and put it into a Trunke or other close place from ayre for xxj dayes, the Patient shall be well.

How the wound shall be used in the meane time.

CAuse the wound to bee washed twice every day with the water of the party wounded, then dip a ragge of fine Holland in Spring water, filling it therewith as full as it can be filled, and lay it close upon the wound, but if any bone bee broken or perished, so that it needeth to be scaled, then let the wound bee washed and chafed with the Vrine till it bleed at every washing.

His

His Dyet must be temperate.

WHite Bread, Table Beere, fresh Meat, but let him abstaine from Beefe, Pork, Goose, and all kind of fish.

How to make oyle of Snayles.

TAke a quart of black Snayles in May, put them in a bagge, with halfe a handfull of Bay salt, bruised, hang them up untill they drop thorow the bagge, a quart of Snayles will make ij ℥ of Oyle.

A briefe

A briefe Collection of all Hearbs, Plants, Seeds, Spices, and Gums now used in Physick, to purge the Body of Man, omitting all such Hearbs and Plants as have any great Danger to deale withall.

AGarick purgeth Phlegme and Melancholy, ministred with Spices, and corrected accordingly.

Allo-Cicotrine in the pap of a rosted Apple, or any way else purgeth gently, the Dosse is one Dram.

Astrabacca, the leaves purgeth upward and downward, if so gathered and stripped.

BRiony white, take the young Sprouts thereof boyled, and eat it, purgeth by stoole, and urine phlegmes, so doth the roots in decoction, but strong and offensive.

Buckhorne berries, powdred and boyled in the fat broath of flesh, one dram and a halfe purgeth phlegme and choler.

Broome, the young tops boyled in wine, purgeth the Dropsie, or any waterish cause.

Bettony

Bettony, one dram, of the roots dried in water and honey powdred, purgeth upward grosse and filthy humours, and helpeth the Sciatica.

Borage flowers made in Conserve, purgeth Melancholy, and comforts the heart.

COliquintida, the waight of ten graines of the pith therof in decoction or otherwayes, with Mastick and Spices fit for it, purgeth phlegme and choler.

Cowcumber wild x or xij graines of the juyce thereof infused, purgeth phlegme.

Centory in Decoction, looseth the belly, and cureth the Sciatica.

Cassia Fistula purgeth choler and bloud from Superfluities.

Cich, or wilde Tarre, or Orbus seed fine powdred, and taken with honey, purgeth by Seige and Vrine.

DAffodill root with Nettle-seed, boyled in white Wine and Honey, purgeth the blood and spots.

Dodar, that growes on Flax, boyled in white Wine, purgeth by urine, stoole, and choler.

Danewort ℈j, of the seed bruised & taken with syrup of Roses, and a little Sack, is a good Purgation for Gowt or Dropsie, it purgeth

purgeth wateriſh humours by Stoole.

EPithymum, or mother of Thyme iiij ℥ powdred with Oxymell, and a little ſalt Gem purgeth choler & phlegme, and cleanſeth the blood, ſo it will doe boyled greene in Decoction.

Efine with the broad leafe j ℥, of his inner bark, boyled in wine, purgeth phlegme.

ENula Campane the roots, candied, preſerved, or in a Lothe, to be licked purgeth clammy humors in breaſt or lunges.

Eldren the crops, leaves, or inner bark taken in Broath purgeth phlegme, and ſo doth the ſeed infuſed in Vinegar, and afterward dried, then take j ℥ any way.

FVmitory the juyce in ſyrup or decoction, purgeth by Vrine, and Seige blood, and hot humors.

Fennell giant j ℥ of the juyce in an Electuary, purgeth phlegme and choler.

Flower-de-luce, the juyce of his roots drunk with Whay, or otherwayes, to allay heat, doth effectually purge Choler and wateriſh humors, and is good for the Dropſie.

Fennel hogs, or Hogs fennell, the yellow ſap of the root taken with bitter Almonds and Rew, purgeth phlegme and choler.

Fleawort ſeed boyled, and the decoction made,

made & take, purgeth hot cholerick humors.

Fox gloves in Decoction boyled with white wine, and honey, or Sugar, purgeth and ripens tough phlegme in the breast, and opens the stopping of the liver and intrails.

Fengreeke, the juyce boyled with honey, or the Decoction of the seed in wine, and a little vinegar, purgeth by stoole all manner of corrupt humors from stomack & Gowts.

Fetherfew powder drunk with Oximel, purgeth phlegme and melancholy, and cheereth the lungs from pursivenesse.

Frankincense, hearb, leaves, and roots, boyled with white Wine and Pepper, purgeth Leprosie and Pox.

Glasse, Saltwort, a little of the hearb any way taken inward, purgeth by Vrine the Dropsie.

Gladden stinking, the root infused in Ale, or any other decoction, purgeth by Seige and Vrine, but the seeds purgeth more by Vrine then the roots doth.

Hellebore black, or Beare-foot powdred ℈3 with sweet Wine, purgeth black choler.

Hops, the juyce purgeth blood from choler, by Stoole and Vrine.

Hedge Hyssop ij ℈. bruised and boyled,

purgeth

purgeth wateriſh humours.

Isop the juyce taken with Oxymell, purgeth phlegme.

Lillies red, the roots and leaves boyled in water and honey, purgeth the blood.

Lawrell, his leaves greene or dry ℥j, purgeth phlegme upward and downward, ten graines of the ſeed doth the ſame.

Mandrake, the juyce of his roots in ſmal quantity purgeth phlegme.

Mercury, the Decoction purgeth phlegme and wateriſh humors.

Mechoacan powdred ℥ j in Sack, purgeth phlegme and wateriſh humors.

Night-ſhade or bitter ſweet, the wood hereof in Decoction in white Wine dj. Mithin liced, purgeth both Dropſie and Jaundies by ſtoole and urine.

Organy or wild Marjorum, in decoction purgeth by Seige and Vrine.

Peters Wort ℥ ſs ſine powdred, a decoction of honied wine purgeth the belly.

Polypody of the Oake in decoction, purgeth phlegme gently, the Doſe is ℥ j.

Pruins damask dj lb, boyled with honey j ſpoonfull, and Senna ℥ j, make an Electuary

thereof purgeth gently, it may be sharpned with any the precedent Medicaments.

Palma Christi both herbe and seed boyled in decoction purgeth phlegme and waterish humours upward and downward.

Peniryall with Honey purgeth the Lungs and Breast, and with j ℥ of Aloes purgeth and helpeth the Crampe and Convulsion of Sinews.

Peach flowers or blossomes infused in warme water xxiiij houres, then strained out and new put in as before, and so used and renewed vj times, then strained, and the liquor boyled up with Sugar to a Syrup, take two spoonfuls thereof at once, it is the gentlest purgation in the World, none better nor easier.

Rubarb two ℥ more or lesse to the parties strength infused or otherwayes purges Choler.

Southernwood seed j ℥ powdred and boyled in white Wine, purgeth phlegme by urine.

Scammony x or xij graines rosted in a Quince, and the Scammony cast away, then eat the Quince or make an Electuary with Prums and some viij grains therof, purgeth Choler and slimy phlegme.

Scabius the decoction purgeth Scabs and Sores of the Bladder by urine.

Seny ij ʒ, Mechoacan iiij ʒ, white Ginger j ʒ, Annifeed and Licorice, ana ij ʒ, Salt-gem, iii ʒ, all fine powdred and fearced, take it faſting j or ij ſpoonfuls in warme white wine, it is a gentle purgation.

Sowbread root j ʒ di. with honied water, purgeth groſſe phlegme and filthy humours.

Stecadoſe, or French Lavander, opens all ſtoppings in body, and expels all corrupt humours, it is an excellent herbe for Man.

TVtſane ſeed ij ʒ, ſmall powdred in decoction, purgeth Choler and is good for Dropſie, drinke water two dayes after it.

Turneſole j M. boyled in white Wine, purgeth Choler and phlegme.

Turbith j ʒ di. in an Electuary with Syrup of Violets and Ginger purges phlegme.

Tinthimill ſeed or Spurge corrected, diſtinctly purges both wayes.

Three-leafed graſſe, the decoction with Honey and Salt for a Glyſter purgeth the guts of ſlime and filth.

Violets the ſyrup iij ℥, purgeth gently, you may ſharpen it with any the precedents.

VVOad one pennyworth, of the ſeed boyled with water and honey, purgeth choler.

Wormwood purgeth by Siege and Vrine a weake ſtomack, troubled with choler and phlegme.

Theſe hearbs purge head and braine.

THe powder of the root of ſtinking Gladwine ſnuffed or taken with a Pipe.

The powder or fume of Tobacco taken as aforeſaid.

The root of Lacerwort chewed in the mouth, purgeth and eaſeth the Tooth-ache.

The root of Primroſe ſtamped and ſtrained, ſnuffe the juyce, purges and helps the Meagrom.

The root of Maſterwort chewed.

The powder of the root of wilde Hellyboare.

The roots and leaves of Pellitory of Spain chewed, purgeth phlegme.

The juyce of Betts ſnuffed.

Dazie

Dazie roots and leaves ſtamped and ſtrained, and the juyce ſnuffed.

The roots & leaves of the winde flower.

The juyce of Pimpernel gargarized, helps the Tooth-ache, and purgeth.

The juyce of Jvie ſnuff'd, purges and ſtayes running eares, and cureth old ſores in eares, mix'd with a little oyle of Roſes.

The Spice called Graines chewed.

The juyce of Pilewort or little Celendine mix'd with honey, and ſnuffed.

The dry or greene leaves of Spurge Lawrell chewed.

The juyce or powder of Bettony helps the ſight, and purges.

The juyce of young Sprowts of Nettles ſnuffed.

The powder of Pepper.

The juyce of a white Onion ſnuff:d, purgeth.

A brief discourse of the Colours and Judgements of Urines.

URine fat and troubled, betokens a burning fever of Choler, or red and thick all over with a black circle, sheweth sickneſſe all over the body.

Urine white and thin little in quantity sheweth cold in the body.

Urine cleer with a black circle, sheweth the sick hath the Ptisick.

Urine red and thin with a bright circle, sheweth a bad Stomack.

Urine thin and greenish above shews a cold complexion, if blue in casting 'tis the Ptisick.

Urine thin if it shew black above betokens great losse of Nature.

Urine thick and troubled horspisse signifieth head-ache.

Urine fat in the bottome, white in the middest, and red above, shews the Fever quartan.

Urine fat like flesh with dregs in the bottome like shadowing, shews the Dropsie of Cold, but if it be whey above, cleere in the

the middest, and shadowing beneath sheweth a hot dropsie.

Urine with black dregs in the bottome like gobbets of coals sheweth wormes.

Urine with black contents as Mothes in the midst shews an Impostume under the side.

Urine with contents like shavings of Parchment, in the bottome sheweth stopping of the Reines and Pipes of the Liver.

Urine black and green with long white Contents signifies the Palsie.

Urine that hath grains under the circle, sheweth the stomack is full of wormes, and also burning of the heart.

Urine fowle above sheweth heate in the Heart, Lungs, and Spleen.

Urine with black contents in the bottom sheweth Costivenesse.

Urine that is long lasting, betokens byting in the body and great Rheume.

Urine thick, little in quantity, and high coloured, sheweth great burning in the body.

Urine frothy, cleer and a little red, shews pain under the right side.

Urine frothy sheweth winde and paine under the left side.

Urine very red sheweth an Impostume on the Liver.

Urine as red as burn'd gold if it be Hydroptick betokens death.

Urine in a hot Fever, one part red, another black, another green, another blue signifieth death.

Urine in hot axis black and little in quantity, and stinking betokens death.

Urine all coloured as lead, sheweth a prolonging of death.

Urine darke and cleere beneath signifies death.

Urine that shineth raw and bright, if the scum in the bottom shines not, shews death

Urine thin in substance fleeting above like a darke skie shews death.

Urine dirty, stinking and a dark skie shews prolonging of death.

Urine like water with a dark skie in a fever sheweth death.

Urine with dregs in the bottome mingled like bloud, sheweth death.

Urine black and thin, if the sick do loath when he goes to the stool and speaks overthwart, or understands not aright, if his sickneſſe goeth not from him, signifieth death.

Womens Urines, their signification.

URine white, heavy and ſtinking, ſhews pain in the Reins, and Mother and Cold.

Urine that fleeteth fat above, ſhews pain in the Reins of the back.

Urine with black contents in the bottome, ſhews falling of Flowers.

Urine with white contents in the bottome, ſhews much falling of Flowers.

Urine coloured as Lindſeed, ſhews death if ſhe have the Flux.

Urine red as gold with a watery circle above, ſhews ſhe is with childe: mark if you ſee your face in a womans water, if ſhee be without a Fever, ſhe is with Childe.

Urine of a woman with childe ſhall have ſome cleer ſtroaks, the moſt part is troubled in a reddiſh manner of a Tawny, this token never fails as ſoon as the Childe hath life, if it be a Girle, the troubleſomneſſe will draw down-

downward; if a Boy, the troublesomenesse will be above, this fails not.

Urine bright as gold shews lust, or desire to marry.

Urine coloured as white Lead, if shee be with Childe, sheweth the Childe is dead within her, if she be not with Childe, and the urine stink and coloured as Lead, sheweth the Mother is rotten.

A rule to know the danger in falling sick, by the Diary judgement of the Moon.

1 IN *primis*, he that falleth sick on the first day of the Moon, shall soon die if the sickneſſe be tedious or fierce.

2 Although hee be ſore ſick, hee ſhall be cured.

3 He may with due regard in Phyſick be cured.

4 He ſhall be ſoon reſtored to health.

5 He ſhall be ſick but ten dayes, and then reſtored.

6 He is in no danger.

7 He ſhall enjoy life but three moneths.

8 Hee ſhall continue ſick and languiſh a long time.

9 He ſhall have health after nine dayes.

10 He ſhall amend after ten dayes.

11 Hee ſhall be long ſick, but at laſt recover.

12 He ſhall be ſick xij days, and recover,

13 He

13 He ſhall have a long and grievous ſickneſſe.
14 He ſhall be ſoon reſtored.
15 He ſhall eaſily eſcape death.
16 He ſhall be in great danger, if hee take the open ayre.
17 He ſhall not prevaile with any Phyſick to do him good.
18.19.20. Be good dayes.
21. Sickneſſe is mortall and incurable.
22 He ſhall eſcape after he hath layn three moneths.
23 He ſhall die in few dayes.
24 He ſhall remayn a long time ſick.
25.26.27.28.29. Be all good dayes.
30 He ſhall hardly eſcape with many Medicines.

To know the Humour that causeth the sickneſſe by the Patients Spittle.

In primis, if the Spittle be white viſcous, the ſickneſſe comes of phlegme.

If black and clammy or like Lead, the ſickneſſe is of Melancholy.

If Cytron, yellowiſh or Glaſſie, it commeth of Choler.

If tawny or reddiſh mattery colour it comes of Bloud.

If the white Spittle be not knotty, it ſignifies health.

If ſumy or frothy, it ſignifies winde, and a raw ſtomack and cold.

If gleary like horne, it ſhews a ſtomack ſlack, raw, and ſlow of digeſture.

A judgement of the state of Mans sickneſſe by the Pulſe.

LAy your foure fingers on the Pulſe, then marke which finger the Pulſe is moſt ſtrongly under, if the pulſe under the little be feeble and weak, and ſo under every finger to the heart upward be more weak, it ſignifieth death.

Contrariwiſe, if under the little finger it ſmite ſtrong and under the Ring-finger ſtronger, the middle finger more ſtrong, and under the forefinger next the heart ſtrongeſt of all, it is a good ſigne and prognoſticateth health.

FINIS.

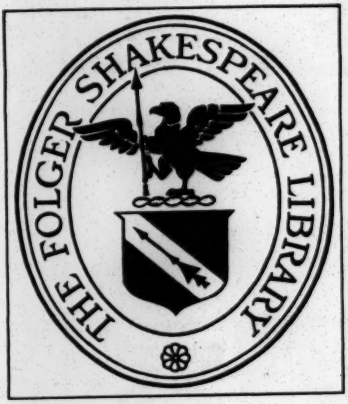
That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.

Grain		gr.
Scruple		℈.
Drachme		ʒ.
Ounce		℥.
Pound		℔.
Quart		qr.
A small handful, or as much as you can take up with three fingers.	hath this marke,	P.
A great handfull		M.
Halfe		di.
Of each		ana.
Receive.		℞.

As much as is sufficient q. s.

That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.

Grain	hath this marke,	gr.
Scruple		℈.
Drachme		ʒ.
Ounce		℥.
Pound		℔.
Quart		qr.
A small handful, or as much as you can take up with three fingers.		P.
A great handfull		M.
Halfe		di.
Of each		ana.
Receive.		℞.

As much as is sufficient q. s.

R429.2